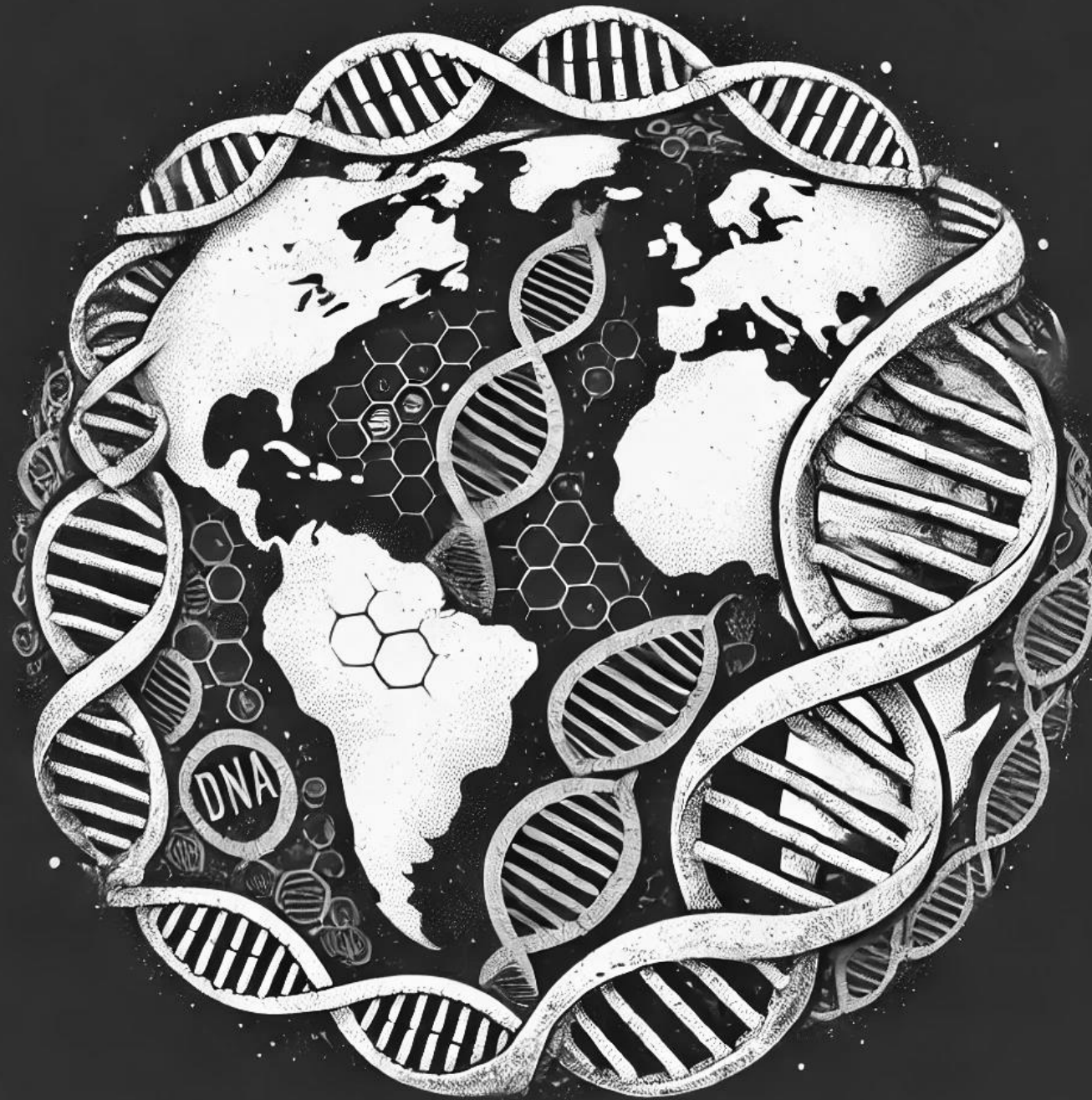




WORKSHOP POLYGENIC SCORES

Palle Duun Rohde [palledr@hst.aau.dk]

Associate Professor & Research Group Leader

Genomic Medicine

Department of Health Science and Technology

Aalborg University

<https://pdrohde.github.io/>

THE PURPOSE OF TODAY

- ❖ Give an introduction to polygenic scores (PGS)
- ❖ Provide an introduction to complex trait genetics
 - Monogenic vs multifactorial aetiology
- ❖ How we can utilize genomic data to elucidate molecular genetic aetiology underlying complex traits
 - Genome-wide association studies (GWAS)
- ❖ Stratify a population/cohort by their inherent genetic load towards common complex diseases
 - Polygenic scores (PGS)
- ❖ Identify future projects of common interests



AGENDA

08:00 – 08:30	Welcome and common introductions
08:30 – 09:10	Session 1: Introduction to Polygenic Scores (PGS)
09:10 – 09:20	Break
09:20 – 10:00	Session 2: Data Sources and Computational Methods
10:00 – 10:10	Break
10:10 – 10:40	Session 3: Evaluating and Interpreting Polygenic Scores
10:40 – 11:00	Break
11:00 – 11:45	Session 4: Advanced Applications and Future Directions
11:45 – 12:30	Lunch and short walk
12:30 – 15:30	Identification of 2-3 projects of common interest
15:30 – 16:00	Next steps and thank you for today

AGENDA

08:00 – 08:30	Welcome and common introductions
08:30 – 09:10	Session 1: Introduction to Polygenic Scores (PGS)
09:10 – 09:20	Break
09:20 – 10:00	Session 2: Data Sources and Computational Methods
10:00 – 10:10	Break
10:10 – 10:40	Session 3: Evaluating and Interpreting Polygenic Scores
10:40 – 11:00	Break
11:00 – 11:45	Session 4: Advanced Applications and Future Directions
11:45 – 12:30	Lunch and short walk
12:30 – 15:30	Identification of 2-3 projects of common interest
15:30 – 16:00	Next steps and thank you for today

AGENDA

08:00 – 08:30	Welcome and common introductions
08:30 – 09:10	Session 1: Introduction to Polygenic Scores (PGS)
09:10 – 09:20	Break
09:20 – 10:00	Session 2: Data Sources and Computational Methods
10:00 – 10:10	Break
10:10 – 10:40	Session 3: Evaluating and Interpreting Polygenic Scores
10:40 – 11:00	Break
11:00 – 11:45	Session 4: Advanced Applications and Future Directions
11:45 – 12:30	Lunch and short walk
12:30 – 15:30	Identification of 2-3 projects of common interest
15:30 – 16:00	Next steps and thank you for today

SESSION 1

- ▶ Precision Medicine?
- ▶ Complex traits?
- ▶ Genetic variants as chilies
- ▶ What is a polygenic score?
- ▶ What is needed to compute a polygenic score?
- ▶ Why so many different methods?



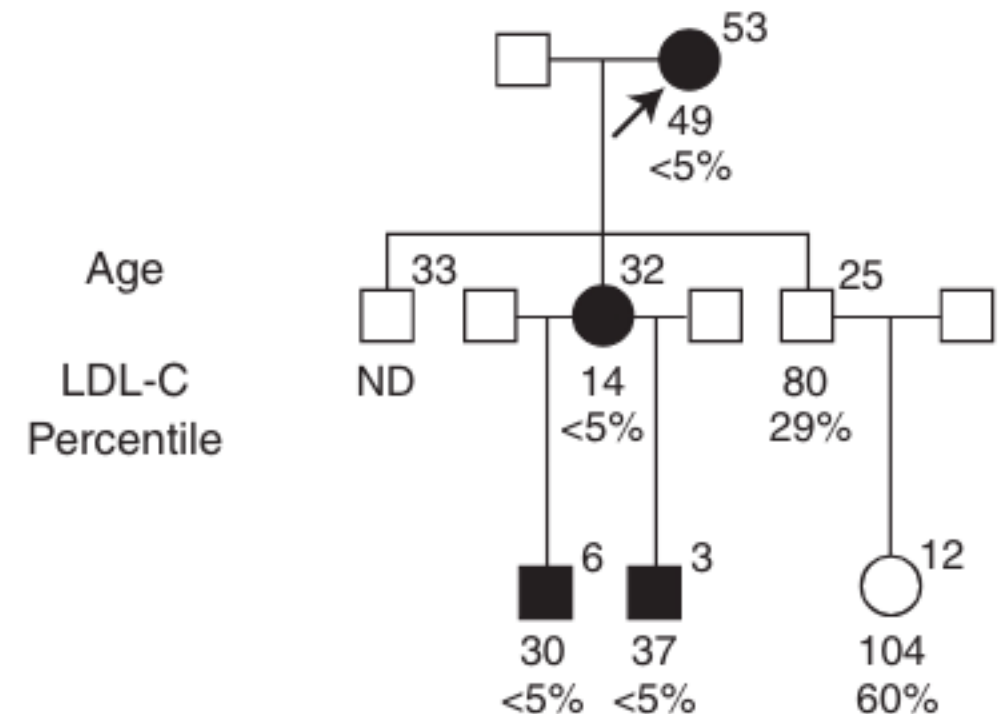
WHY STUDY THE HUMAN GENOME

❖ A story about the gene *PCSK9*.



A GENETIC VARIANT IN *PCSK9* IS ASSOCIATED WITH CHOLESTROL LEVELS

- ▶ LDL is a strong risk factor for heart disease.
- ▶ Carriers of nonsense mutation (filled symbols, heterozygous) within the *PCSK9* gene display markedly decreased LDL-C levels.
- ▶ Carriers are apparently healthy.
- ▶ **Why is this a very interesting observation?**
 - ▶ *PCSK9* could be a new drug target for lowering LDL cholesterol.

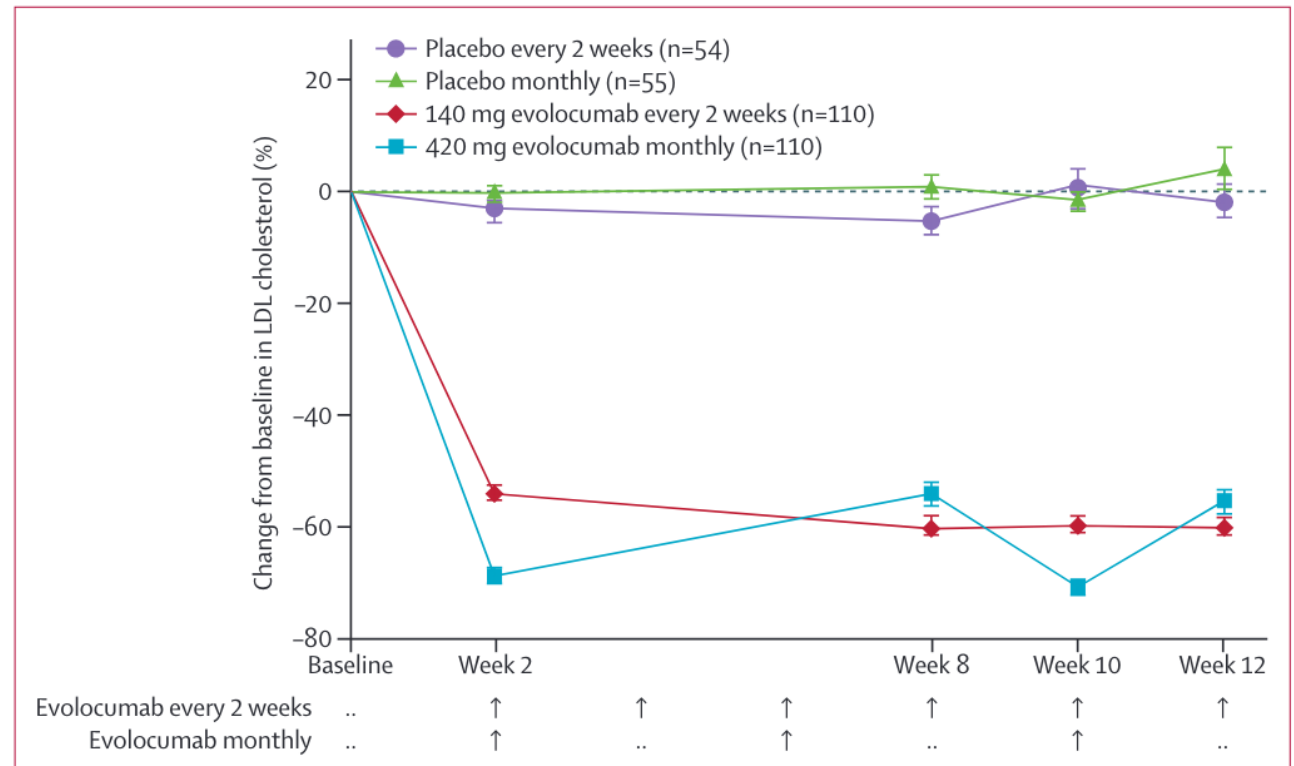


PCSK9 INHIBITION WITH EVOLOCUMAB ON LDL CHOLESTEROL

Familial hypercholesterolaemia (FH) is a monogenic disease affecting 1 in 250 people and increases the likelihood of having coronary heart disease at a younger age.

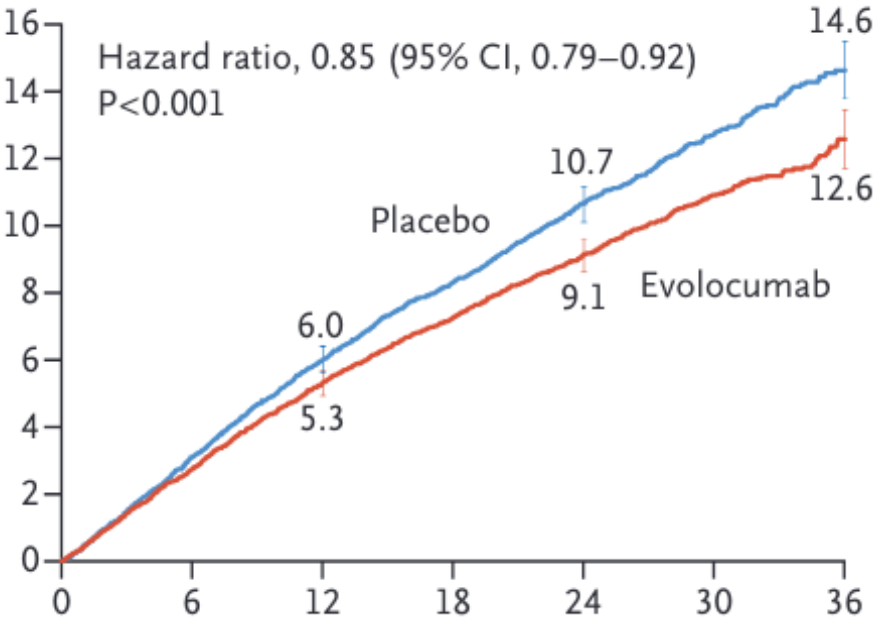
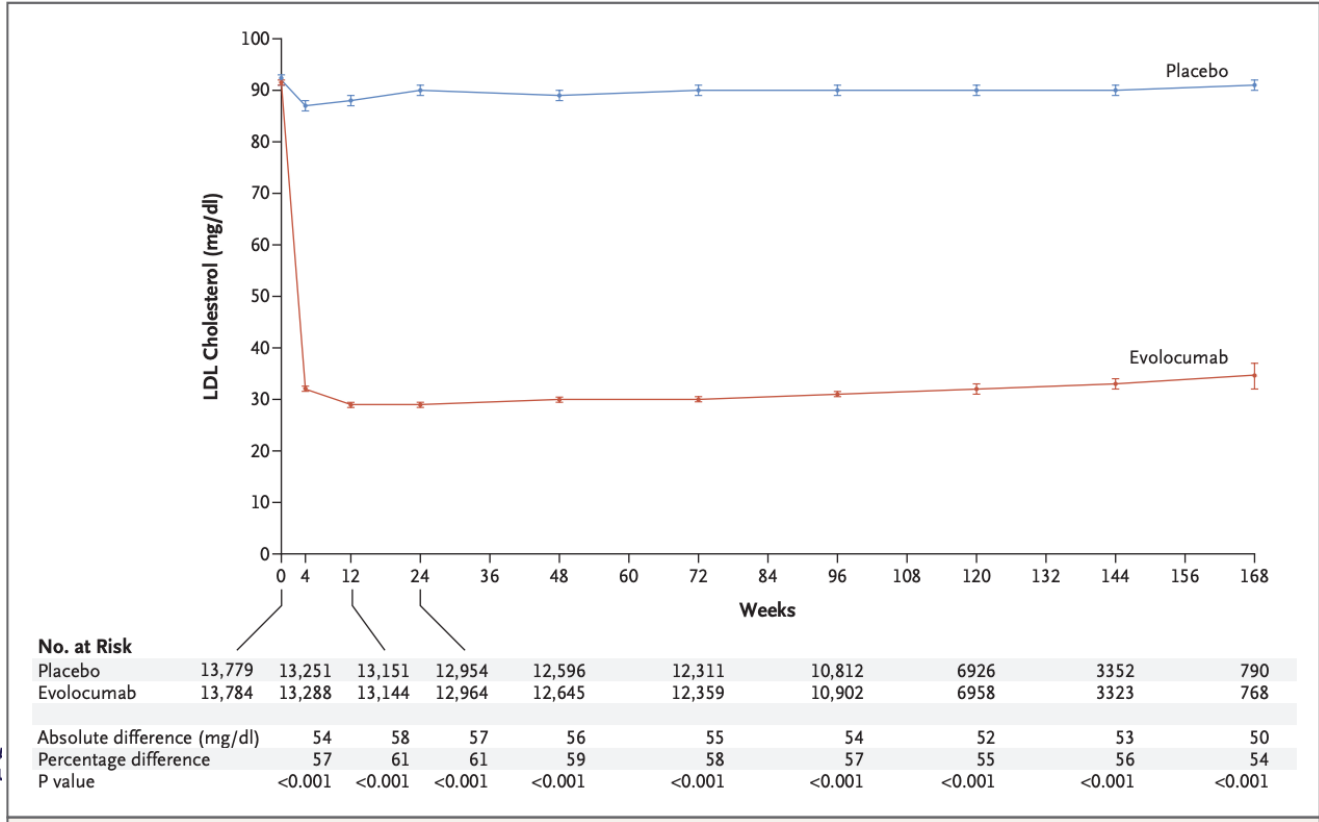
FH increase LDL-C in blood → increase heart disease risk.

In patients that are heterozygous for FH gene mutation evolocumab reduced LDL-C.



PCSK9 INHIBITION WITH EVOLOCUMAB ON LDL CHOLESTEROL

In patients with cardiovascular disease.
At 48 weeks reduction of 59% LDL-C with evolocumab.



Reduction in primary end points in evolocumab group compared to placebo.



A high-resolution satellite image of Earth from space, showing the African continent and surrounding oceans. The image captures the curvature of the planet, with the dark blue of the oceans and the lighter blue of the atmosphere. The landmasses are visible in shades of brown, green, and yellow, with intricate patterns of rivers, lakes, and vegetation. The sky is a deep, dark blue, dotted with small white stars.

WE LOOK AT VARIATION NATURE CREATED

Nature as a big genetic laboratory

GENOMIC-INFORMED MEDICINE

Personalised medicine

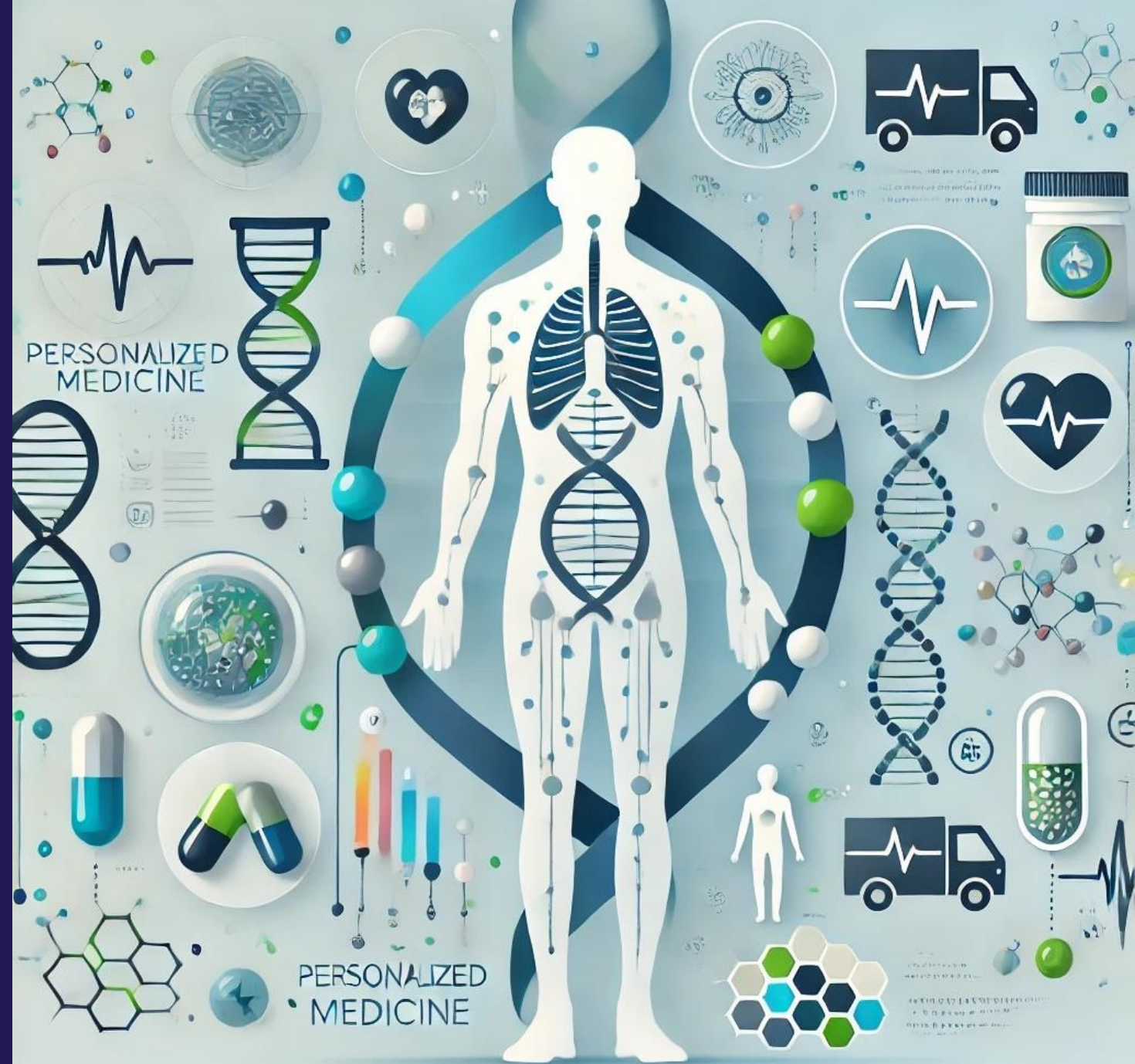
VS

Precision medicine

VS

Individualised medicine

Uhh?!



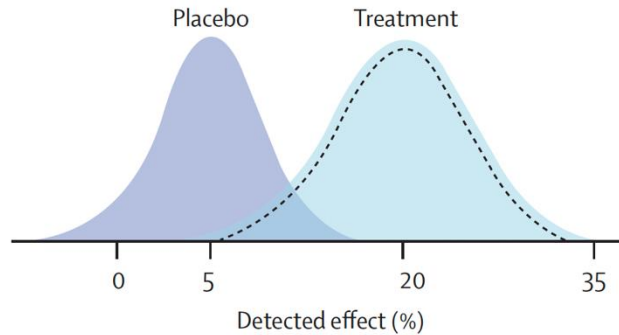
IMPLEMENTATION OF PRECISION MEDICINE

EPPOS [evidence-based precision personalised objective subjective]

Evidence-based Medicine

(1) Contemporary evidence-based medicine

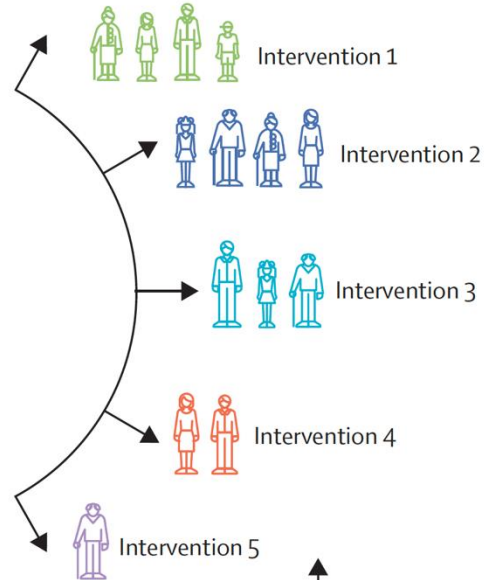
Estimate average risk or response using epidemiological and clinical trial cohorts



Precision Medicine

(2) Probability scoring and stratification

Maximise response and minimise risk using subclassification



Personalised Medicine

(3) Personalisation (objective)

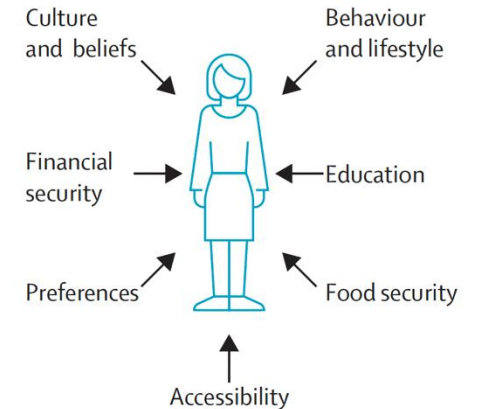
Monitor response to optimise dose, timing, and delivery



Individualised Medicine

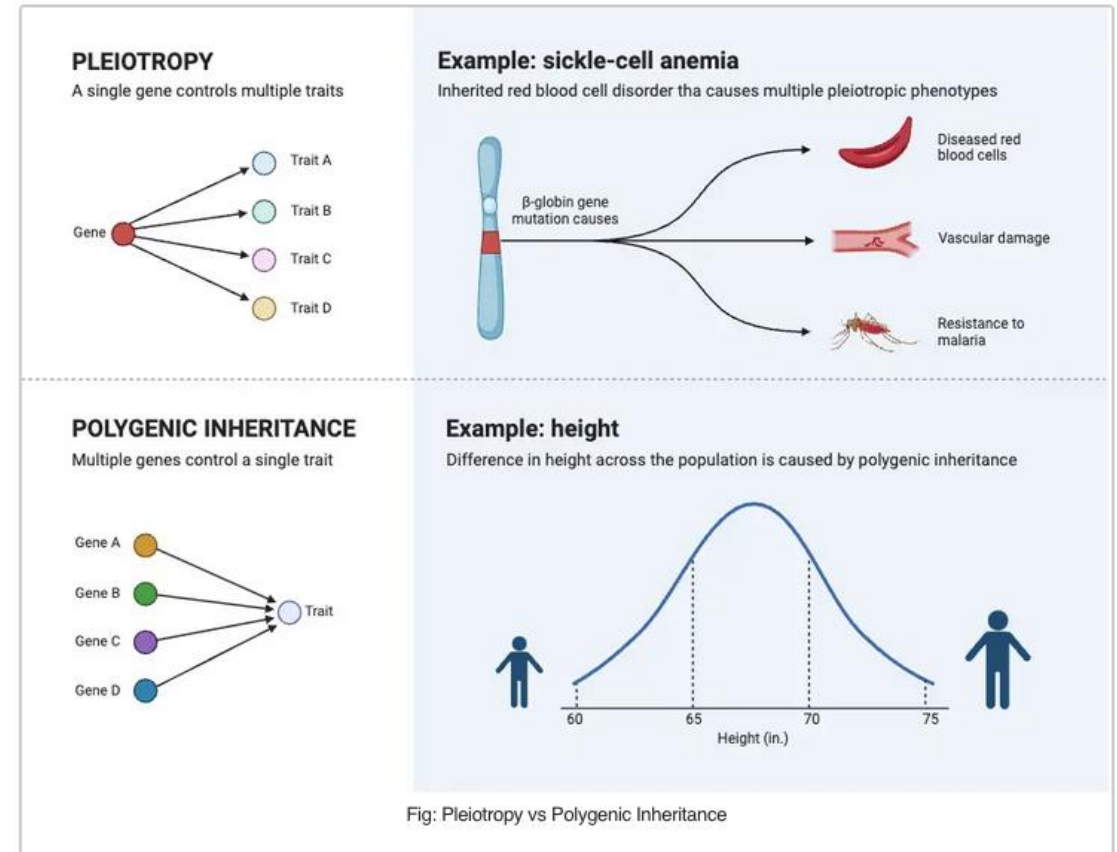
(4) Personalisation (subjective)

Adapt intervention to fit the person's needs, capabilities, and preferences



DIFFERENT MODE OF INHERITANCES

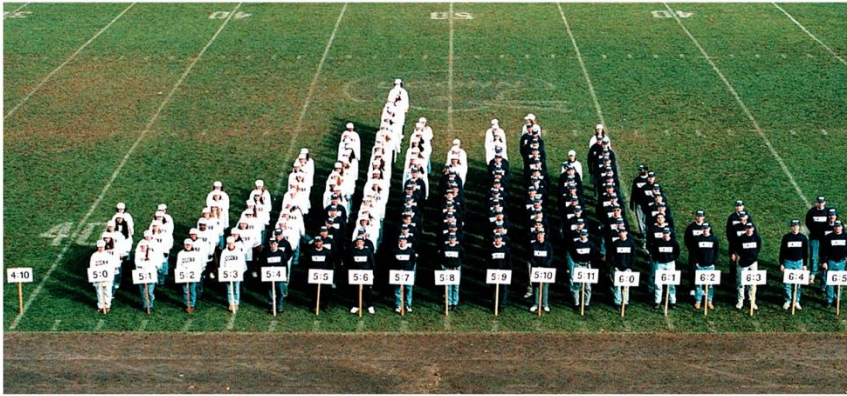
- ❖ Monogenic (single gene variant)
- ❖ Polygenic (many gene variants)
- ❖ Multifactorial (many gene variants plus environment exposures)



QUANTITATIVE TRAITS

IN DIFFERENT SHAPES

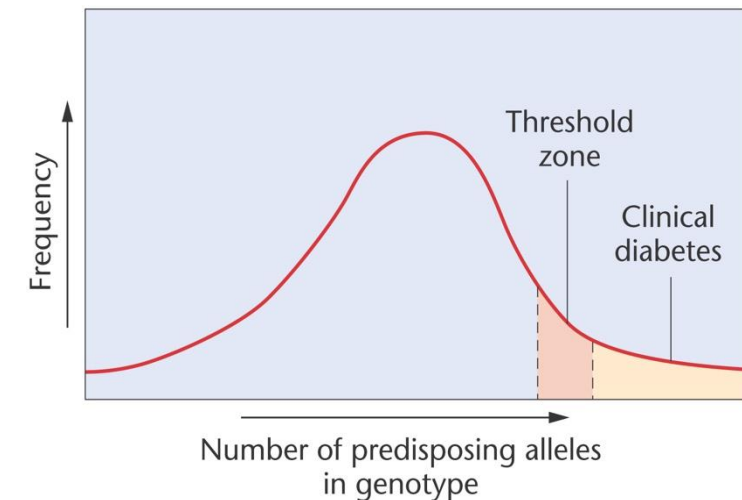
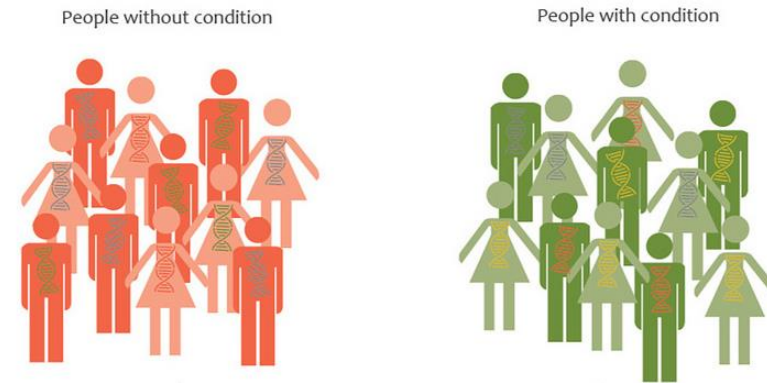
Continuous variation



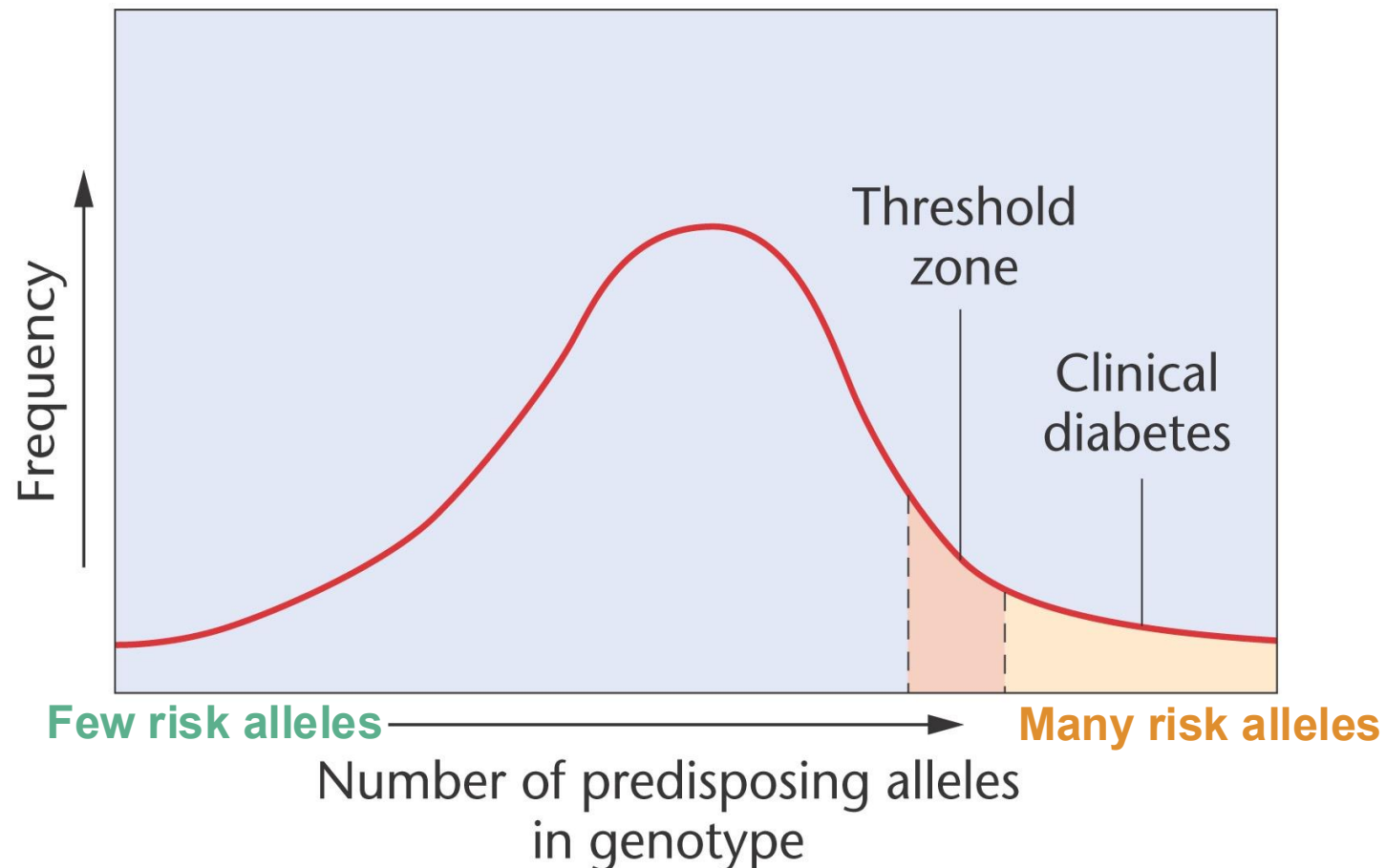
Categorical variation



Threshold traits



LIABILITY (THRESHOLD) MODEL



Liability model

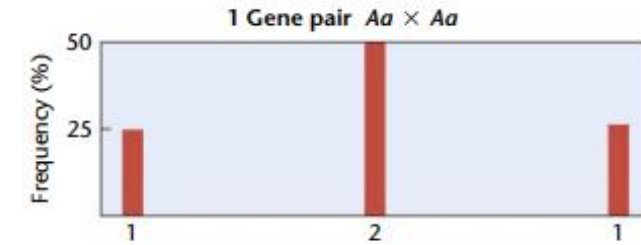
Only individuals with a liability over a certain threshold will become affected

The **sum** of many genetic variants with **small effect/risk**.

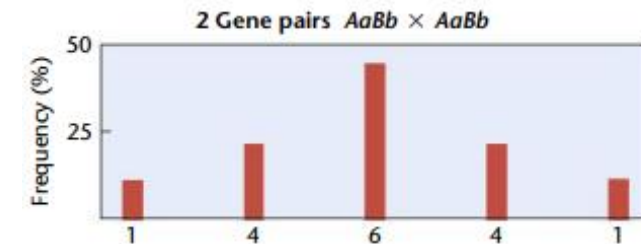
Each locus follow Mendelian inheritance pattern, although the trait does not

POLYGENIC TRAITS

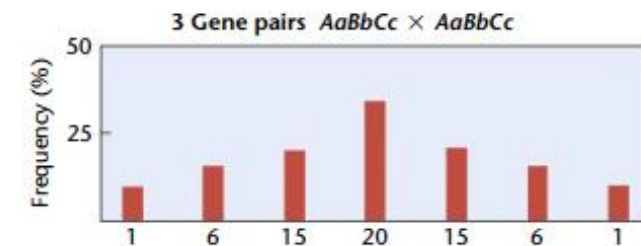
A simple 'Mendelian' explanation for why polygenic traits follows a normal distribution



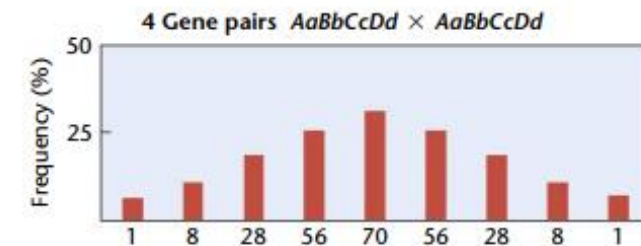
3 classes



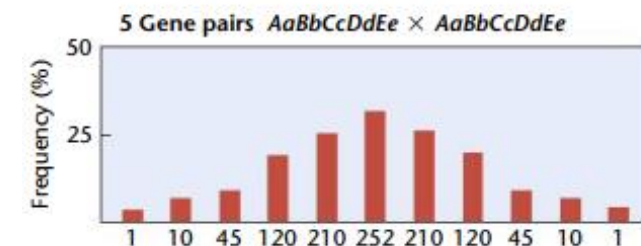
5 classes



7 classes



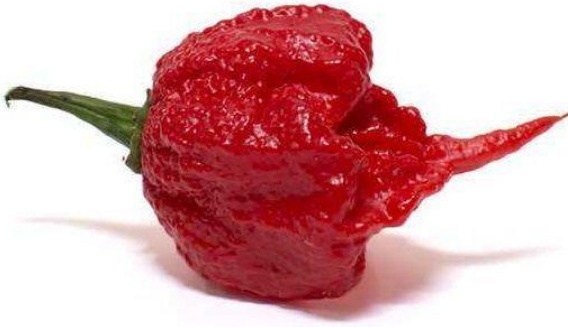
9 classes



11 classes

GENETIC VARIATION IS LIKE CHILI

Carolina reaper



Strong effect on phenotype

Habanero Lemon



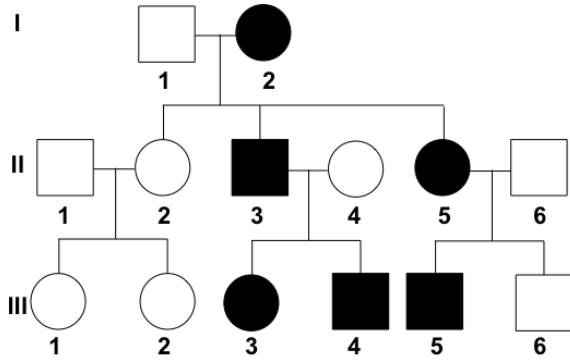
Moderate effect on phenotype

Bell pepper



Weak effect on phenotype
(or none at all)

GENETIC VARIATION IS LIKE CHILI



Mutation

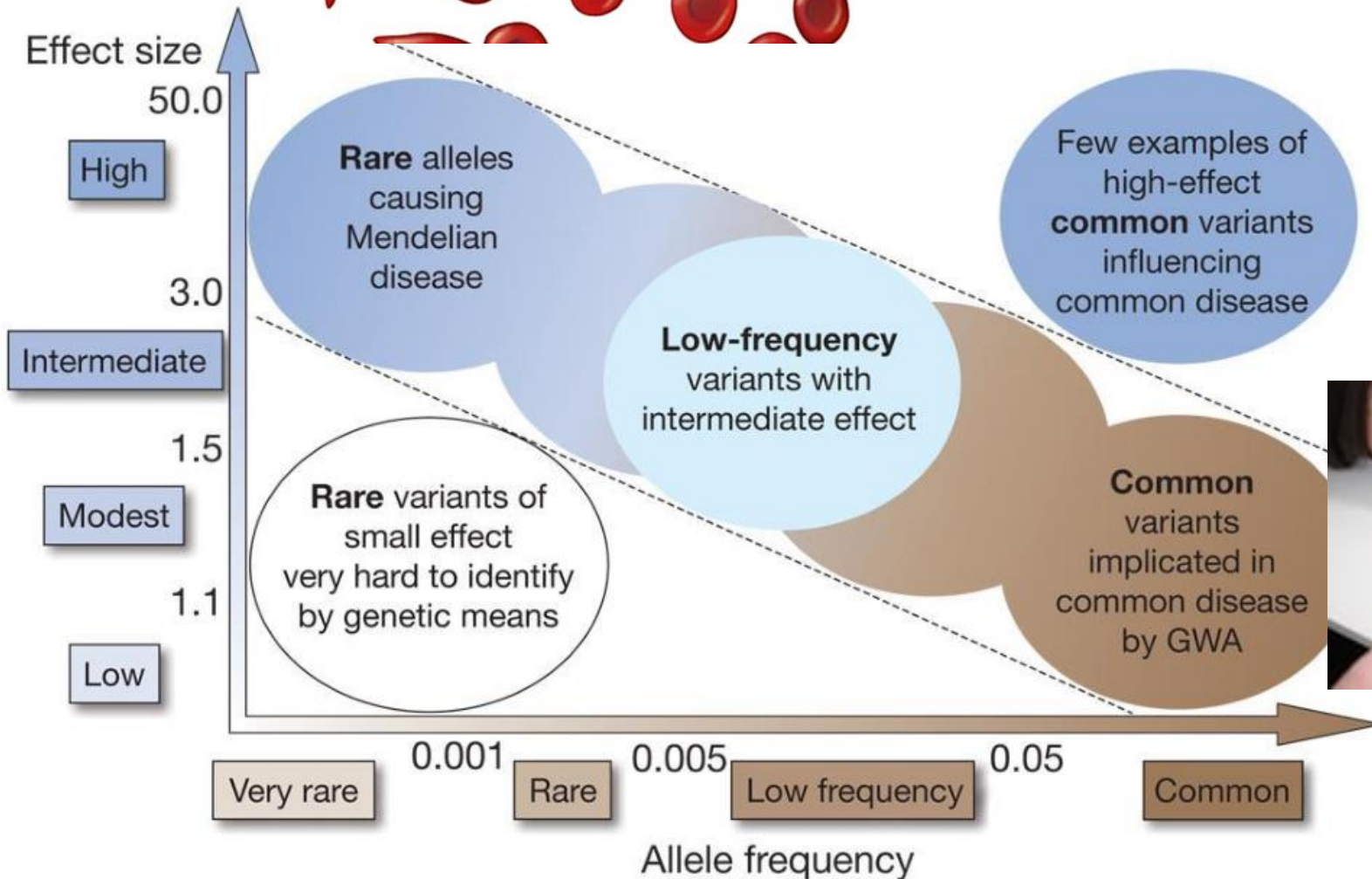
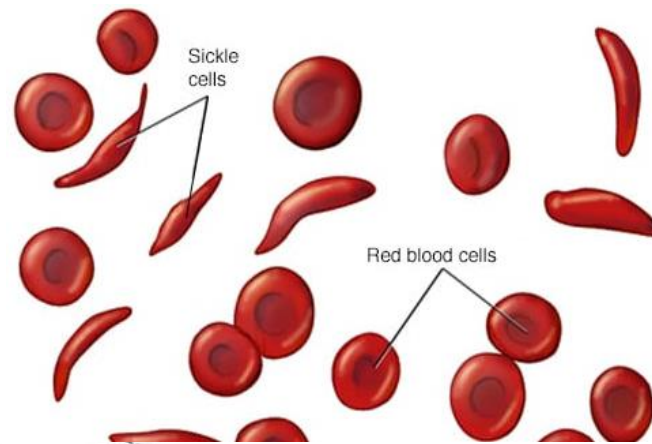


Each genetic variant is **both** necessary and sufficient



Each genetic variant is **neither** necessary nor sufficient





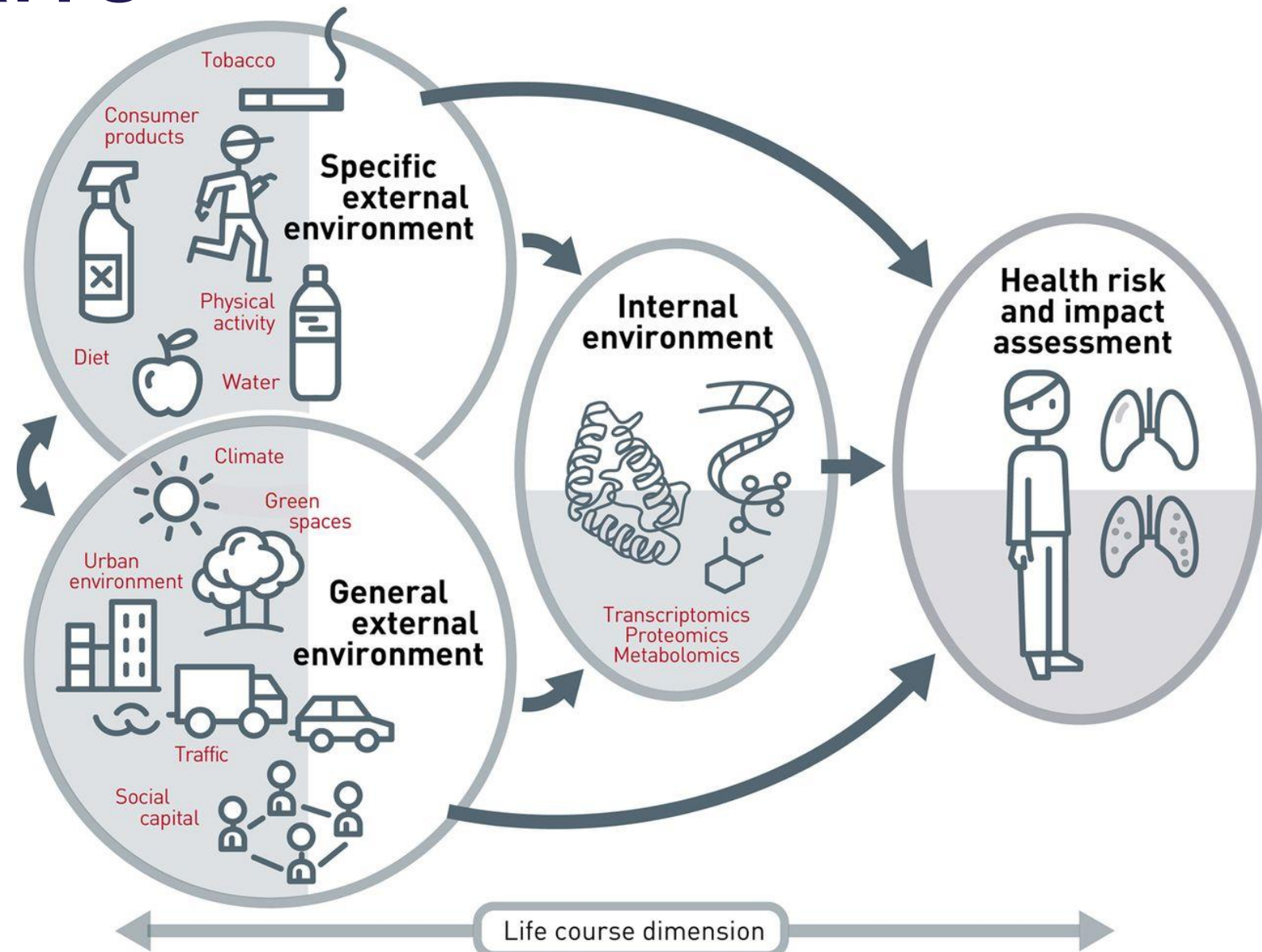
COMPLEX TRAITS are complex...

Complex traits have a **genetic component** and an **environmental component**

The relative genetic contribution is called **heritability**.

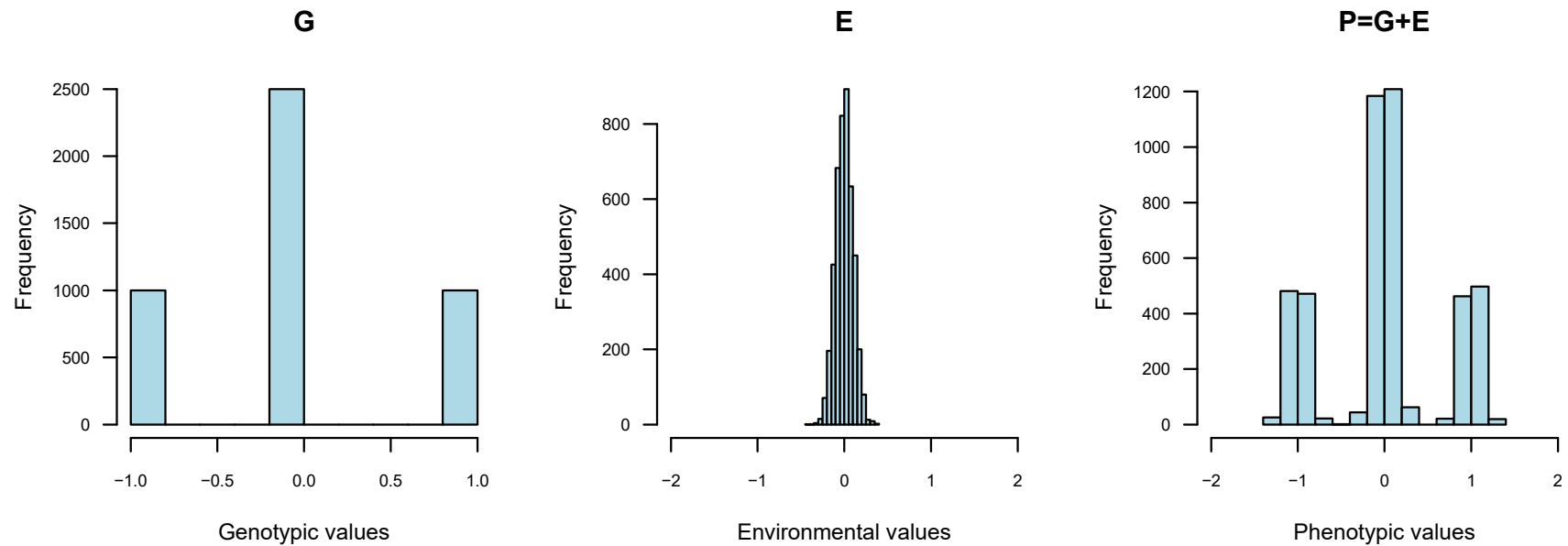
$$V_G / (V_G + V_E)$$

Thus, set a limits for the genetic predictor



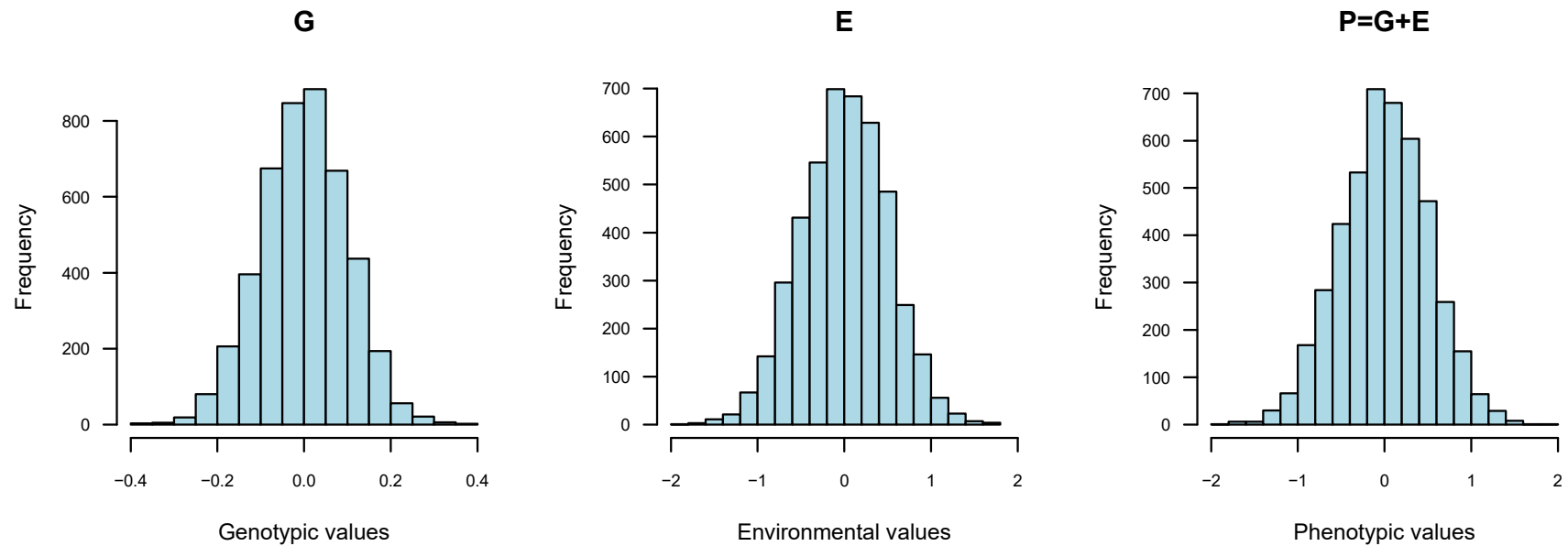
MULTIFACTORIAL TRAITS

Environmental variance (non-genetic factors) blurs phenotypic classes



MULTIFACTORIAL TRAITS

Genotypic and environmental variance creates infinite many phenotypic classes



PREDICTING DISEASE RISK FROM GENETIC DATA

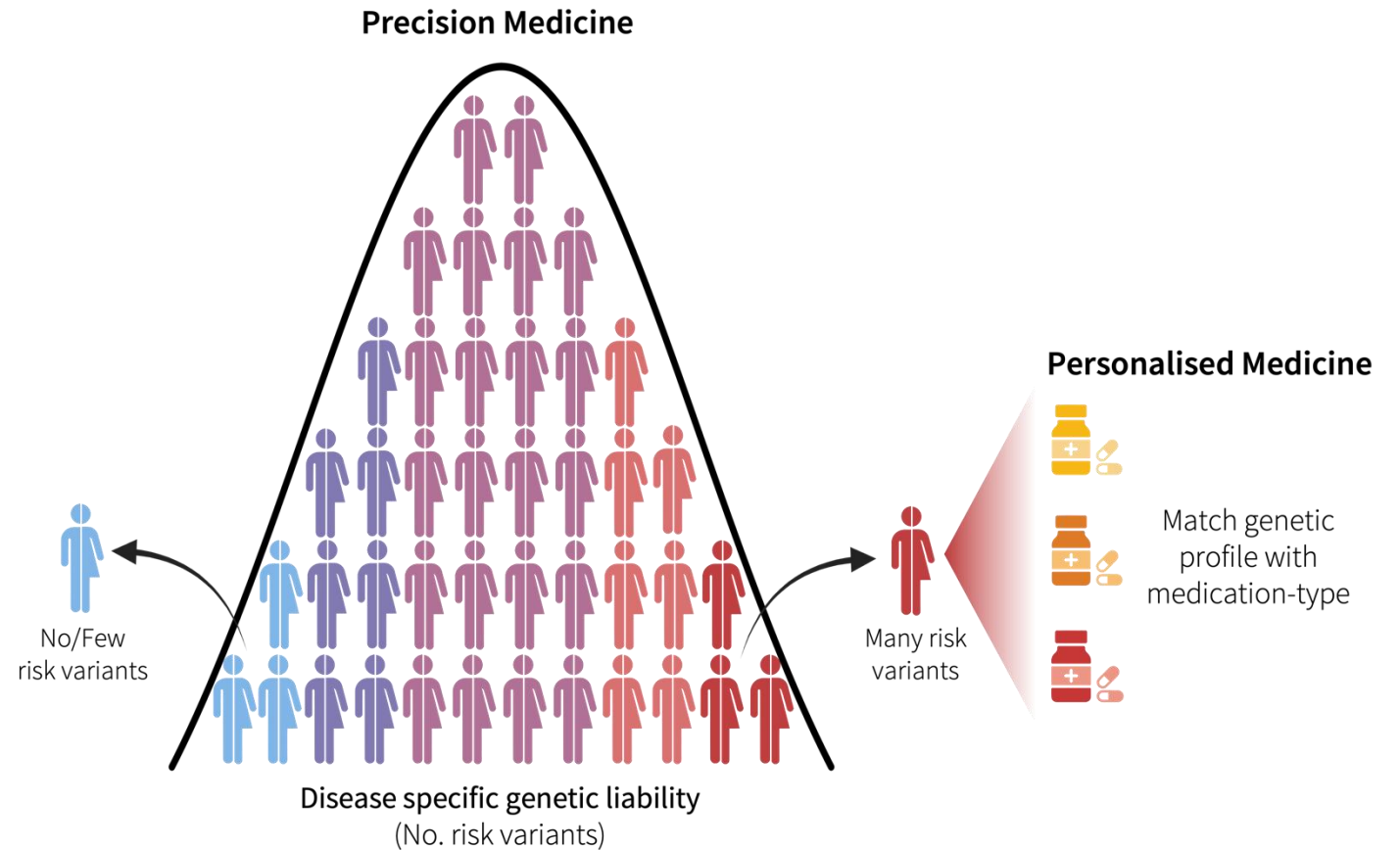
A “polygenic score” is one way by which people can learn about their risk of developing a disease, based on the total number of changes (i.e., SNPs) related to the disease (NHI)



DIFFERENT NAMES

BUT THE SAME

- ▶ Polygenic risk score (PRS)
- ▶ Polygenic score (PGS)
- ▶ Genetic score (GS)
- ▶ Genetic risk score (GRS)
- ▶ Genetic value
- ▶ Genetic liability
- ▶ Breeding value
- ▶ ...



THE INHERENT DISEASE RISK

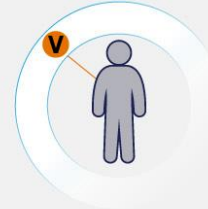
Complex disease



Many genomic variants (polygenic) interacting with environmental factors

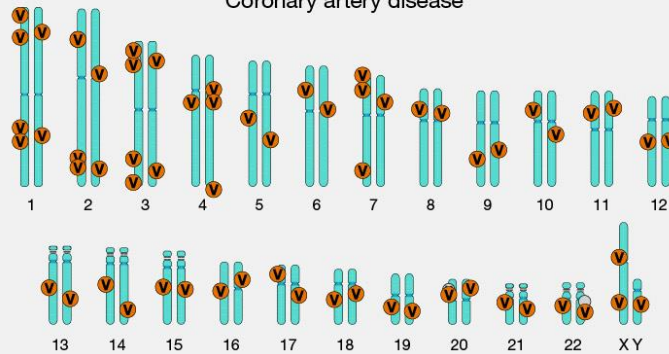


Single gene disease

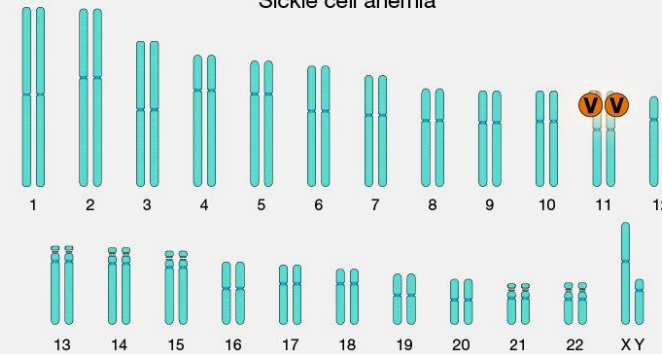


One genomic variant involved

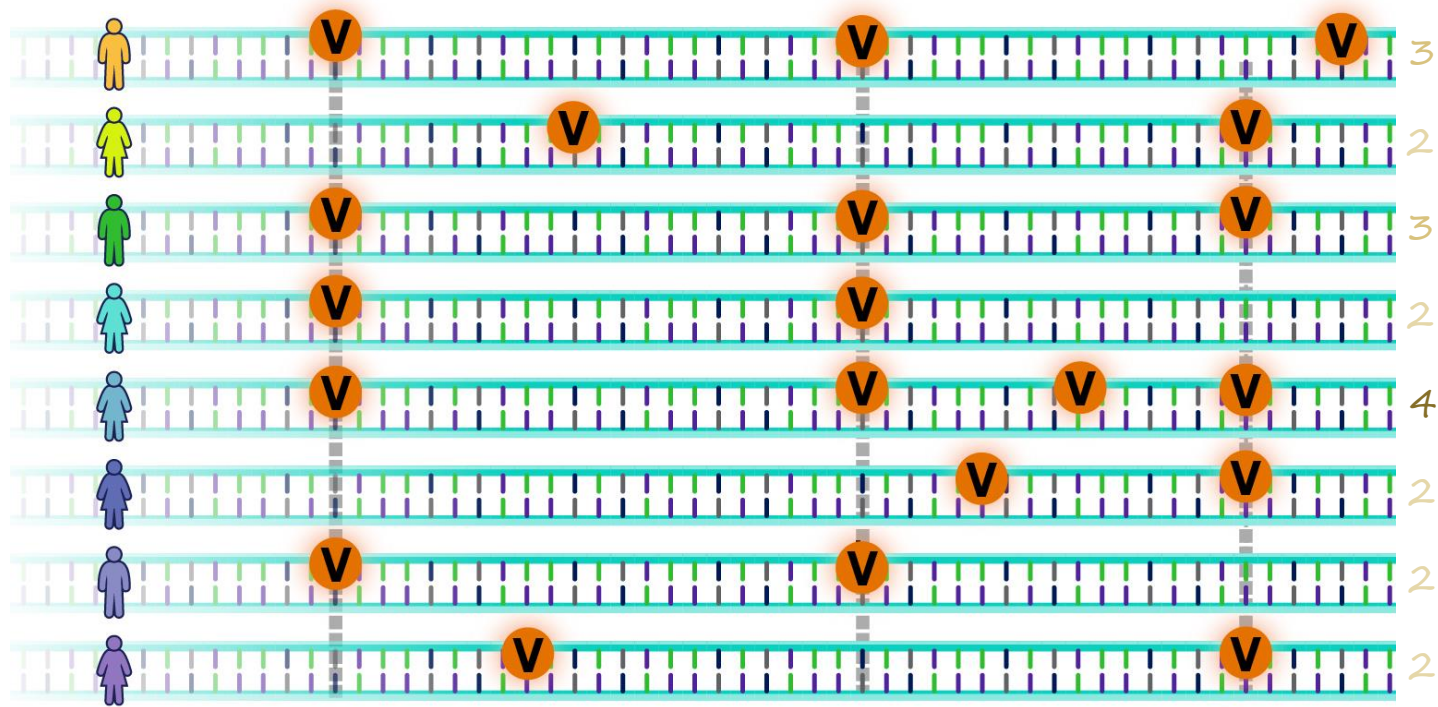
Coronary artery disease



Sickle cell anemia



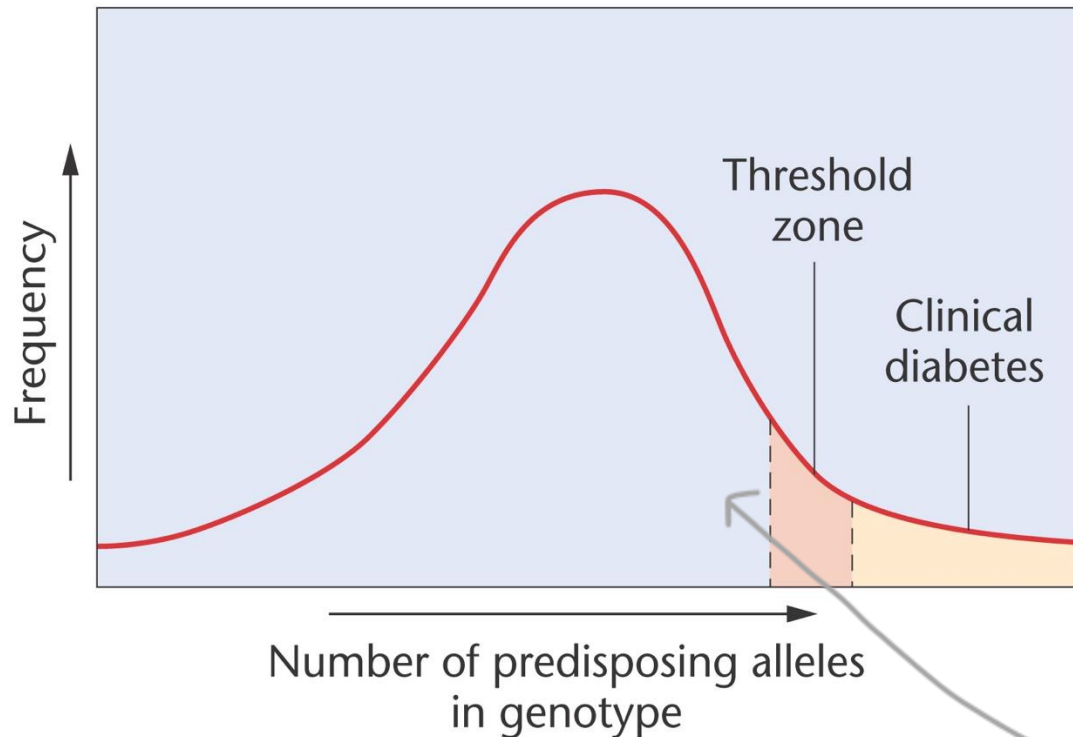
THE INHERENT DISEASE RISK



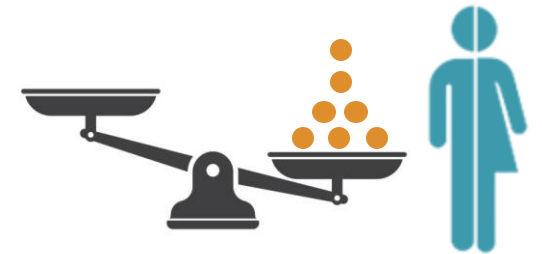
Variation in the
number of risk
variants
→
Polygenic score
(PGS)

WHAT IS A PGS?

A RELATIVE RISK



SNP1	A	G
SNP2	T	T
SNP3	A	C
SNP4	T	A
SNP5	C	C



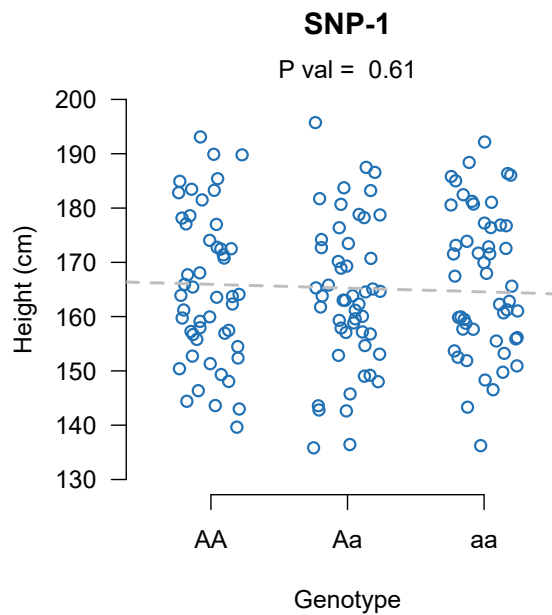
PGS = 7

How do we find the 'orange' alleles?

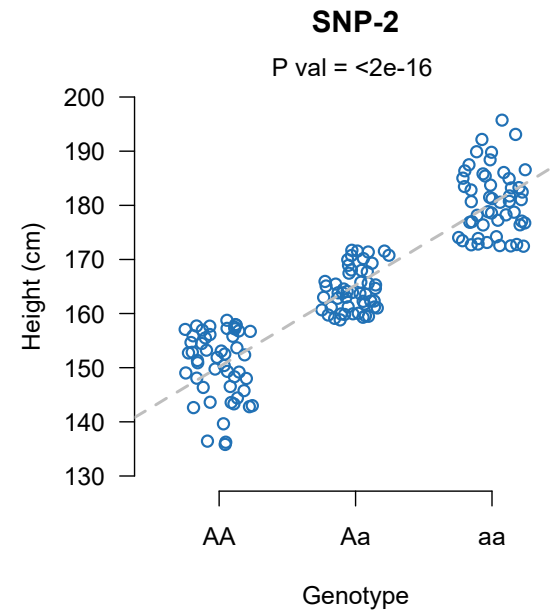


IDENTIFY RISK VARIANTS

GENOME-WIDE ASSOCIATION STUDY (GWAS)

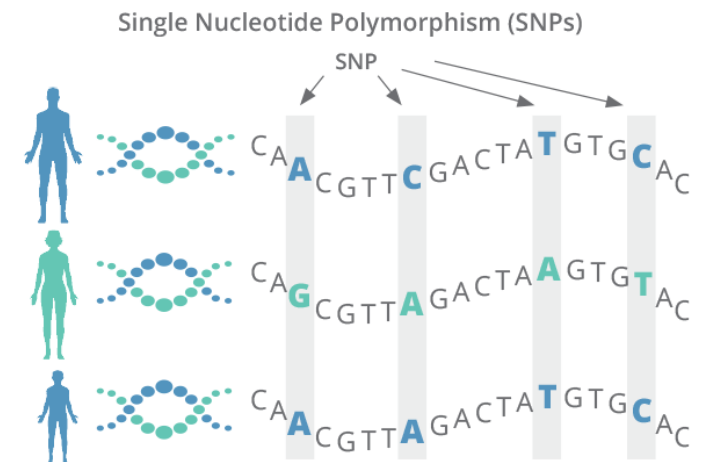
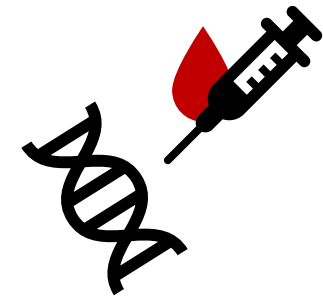
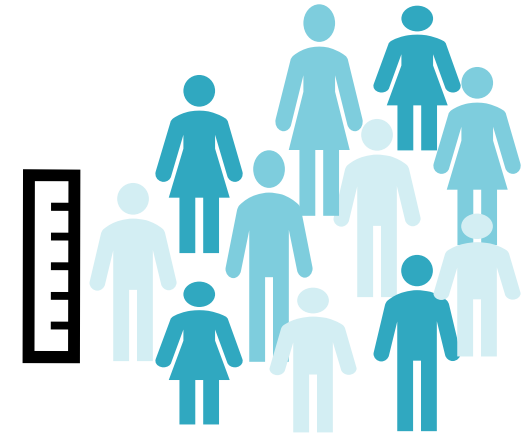


No association



Association

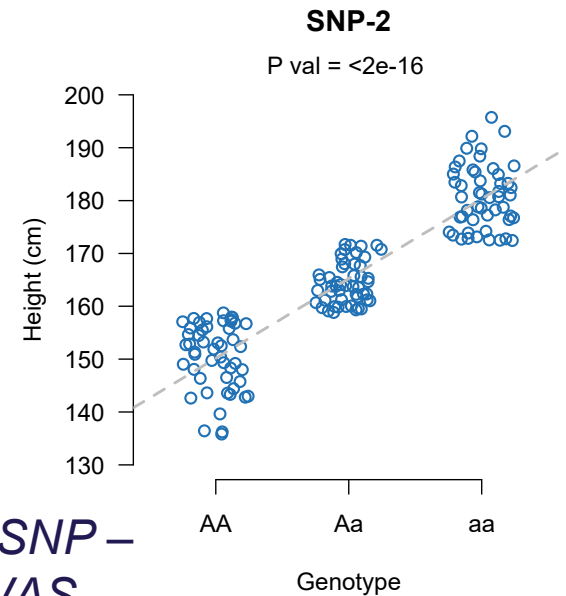
Systematic hypothesis-free scanning of all
common genetic variants



WHAT IS A PGS?

“A PGS combines information from large numbers of markers across the genome (hundreds to millions) to give a single numerical score for an individual’s risk for developing a specific disease on the basis of the DNA variants they have inherited.”

b is the slope (effect size) from regression



The effect size of the SNP – obtain from the GWAS

$$PGS = \sum X_i b_i$$

The genotype of the individual for SNP i (0, 1, 2 – counting the number of the alternative allele)

AA = 0

Aa = 1

aa = 2

$$PGS = \sum X_i b_i$$

HOW TO COMPUTE A (simple) PGS?

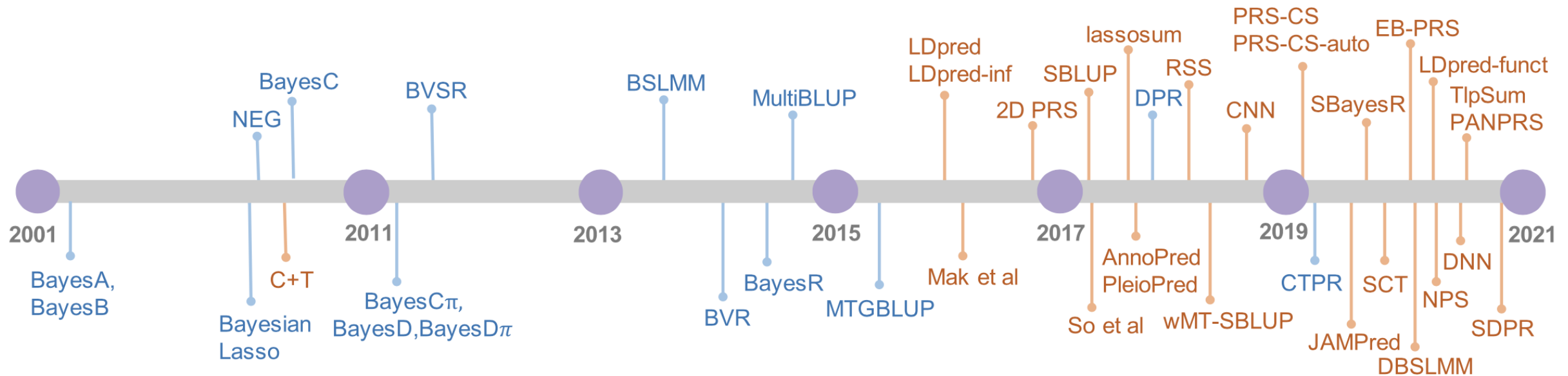
SNPs	Adams Genotypes	Ref allele	Alt allele	X	b	Xb
SNP-1	TC	T	C	1	0.04	0.04
SNP-2	GG	G	T	0	0.02	0.00
SNP-3	CC	A	C	2	0.05	0.10
SNP-4	TG	T	G	1	0.02	0.02
SNP-5	AA	A	G	0	0.06	0.00



PGS = 0.16

A LARGE PALETTE OF PGS METHODS

$$PGS = \sum X_i b_i$$



WHY DIFFERENT PGS SCORING METHODS?

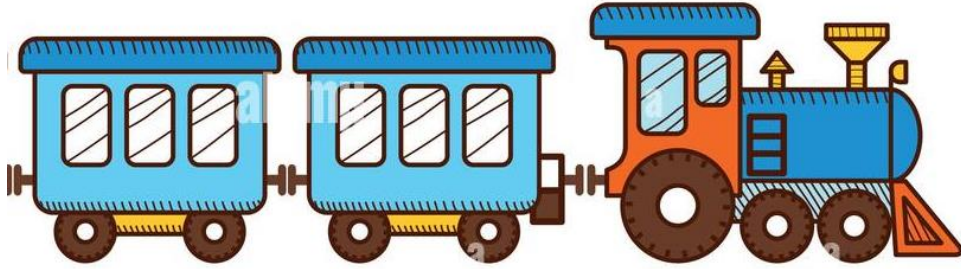
Complex traits have different underlying genetic architectures

- ❖ some are influenced by <100 genetic loci
- ❖ some are influenced by >1000 genetic loci
- ❖ some loci have very small effects
- ❖ some loci have moderate effects
- ❖ correlation structure among loci (linkage disequilibrium)

The different scoring algorithms attempts to account for this.



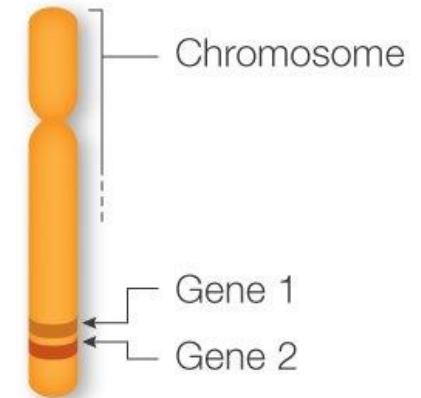
GENETIC LINKAGE



Linked train wagons



Linked prisoners

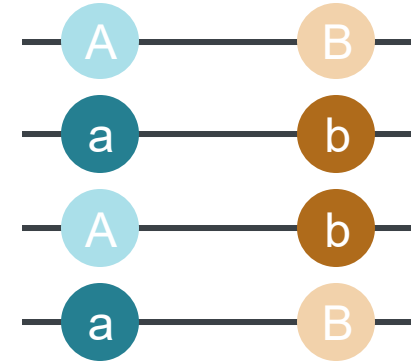


Linked loci
(Physical proximity)

WHAT IS LD?



Which gametes can be produced?



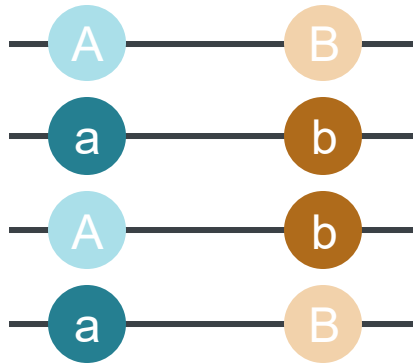
What are the frequencies of the alleles?

$P(A)$, $P(a)$
 $P(B)$, $P(b)$

What are the frequencies of the haplotypes?

$P(AB)$, $P(Ab)$
 $P(aB)$, $P(ab)$

WHAT IS LD?



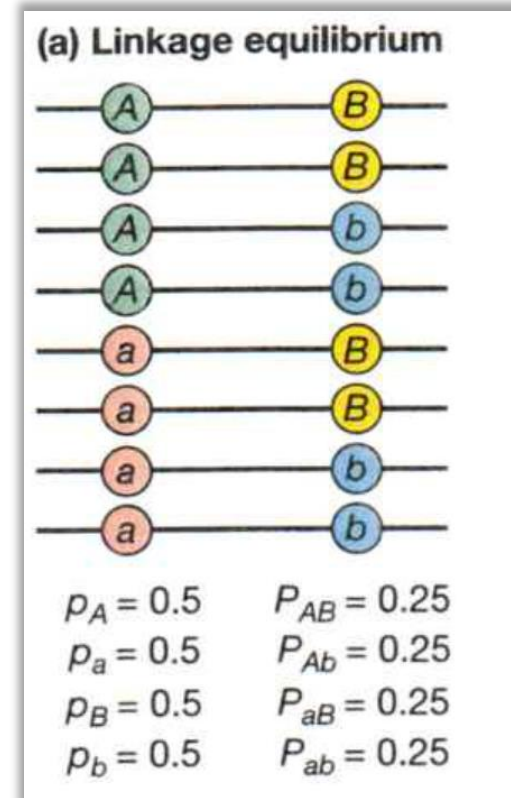
If there is random relationship among alleles at the two loci then the frequency of the haplotypes will be the product of the frequencies of the two alleles:

$$P(AB) = P(A) \times P(B)$$

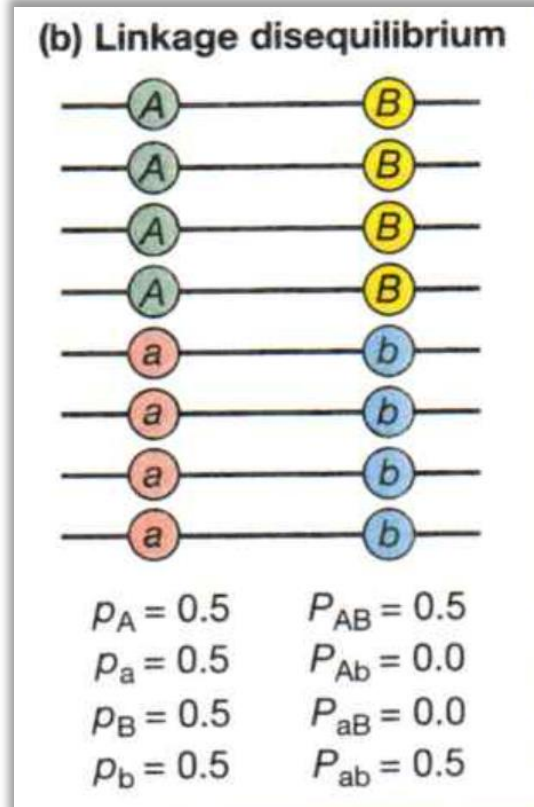
$$P(Ab) = P(A) \times P(b)$$

$$P(aB) = P(a) \times P(B)$$

$$P(ab) = P(a) \times P(b)$$



WHAT IS LD?

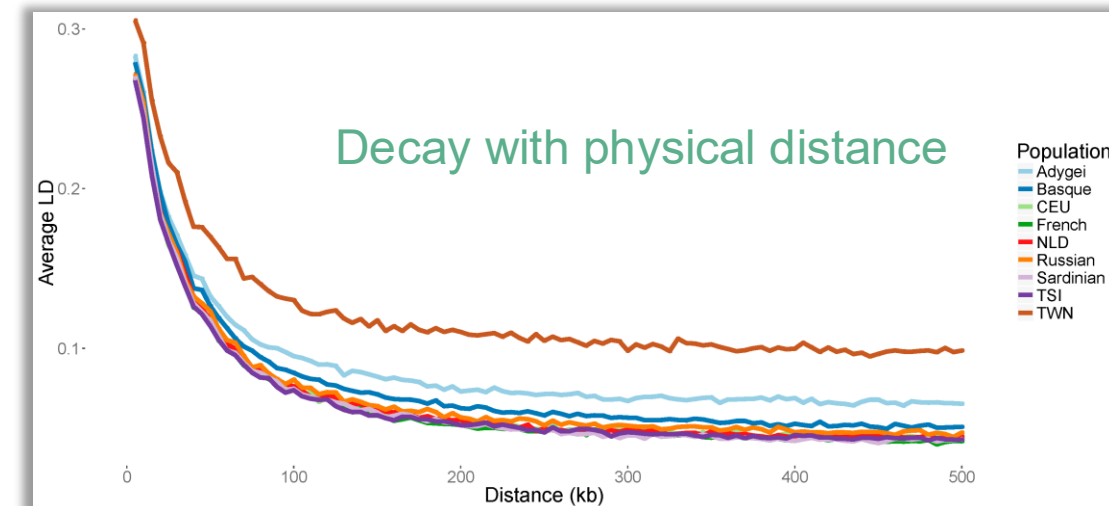
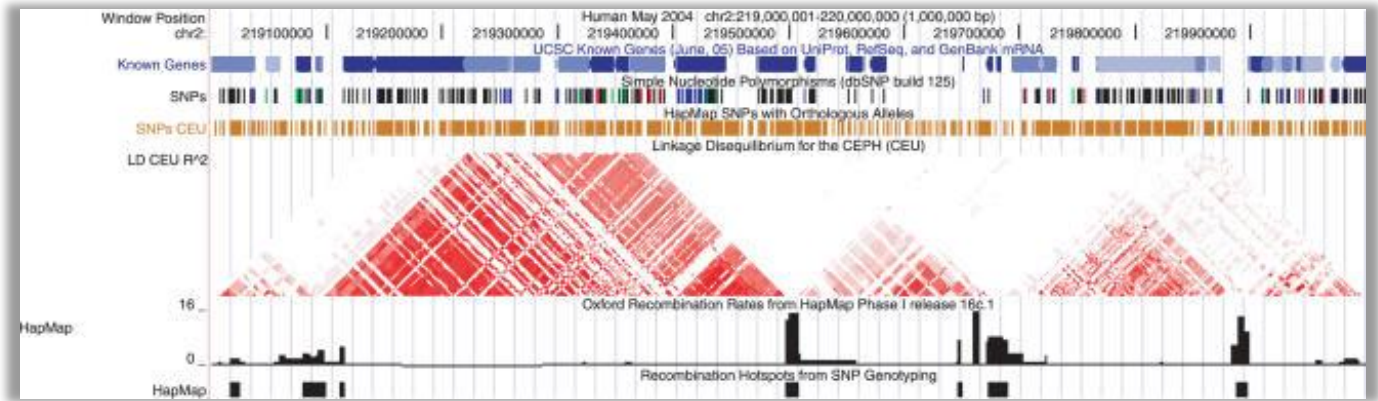


When the association between alleles at two loci is **non-random** they are said to be in **linkage disequilibrium**

The degree of LD can be measure in several ways – the simplest one is:

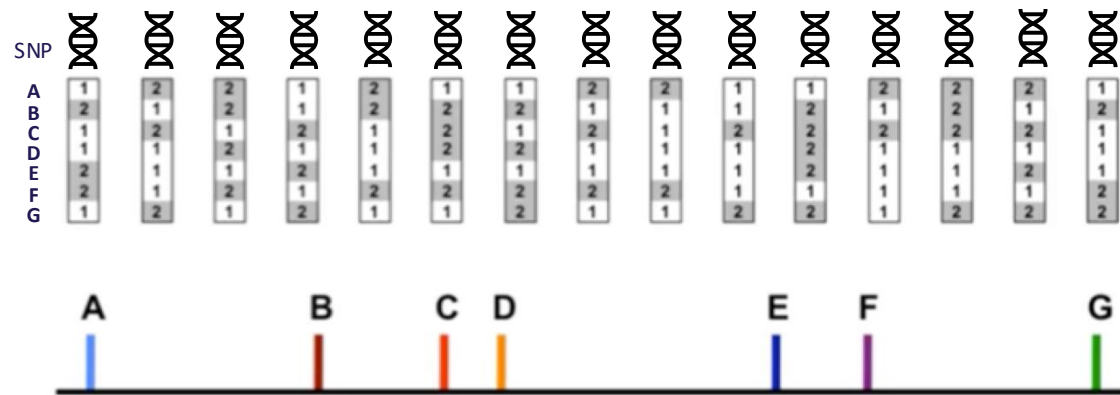
$$D = P_{AB} - P_A P_B$$

If $D=0$, no LD, if $D>0$ LD

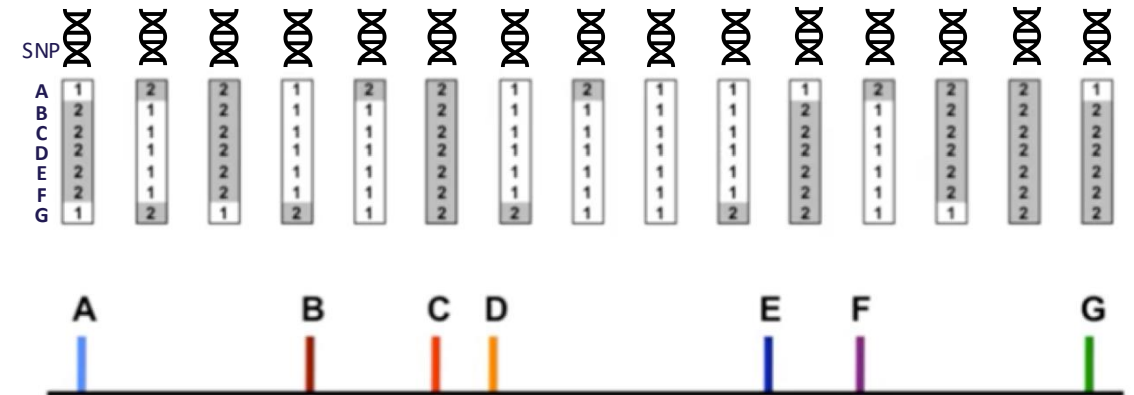


LD AND GENE MAPPING

Linkage equilibrium – *random association*

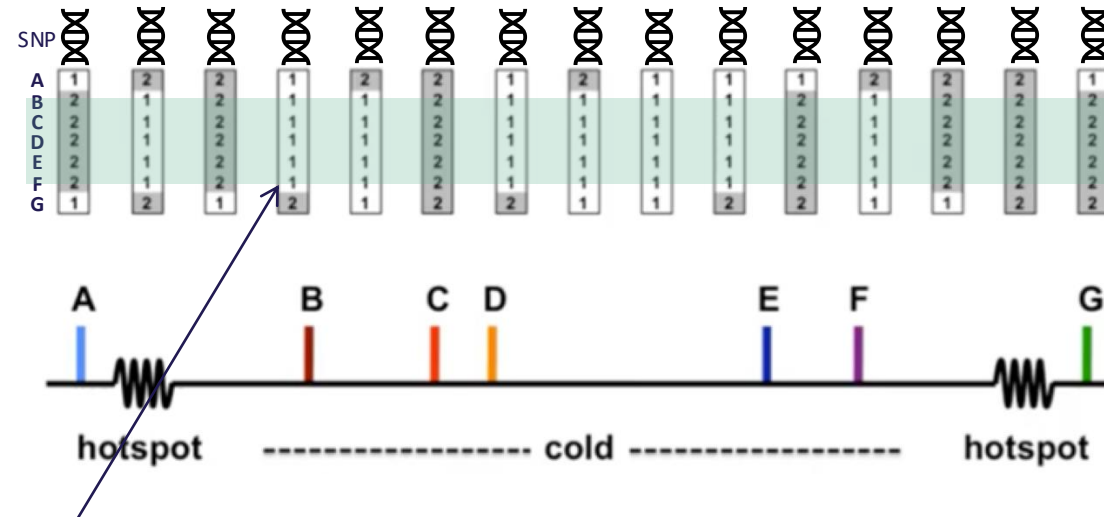


Linkage disequilibrium – *non-random association*



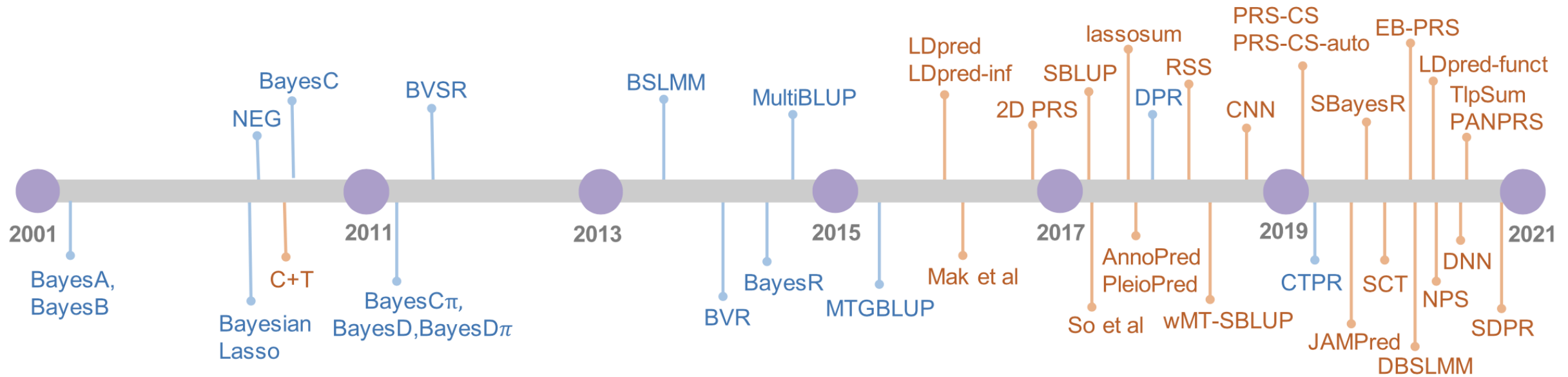
LD AND GENE MAPPING

SNPs B, C, D, E and F are in LD



If you have allele 1 here, I know what you are at the remaining sites in this haploblok

A LARGE PALETTE OF PGS METHODS



SESSION 1

- ▶ Precision Medicine?
- ▶ Complex traits?
- ▶ Genetic variants as chilies
- ▶ What is a polygenic score?
- ▶ What is needed to compute a polygenic score?
- ▶ Why so many different methods?





BREAK

AGENDA

08:00 – 08:30	Welcome and common introductions
08:30 – 09:10	Session 1: Introduction to Polygenic Scores (PGS)
09:10 – 09:20	Break
09:20 – 10:00	Session 2: Data Sources and Computational Methods
10:00 – 10:10	Break
10:10 – 10:40	Session 3: Evaluating and Interpreting Polygenic Scores
10:40 – 11:00	Break
11:00 – 11:45	Session 4: Advanced Applications and Future Directions
11:45 – 12:30	Lunch and short walk
12:30 – 15:30	Identification of 2-3 projects of common interest
15:30 – 16:00	Next steps and thank you for today

SESSION 2

- ▶ The first polygenic score
- ▶ What you need is...
- ▶ Commonly used scoring algorithms
- ▶ Workflow
- ▶ Current challenges with PGS?

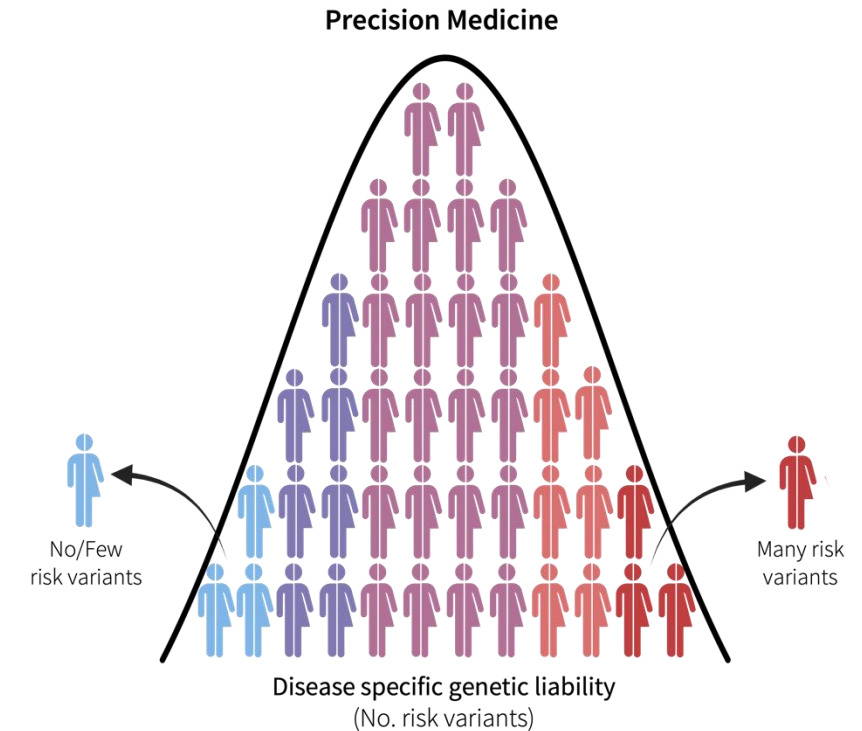


THE FIRST PGS

Idea originating back to animal and plant breeding - finding the 'best' animals that should establish the next generation.

In 2007, Wray proposed to 'predict' human disease traits from SNP data.

Wray, Goddard & Visscher (2007) *Genome Research*, 17:1520–1528

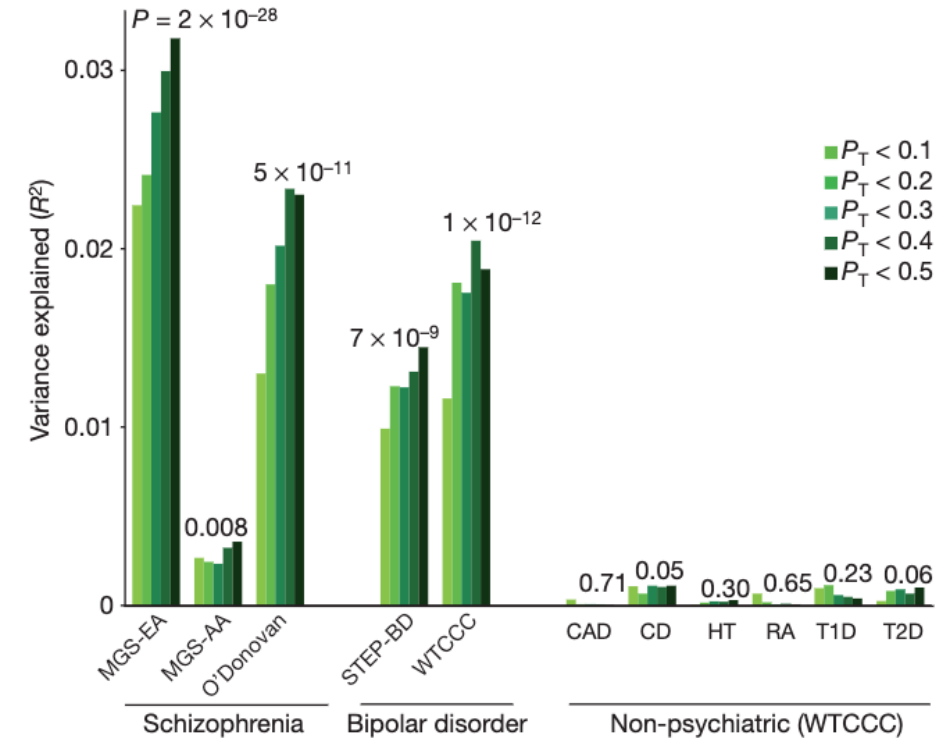


THE FIRST PGS

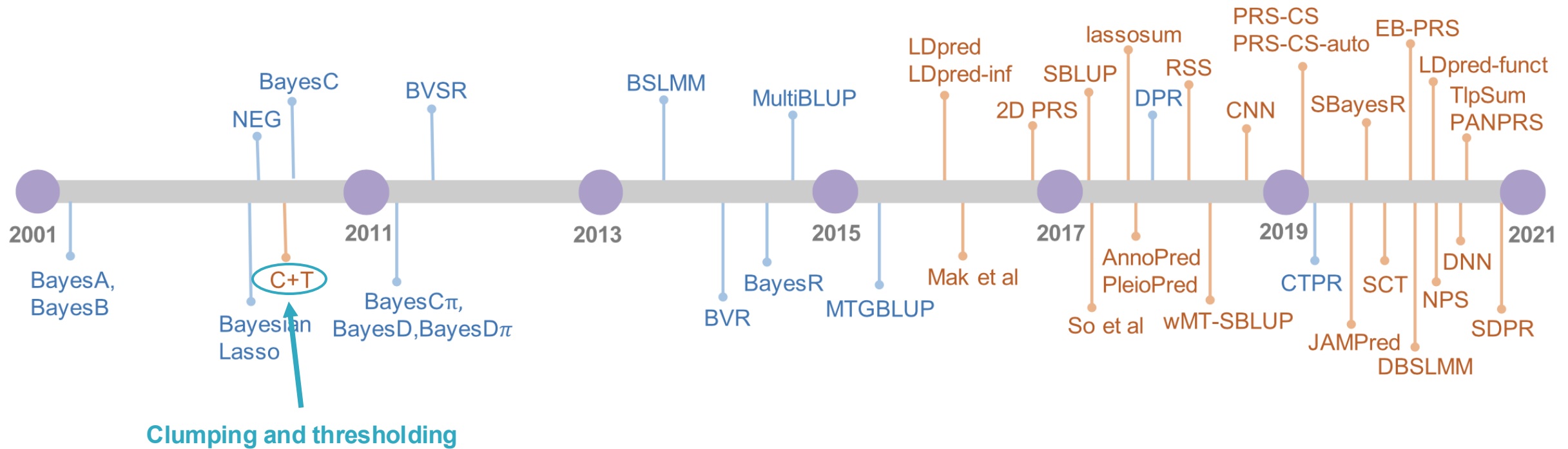
In 2009, Purcell constructed the first polygenic score for a human disease:

'We summarized variation across nominally associated loci into quantitative scores'

The International Schizophrenia Consortium (2009) Nature, 460



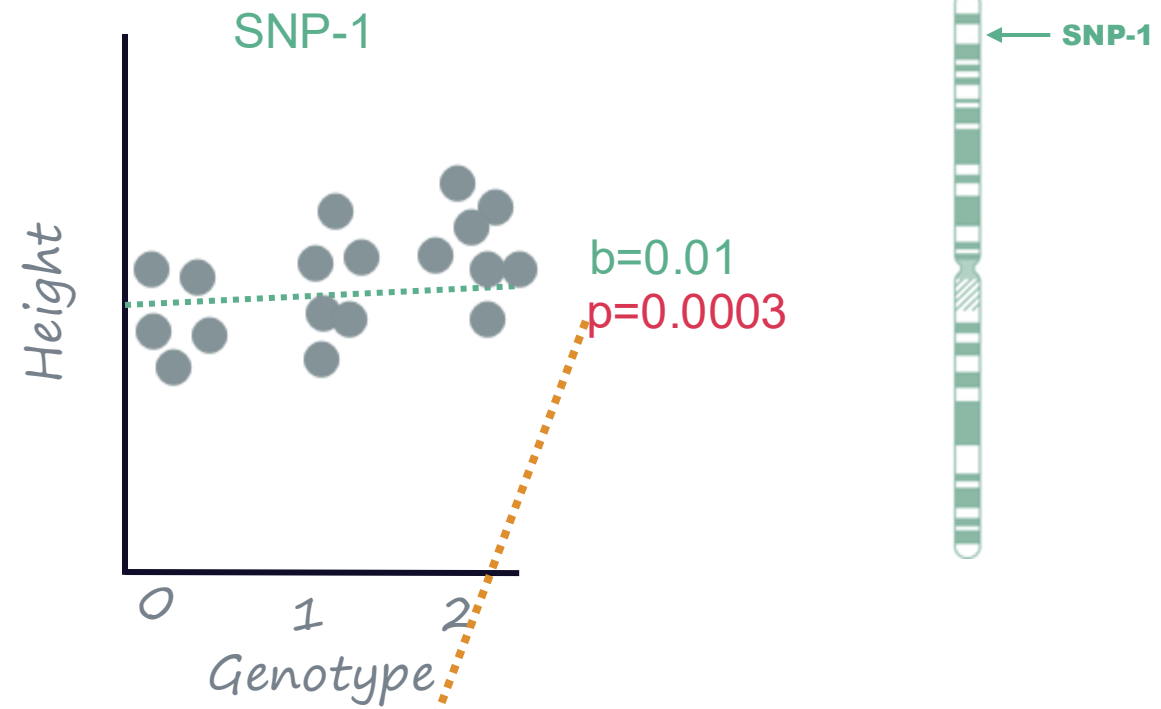
A LARGE PALETTE OF PGS METHODS



GWAS RECAP



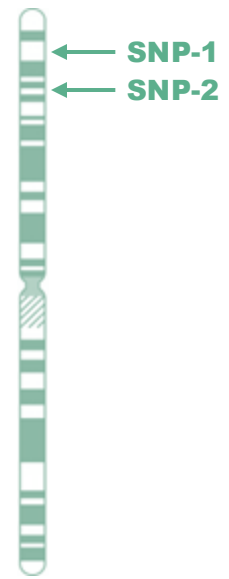
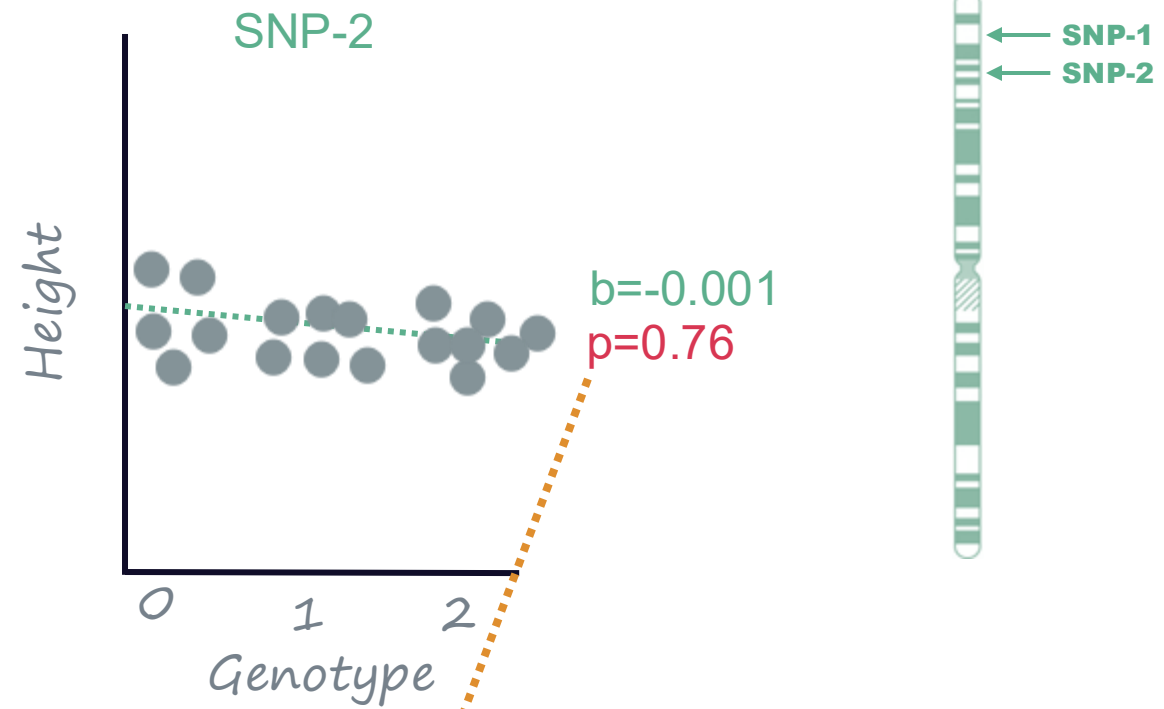
Which SNPs associate with height?



GWAS RECAP



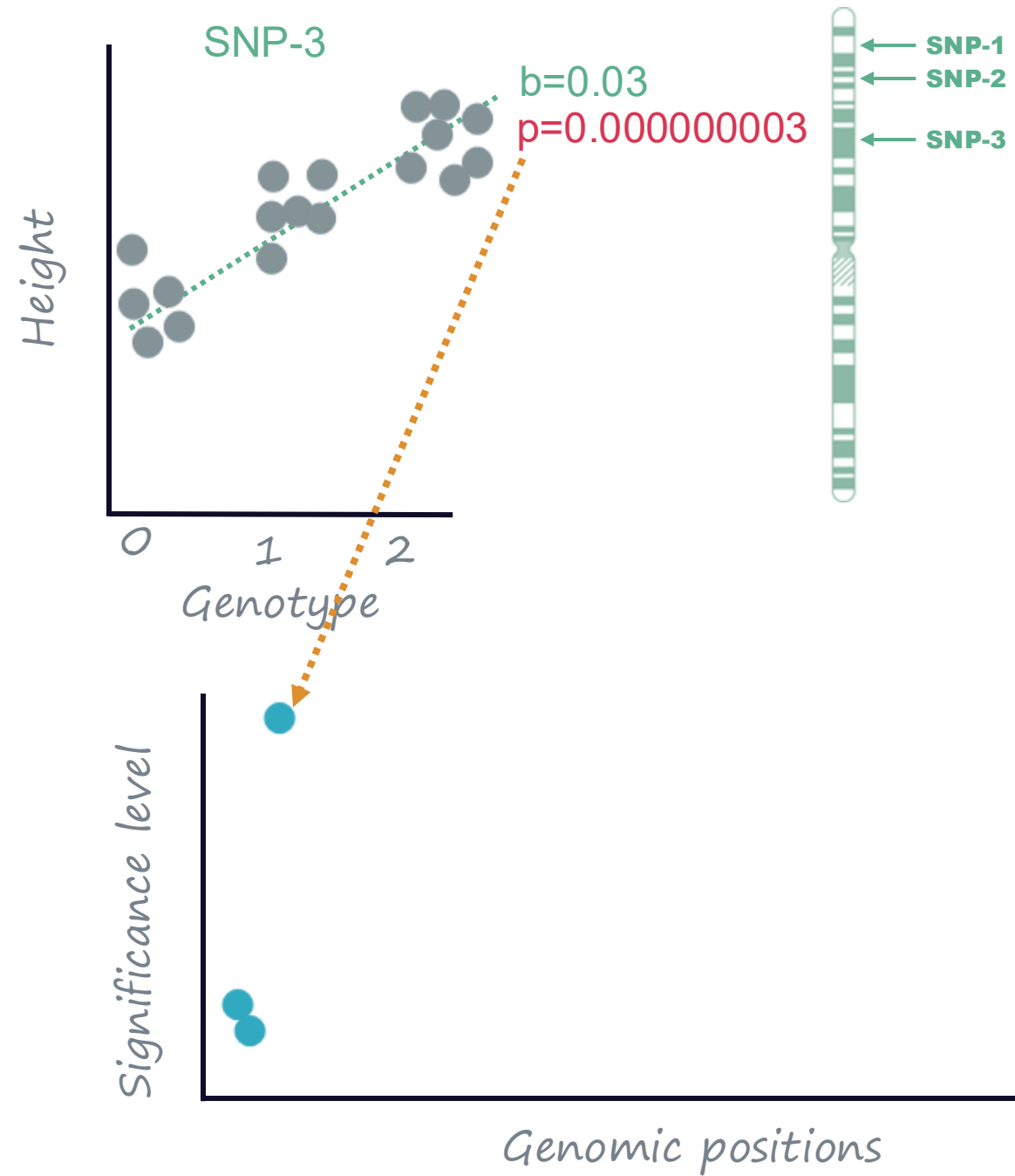
Which SNPs associate with height?



GWAS RECAP



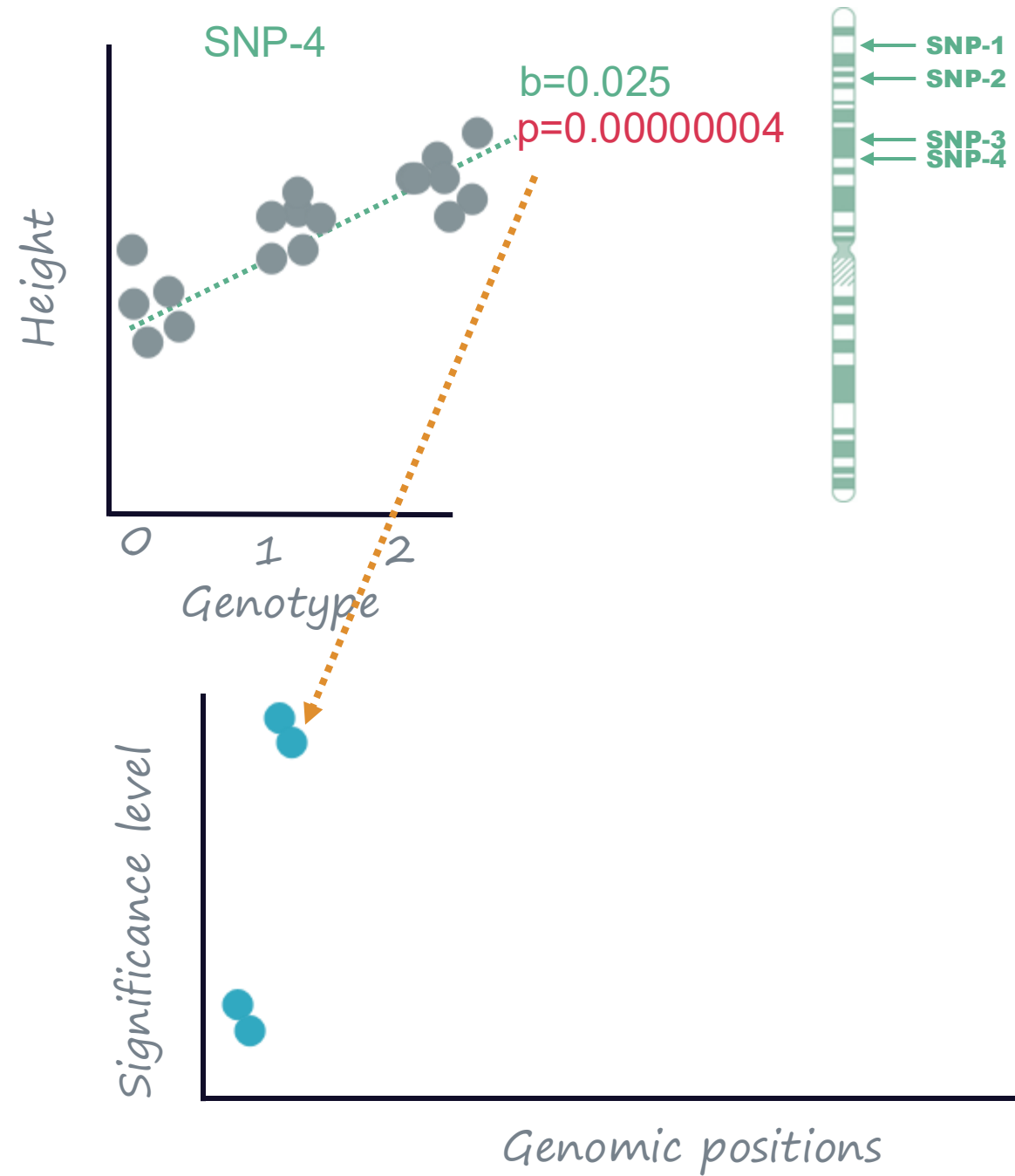
Which SNPs associate with height?



GWAS RECAP



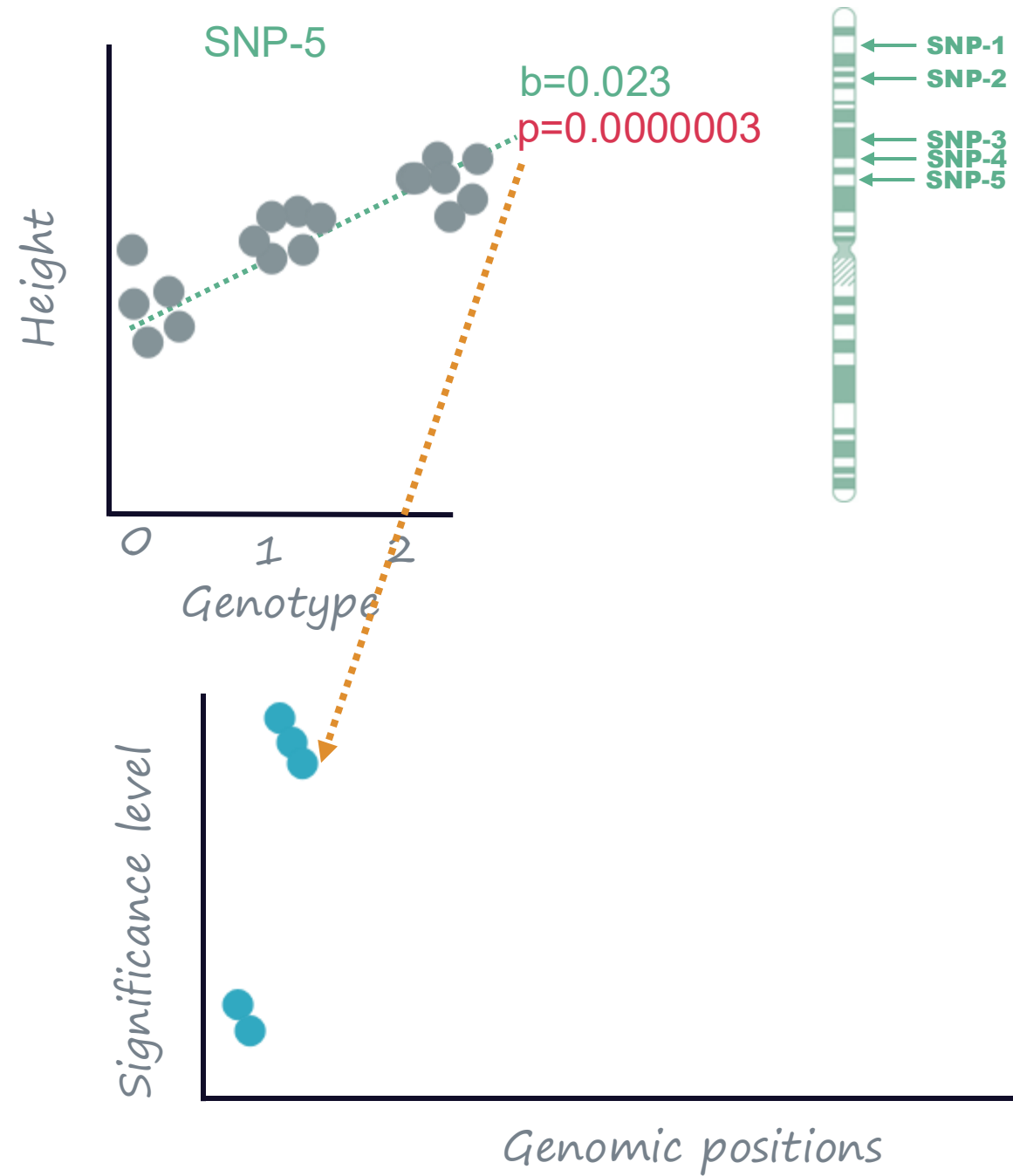
Which SNPs associate with height?



GWAS RECAP



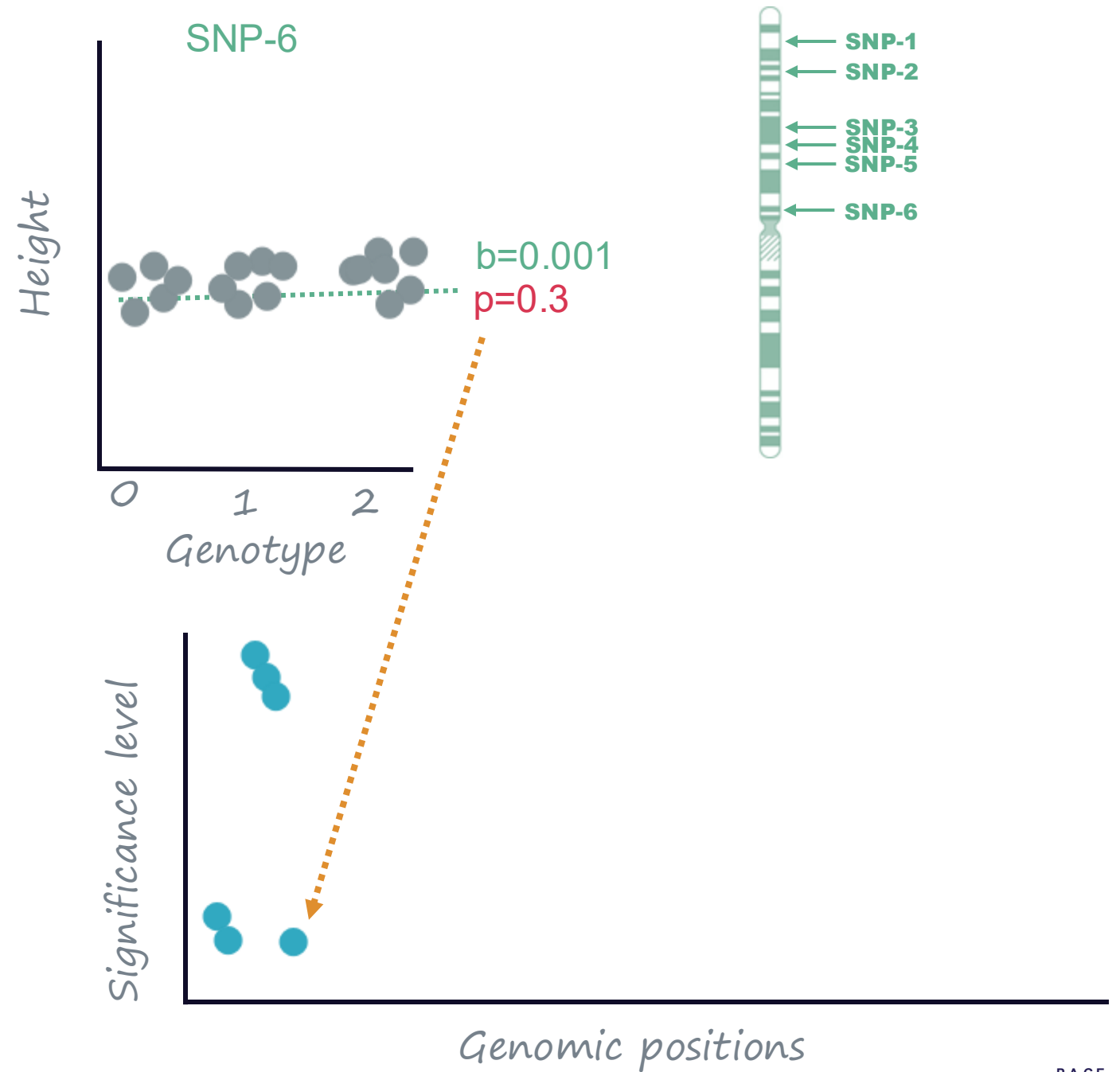
Which SNPs associate with height?



GWAS RECAP



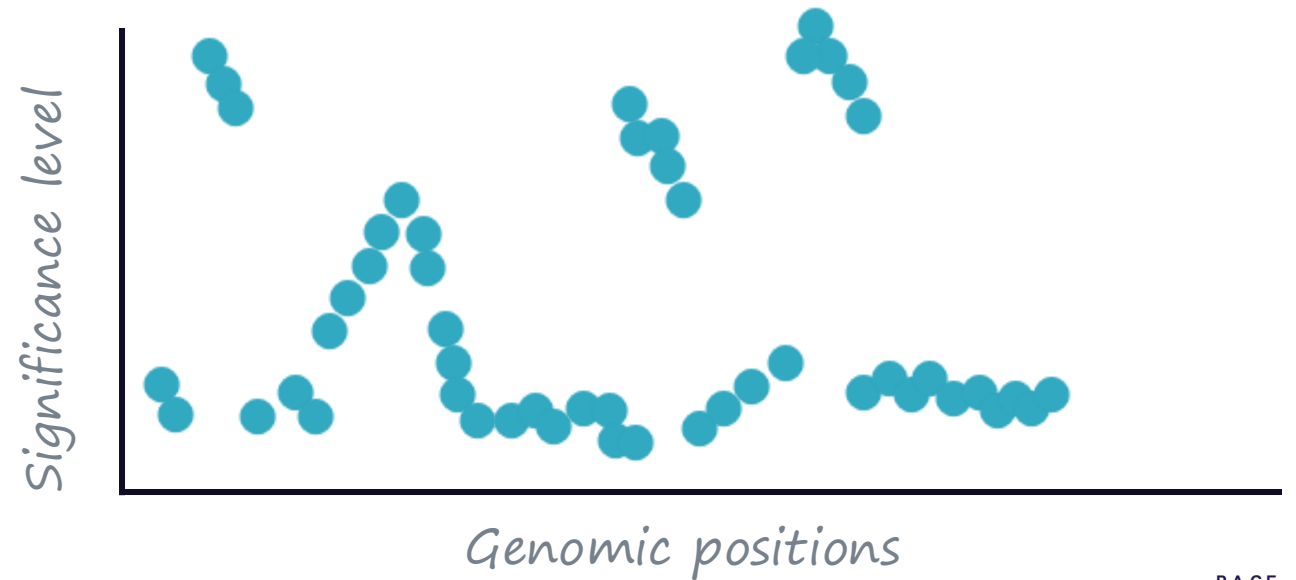
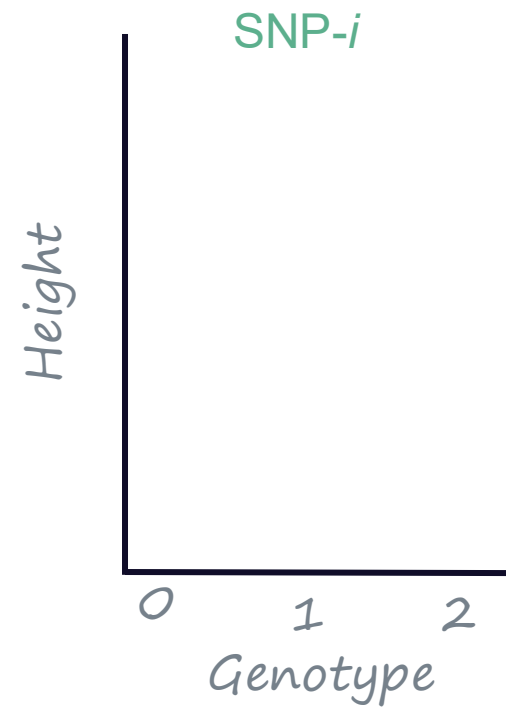
Which SNPs associate with height?



GWAS RECAP



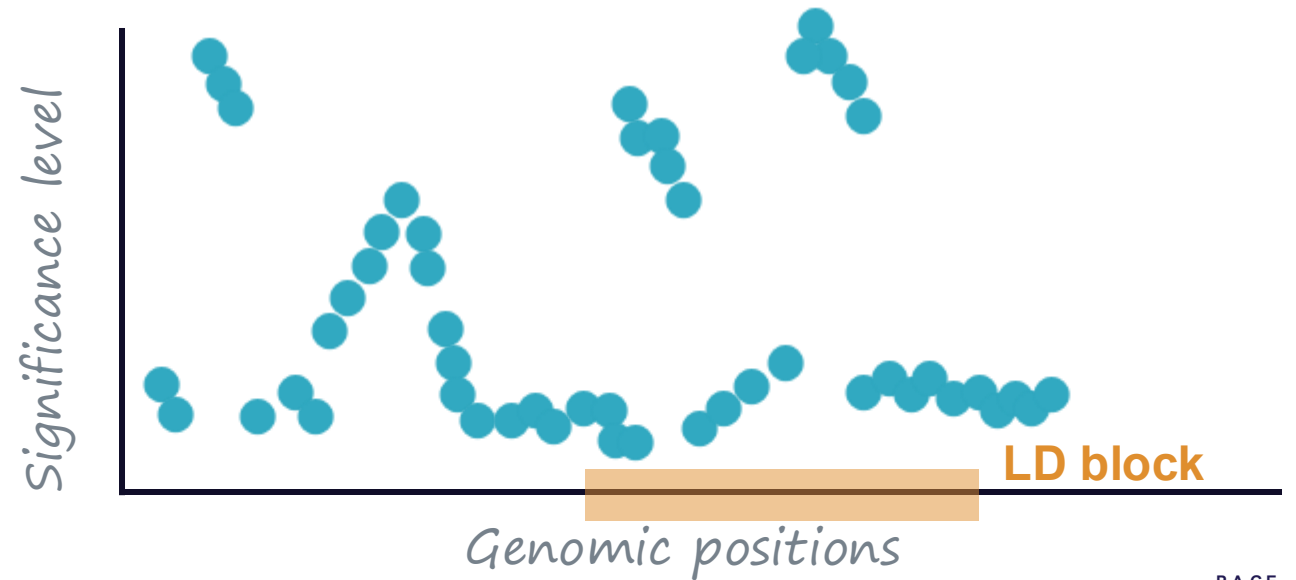
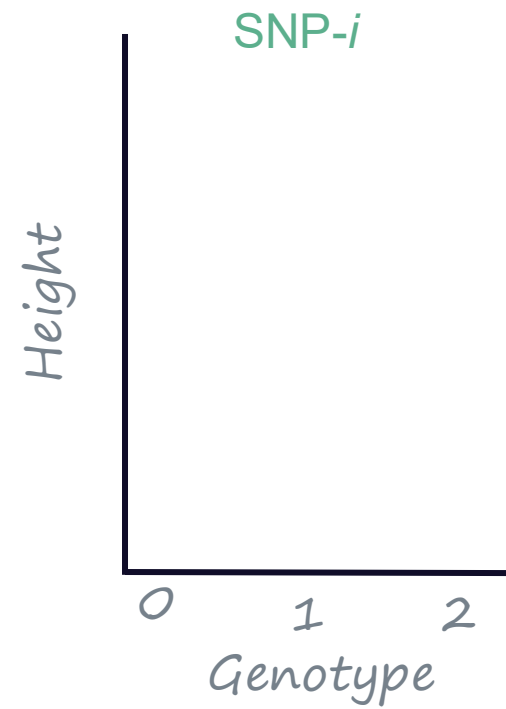
Which SNPs associate with height?



GWAS RECAP



Which SNPs associate with height?



CLUMPING AND THRESHOLDING (C+T)

0: Set LD (=0.8) and P values (0.01)

SNP	b	p
1	0.21	0.005
2	0.22	0.0048
3	0.25	0.0003
4	0.1	0.04
5	0.05	0.15
6	0.02	0.49
7	0.03	0.87
8	0.12	0.003
9	0.14	0.0034
10	0.18	0.0004
11	0.21	0.00003
12	0.12	0.15
13	0.14	0.12
14	0.03	0.84
15	0.02	0.32

1: Sort by P -value

SNP	b	p
11	0.21	0.00003
3	0.25	0.0003
10	0.18	0.0004
8	0.12	0.003
9	0.14	0.0034
2	0.22	0.0048
1	0.21	0.005
4	0.1	0.04
13	0.14	0.12
5	0.05	0.15
12	0.12	0.15
15	0.02	0.32
6	0.02	0.49
14	0.03	0.84
7	0.03	0.87

2: Compute LD and select variants based of thresholds

SNP	b	p	r^2
11	0.21	0.00003	
3	0.25	0.0003	0.96
10	0.18	0.0004	0.93
8	0.12	0.003	0.88
9	0.14	0.0034	0.74
2	0.22	0.0048	0.4
1	0.21	0.005	0.03
4	0.1	0.04	0.04
13	0.14	0.12	0.05
5	0.05	0.15	0.03
12	0.12	0.15	0.04
15	0.02	0.32	0.01
6	0.02	0.49	0.01
14	0.03	0.84	0.01
7	0.03	0.87	0.01

1st variant in LD-pair

Have $LD > r^2$ – ignore those

CLUMPING AND THRESHOLDING (C+T)

0: Set LD (=0.8) and P values (0.01)

SNP	b	p
1	0.21	0.005
2	0.22	0.0048
3	0.25	0.0003
4	0.1	0.04
5	0.05	0.15
6	0.02	0.49
7	0.03	0.87
8	0.12	0.003
9	0.14	0.0034
10	0.18	0.0004
11	0.21	0.00003
12	0.12	0.15
13	0.14	0.12
14	0.03	0.84
15	0.02	0.32

1: Sort by P-value

SNP	b	p
11	0.21	0.00003
3	0.25	0.0003
10	0.18	0.0004
8	0.12	0.003
9	0.14	0.0034
2	0.22	0.0048
1	0.21	0.005
4	0.1	0.04
13	0.14	0.12
5	0.05	0.15
12	0.12	0.15
15	0.02	0.32
6	0.02	0.49
14	0.03	0.84
7	0.03	0.87

2: Compute LD and select variants based of thresholds

SNP	b	p	r ²
11	0.21	0.00003	
3	0.25	0.0003	
10	0.18	0.0004	
8	0.12	0.003	
9	0.14	0.0034	
2	0.22	0.0048	0.98
1	0.21	0.005	0.96
4	0.1	0.04	0.96
13	0.14	0.12	0.52
5	0.05	0.15	0.34
12	0.12	0.15	0.10
15	0.02	0.32	0.04
6	0.02	0.49	0.01
14	0.03	0.84	0.01
7	0.03	0.87	0.01

1st variant in LD-pair

Have LD>r² – ignore those

CLUMPING AND THRESHOLDING (C+T)

0: Set LD (=0.8) and P values (0.01)

SNP	b	p
1	0.21	0.005
2	0.22	0.0048
3	0.25	0.0003
4	0.1	0.04
5	0.05	0.15
6	0.02	0.49
7	0.03	0.87
8	0.12	0.003
9	0.14	0.0034
10	0.18	0.0004
11	0.21	0.00003
12	0.12	0.15
13	0.14	0.12
14	0.03	0.84
15	0.02	0.32

1: Sort by P-value

SNP	b	p
11	0.21	0.00003
3	0.25	0.0003
10	0.18	0.0004
8	0.12	0.003
9	0.14	0.0034
2	0.22	0.0048
1	0.21	0.005
4	0.1	0.04
13	0.14	0.12
5	0.05	0.15
12	0.12	0.15
15	0.02	0.32
6	0.02	0.49
14	0.03	0.84
7	0.03	0.87

2: Compute LD and select variants based of thresholds

SNP	b	p	r^2
11	0.21	0.00003	
3	0.25	0.0003	
10	0.18	0.0004	
8	0.12	0.003	
9	0.14	0.0034	
2	0.22	0.0048	
1	0.21	0.005	
4	0.1	0.04	
13	0.14	0.12	1st variant in LD-pair
5	0.05	0.15	0.86
12	0.12	0.15	0.82
15	0.02	0.32	0.81
6	0.02	0.49	0.85
14	0.03	0.84	0.85
7	0.03	0.87	0.81

Have $LD > r^2$ – ignore those

CLUMPING AND THRESHOLDING (C+T)

0: Set LD (=0.8) and P values (0.01)

SNP	b	p
1	0.21	0.005
2	0.22	0.0048
3	0.25	0.0003
4	0.1	0.04
5	0.05	0.15
6	0.02	0.49
7	0.03	0.87
8	0.12	0.003
9	0.14	0.0034
10	0.18	0.0004
11	0.21	0.00003
12	0.12	0.15
13	0.14	0.12
14	0.03	0.84
15	0.02	0.32

1: Sort by P-value

SNP	b	p
11	0.21	0.00003
3	0.25	0.0003
10	0.18	0.0004
8	0.12	0.003
9	0.14	0.0034
2	0.22	0.0048
1	0.21	0.005
4	0.1	0.04
13	0.14	0.12
5	0.05	0.15
12	0.12	0.15
15	0.02	0.32
6	0.02	0.49
14	0.03	0.84
7	0.03	0.87

2: Compute LD and select variants based on LD

SNP	b	p	r ²
11	0.21	0.00003	
3	0.25	0.0003	
10	0.18	0.0004	
8	0.12	0.003	
9	0.14	0.0034	
2	0.22	0.0048	
1	0.21	0.005	
4	0.1	0.04	
13	0.14	0.12	
5	0.05	0.15	
12	0.12	0.15	
15	0.02	0.32	
6	0.02	0.49	
14	0.03	0.84	
7	0.03	0.87	

3: Compute PGS based on effect sizes (b) and P -values

$$PGS = \sum X_i b_i$$

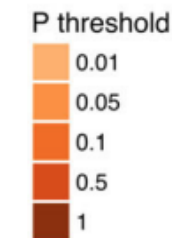
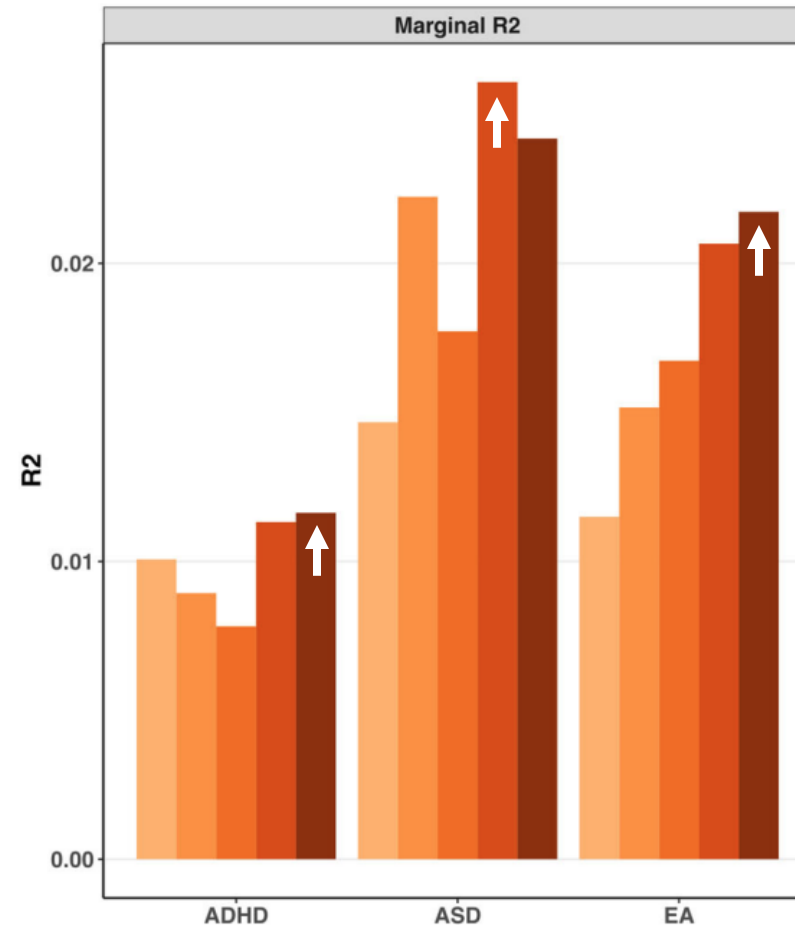
$$= X_{11} \times 0.21 + X_9 \times 0.14$$

CLUMPING AND THRESHOLDING (C+T)

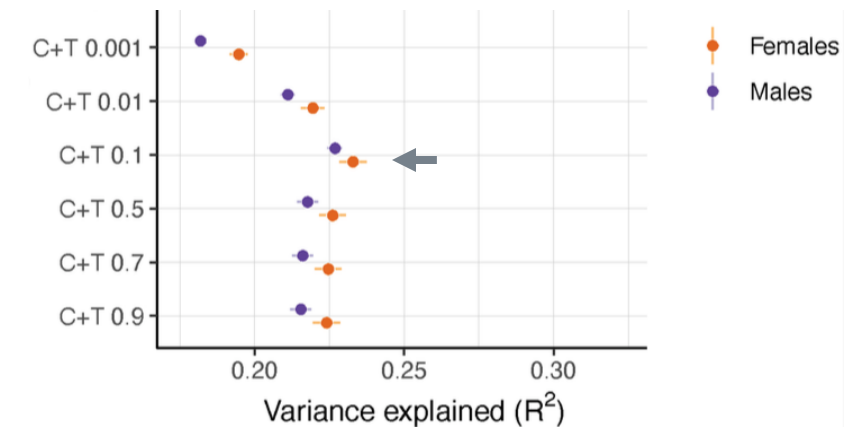
Repeat for other P -value cutoffs (and LD values)

How does the PGS associate with the disease

$$y_{\text{trait}} = \text{PGS} + \varepsilon$$



Finding optimal r^2 and P -cutoff and apply in second cohort



CLUMPING AND THRESHOLDING (C+T)

Clumping and Thresholding (C+T) and Stacked C+T (SCT)

We compute C+T scores for each chromosome separately and for several parameters:

- Threshold on imputation INFO score INFO_T within {0.3, 0.6, 0.9, 0.95}.
- Squared correlation threshold of clumping r_c^2 within {0.01, 0.05, 0.1, 0.2, 0.5, 0.8, 0.95}.
- Base size of clumping window within {50, 100, 200, 500}. The window size w_c is then computed as the base size divided by r_c^2 . For example, for $r_c^2 = 0.2$, we test values of w_c within {250, 500, 1000, 2500} (in kb). This is motivated by the fact that linkage disequilibrium is inversely proportional to genetic distance between variants.¹¹
- A sequence of 50 thresholds on p values between the least and the most significant p values, equally spaced on a log-log scale.

Thus, for individual i , chromosome k , and the four hyper-parameters INFO_T , r_c^2 , w_c , and p_T , we compute C+T predictions

$$V_i^{(k)}(\text{INFO}_T, r_c^2, w_c, p_T) = \sum_{\substack{j \in S_{\text{clumping}}(k, \text{INFO}_T, r_c^2, w_c) \\ p_j < p_T}} \hat{\beta}_j \cdot G_{i,j} ,$$

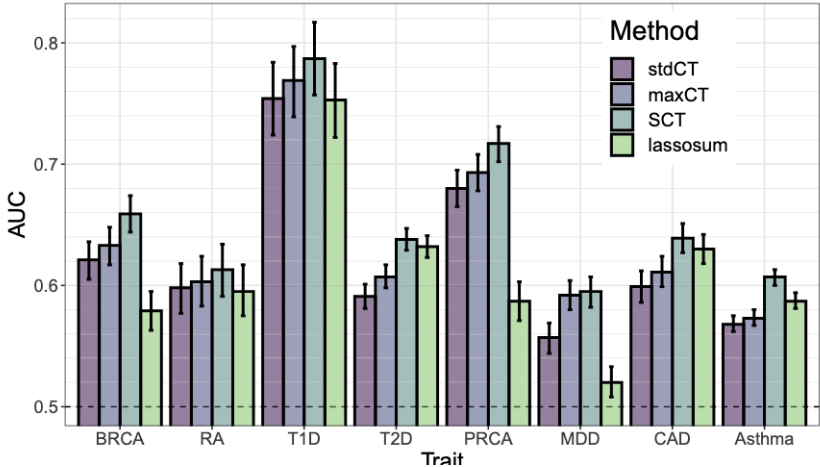


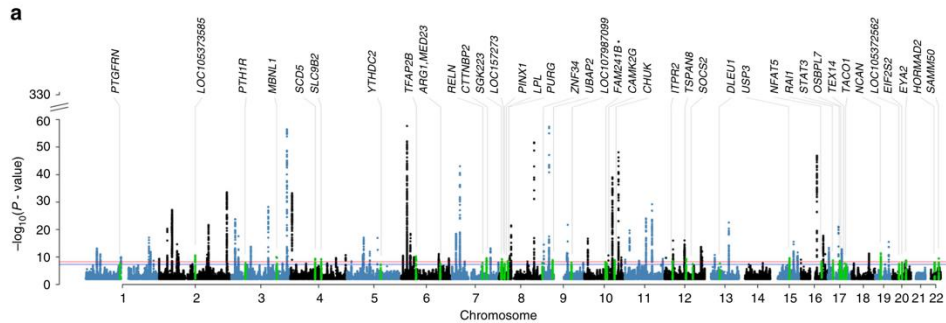
Table 2. Optimal Choices of C+T Parameters

Trait	w_c	r_c^2	INFO_T	p_T
Breast cancer (BRCA)	2,500	0.2	0.95	2.2×10^{-4}
Rheumatoid arthritis (RA)	200	0.5	0.95	7.5×10^{-2}
Type 1 diabetes (T1D)	10K–50K	0.01	0.90	2.6×10^{-5}
Type 2 diabetes (T2D)	625	0.8	0.95	1.1×10^{-2}
Prostate cancer (PRCA)	10K–50K	0.01	0.90	4.2×10^{-6}
Depression (MDD)	625	0.8	0.95	1.0×10^{-1}
Coronary artery disease (CAD)	526	0.95	0.95	3.5×10^{-2}
Asthma	2,500	0.2	0.90	2.2×10^{-4}

Choice of C+T parameters is based on the maximum AUC in the training set. Hyper-parameters of C+T are the squared correlation threshold r_c^2 and the window size w_c of clumping, the p value threshold p_T and the threshold on the quality of imputation INFO_T . Choosing optimal hyper-parameters for C+T use 63%–90% of the individuals reported in Table 1. Resulting predictions of maxCT in the test set are reported in Figure 2.

WHAT DO YOU NEED?

1. A large well-powered GWAS for your trait of interest



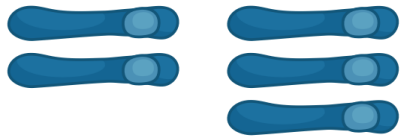
2. An independent cohort that has been genotyped



(3. That some individuals in the cohort has the phenotype)

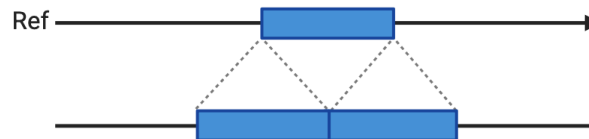
GENETIC DATA / GENETIC VARIATION

Chromosome abnormality



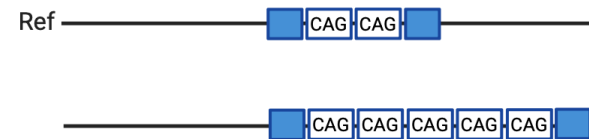
~Chromosome size

Copy number variants



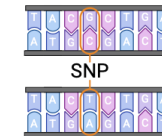
1000 - chromosome

Tandem repeats



2-5 | 15-100 base pairs

Single nucleotide polymorphism (SNP)



1 base pair

Size of the genetic variant

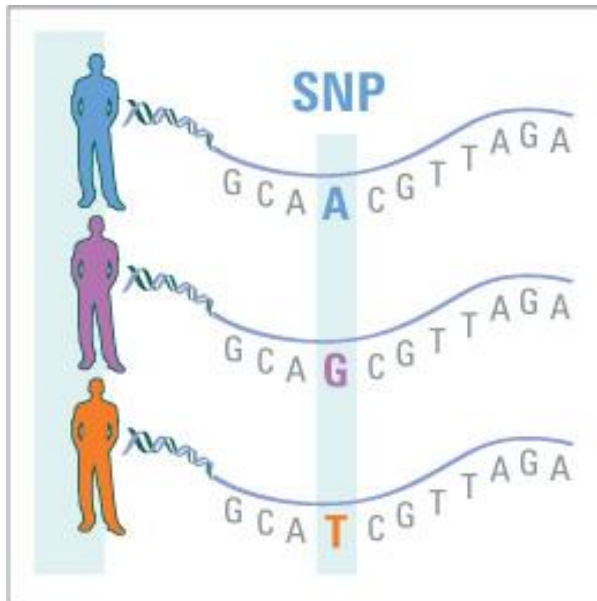
For PGS (GWAS) we are
interested in SNP/SNV
data

GENETIC VARIATION

SINGLE NUCLEOTIDE POLYMORPHISMS (SNPs)

A common change in a single base pair; ~1/1000 bp

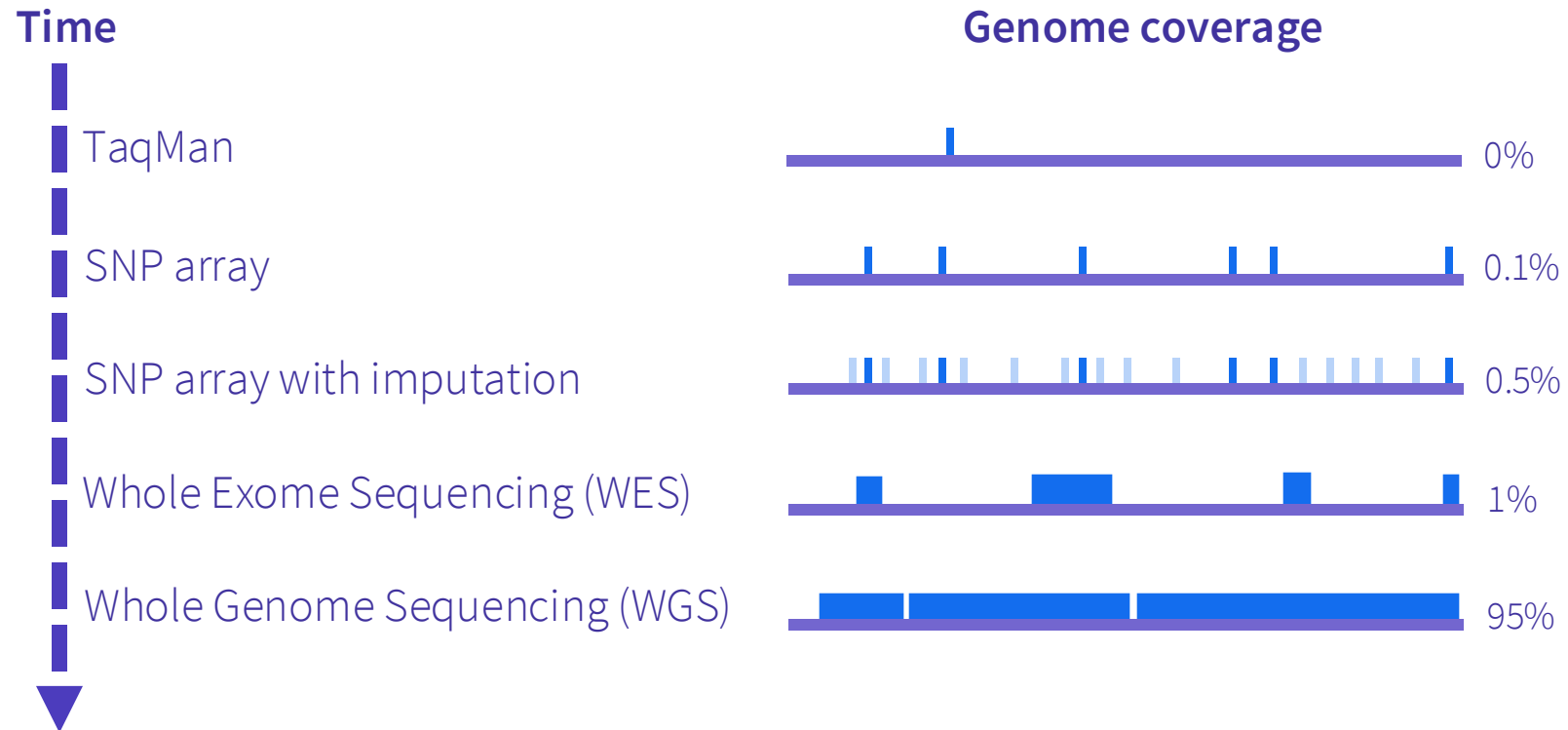
Accounts for ~90% of all variation in the human genome



All (known) SNPs has a unique identifier
(independent of alleles)

rsXXX – *Ref-SNP cluster ID number*

GENOMIC COVERAGE



GENOTYPING VS SEQUENCING

[illegible]

GENOTYPING VS SEQUENCING

Genotyping

[illegible]

GENOTYPING VS SEQUENCING

[illegible]

Genotyping

WES

GENOTYPING VS SEQUENCING

Genotyping

WES

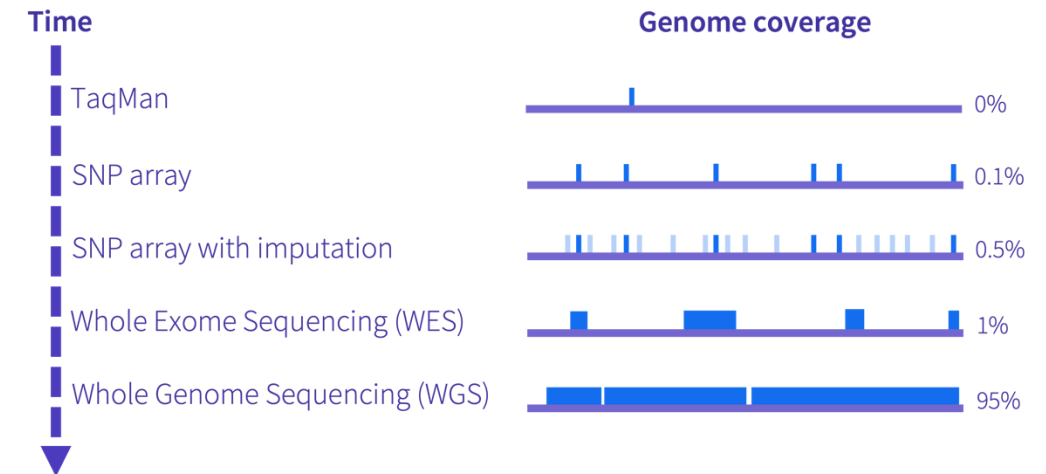
WGS

[illegible]

WHICH TECHNOLOGY?

The choice of technology for detecting single nucleotide polymorphisms (SNPs) depends upon the application.

For GWAS / PGS we use ‘*SNP array with imputation*’



GENOTYPING

Because of LD you do not have to analyse all 3,000,000,000 variants in the genome.

Typically, we genotype $\frac{1}{2}$ - 1 million variants

Because of LD we can impute (“guess” what variants are next to the genotyped variant) up til 10 million common genetic variants.

IMPUTATION

USING HAPLOTYPES

The true haplotypes

A	T	C
G	C	A

This individual has inherited a chromosome with alleles A-T-C from one parent, and G-C-A from the other parent

We observe only the genotypes

A/G T/C C/A

Genotype data does not carry information about the haplotypes.

We do not know whether A at SNP1 is coming from the same parent as T or C at SNP2

Different haplotypes

A	C	A
A	C	C
A	T	A
A	C	A
G	C	A
G	C	C
G	T	A
G	T	C

Phasing = estimate the most likely haplotypes

IMPUTATION

Genotypes

Study sample

...A...A...A...
...G...C...A...

Reference haplotypes

CGAGATCTCCCTTCTTCTGTGC
CGAGATCTCCCGACCTCATGG
CCAAGCTCTTTTCTTCTGTGC
CGAAGCTCTTTTCTTCTGTGC
CGAGACTCTCCGACCTTATGC
TGGGATCTCCCGACCTCATGG
CGAGATCTCCCGACCTTGTGC
CGAGACTCTTTTCTTTGTAC
CGAGACTCTCCGACCTCGTGC
CGAAGCTCTTTTCTTCTGTGC

From a sequencing study

Study sample

...A...A...A...
...G...C...A...

Reference haplotypes

CGAGATCTCCCTTCTTCTGTGC
CGAGATCTCCCGACCTCATGG
CCAAGCTCTTTTCTTCTGTGC
CGAAGCTCTTTTCTTCTGTGC
CGAGACTCTCCGACCTTATGC
TGGGATCTCCCGACCTCATGG
CGAGATCTCCCGACCTTGTGC
CGAGACTCTTTTCTTTGTAC
CGAGACTCTCCGACCTCGTGC
CGAAGCTCTTTTCTTCTGTGC

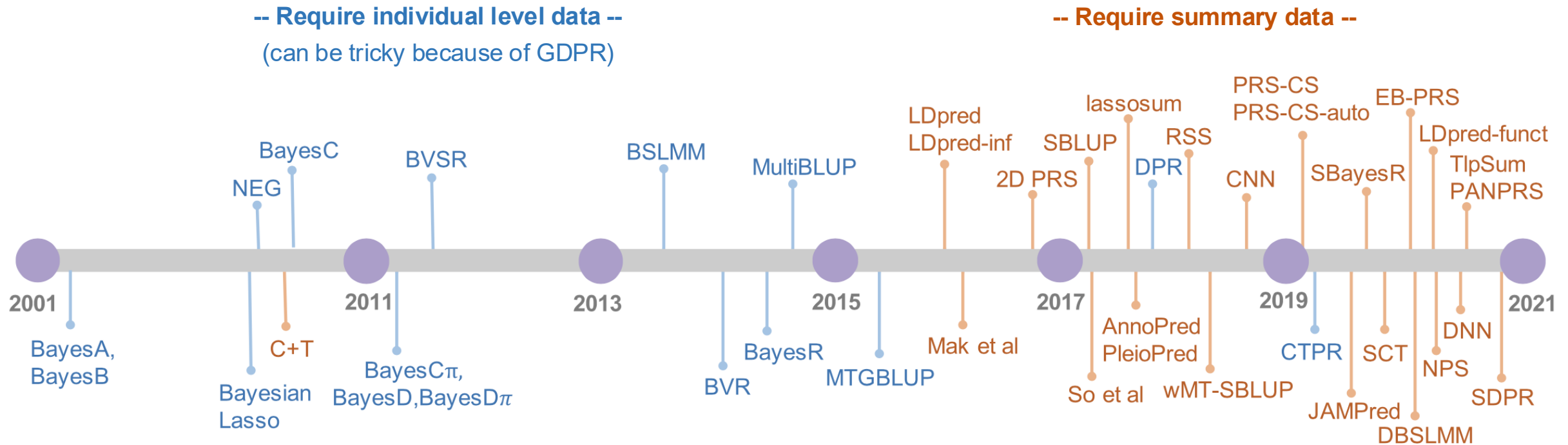
Study sample

cgagAtctcccgAcctcAtgg
cgaaGctcttttCtttcAtgg

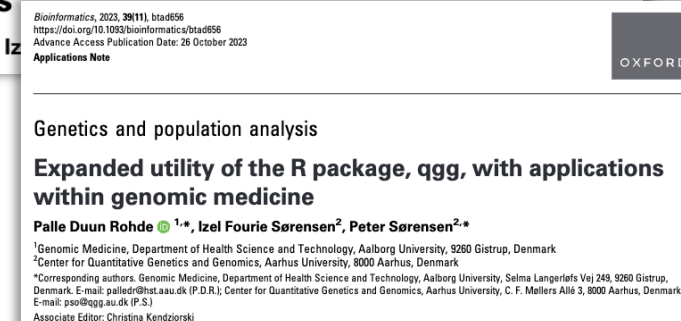
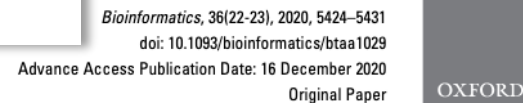
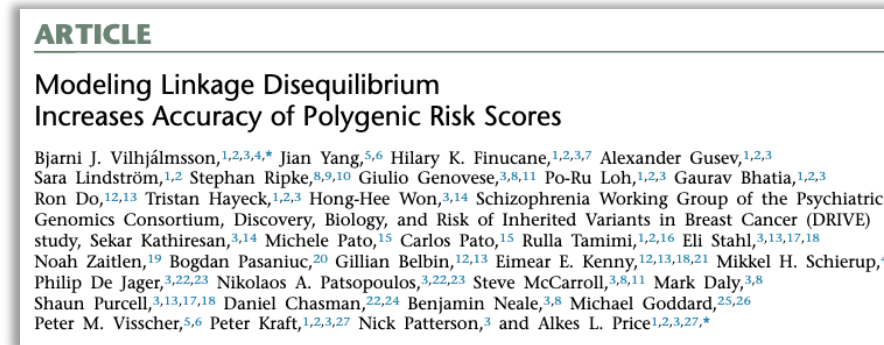
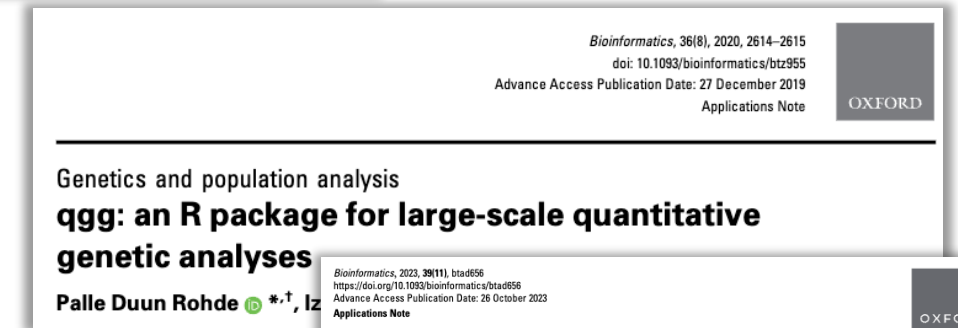
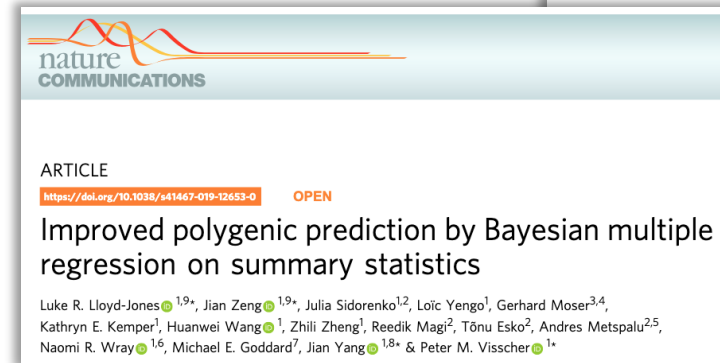
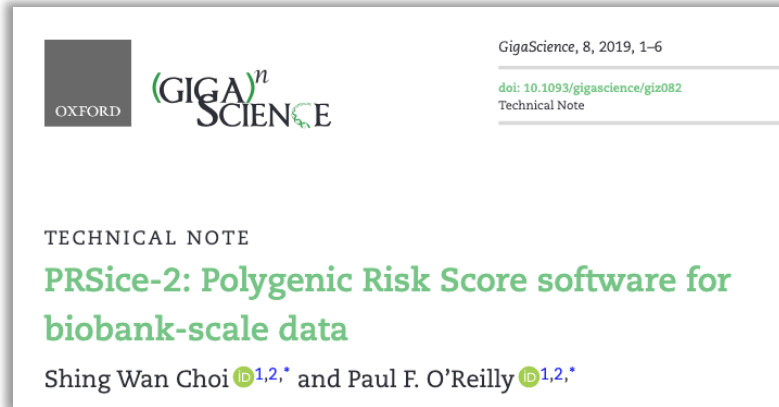
Reference haplotypes

CGGCCCCCGGCAATTTTTTTT
CGAGATCTCCCGACCTCATGG
CCAAGCTCTTTTCTTCTGTGC
CGAAGCTCTTTTCTTCTGTGC
CGAGACTCTCCGACCTTATGC
TGGGATCTCCCGACCTCATGG
CGAGATCTCCCGACCTTGTGC
CGAGACTCTTTTCTTTGTAC
CGAGACTCTCCGACCTCGTGC
CGAAGCTCTTTTCTTCTGTGC

A LARGE PALETTE OF PGS METHODS



COMMONLY USED METHODS



COMMONLY USED METHODS

Different shrinkage methods

Clumping and thresholding (C+T)

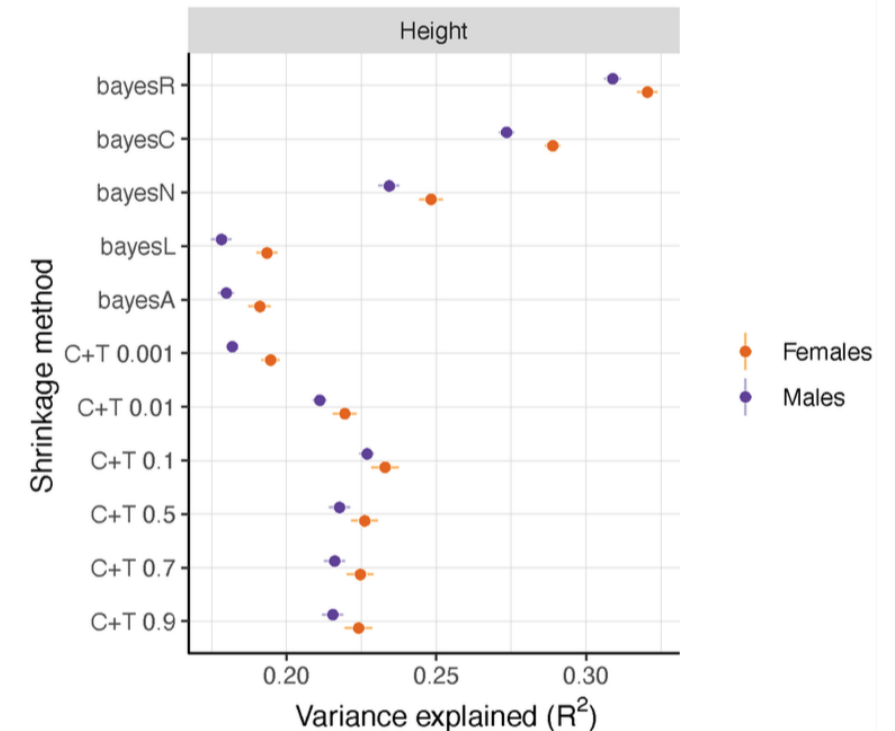
Bayes-N; $\beta \sim N(0, \sigma_\beta^2)$

Bayes-L; $f(\beta_j | \tau_j^2, \sigma_e^2) \sim N(\beta_j | 0, \tau_j^2 \times \sigma_e^2)$

Bayes-A; $\beta_j \sim N(0, \sigma_{\beta_j}^2)$

Bayes-C; $\beta_j \sim N(0, \sigma_{\beta_j}^2)$ with probability π , and $\beta_j = 0$ with probability $(1 - \pi)$, where π is assumed to follow a beta-distribution.

Bayes-R; $\beta_j \sim N(0, \gamma_C \sigma_{\beta_j}^2)$, where C defines number of classes (e.g., $C=4, \gamma = (0, 0.01, 0.1, 1.0)$)



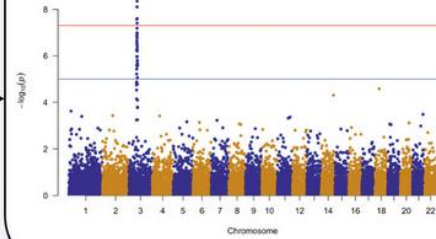
1. Discovery

a. Individual-level data

	SNP 1	SNP 2	SNP 3	y
1	CT	AA	CA	12
2	CT	AA	CA	5
3	TT	TT	CC	10
4	CC	AT	AA	8

$$b = \frac{x_j^t y}{x_j^t x_j}$$

b. GWAS results



c. Summary-level data

	SNP 1	SNP 2	SNP 3	SNP 4
Effect allele	C	A	C	T
Weight	0.2	-0.3	0.1	0.2

GWAS Repositories



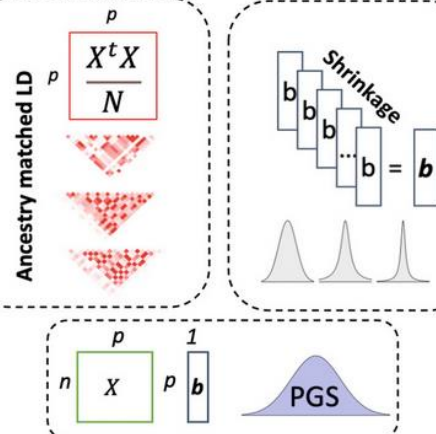
GWAS catalog



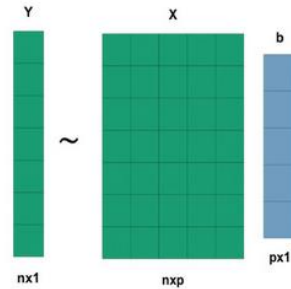
Open GWAS

2. Validation

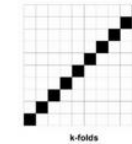
d.



e. Optimization vs phenotype



f. ☐ Cross-validation for parameter tuning



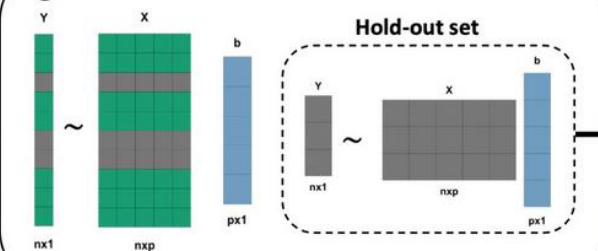
☐ PGS repositories:

- PGS catalog
- PGI repository

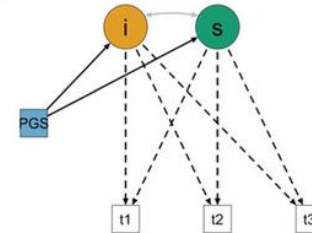
☐ Single score methods (e.g. SBLUP)

3. Target

g.



h.

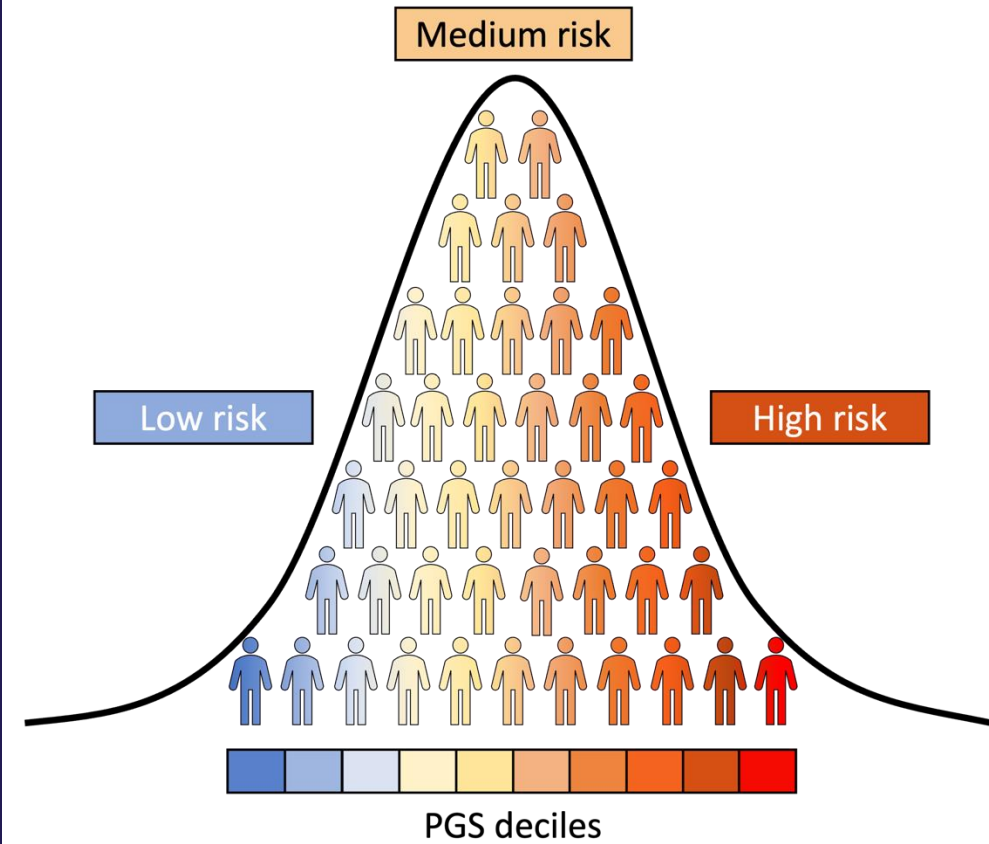


i.

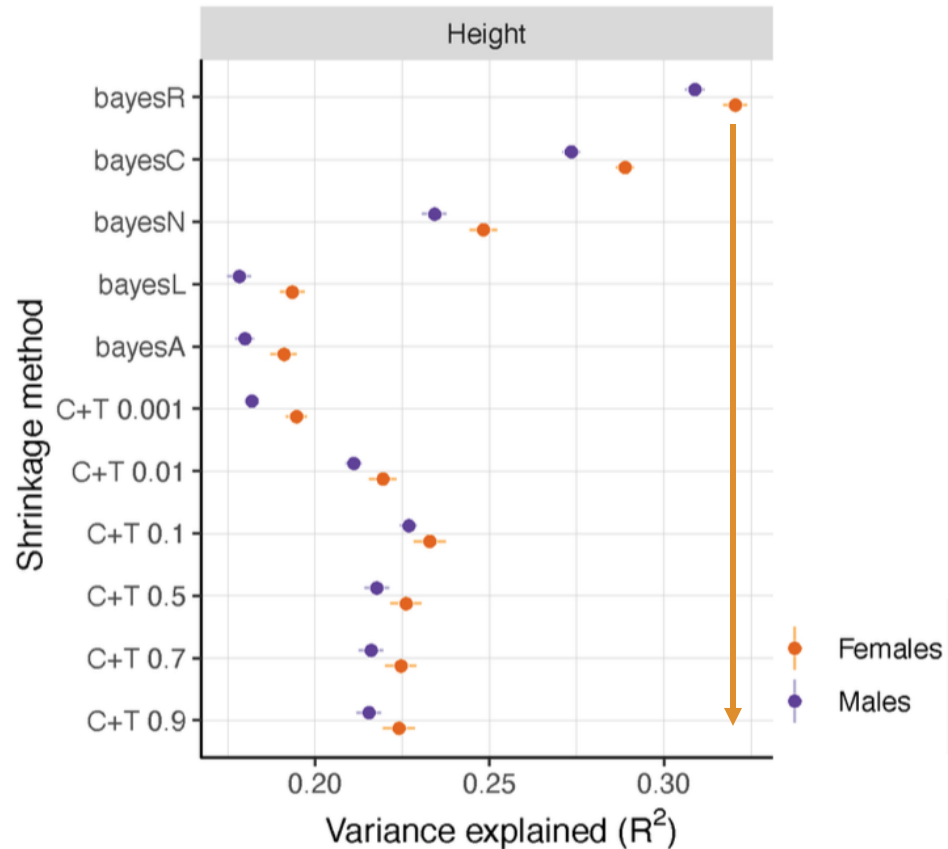
☐ Optimization of PGS holding-out data for testing

☐ Split-validation

CHALLENGES WITH PGS



HOW GOOD ARE PGS?



For human height the **best PGS** has an **accuracy of ~40%**.

Human height has a **heritability (h^2) of ~65%**.

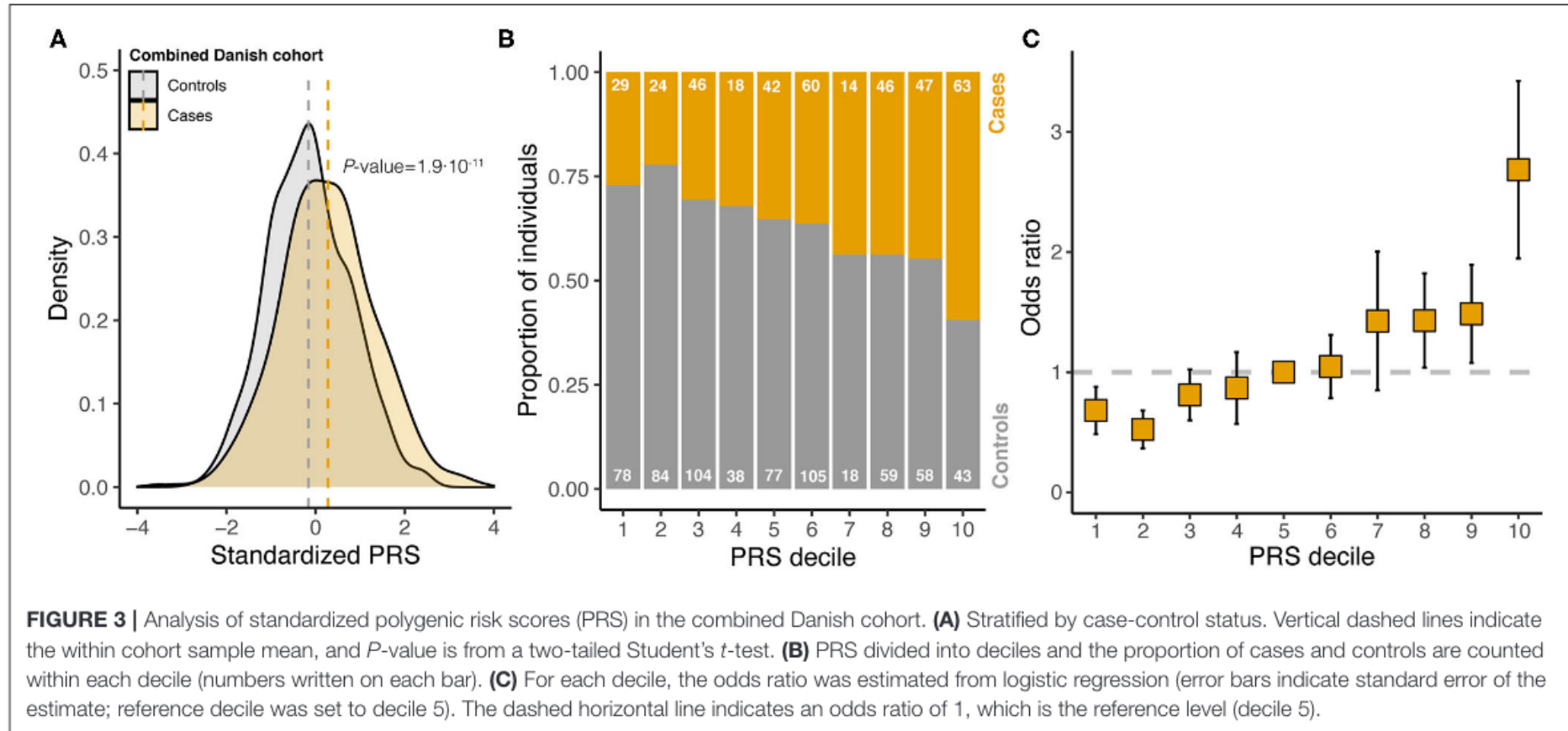
The heritability is the boundary of how accurately we can predict the phenotype, thus, for human height the maximum accuracy is expected to be 65%.

Thus, for human height we currently lack 30% variance explained

Several reasons/challenges for lack of predictive ability

CHALLENGE 1

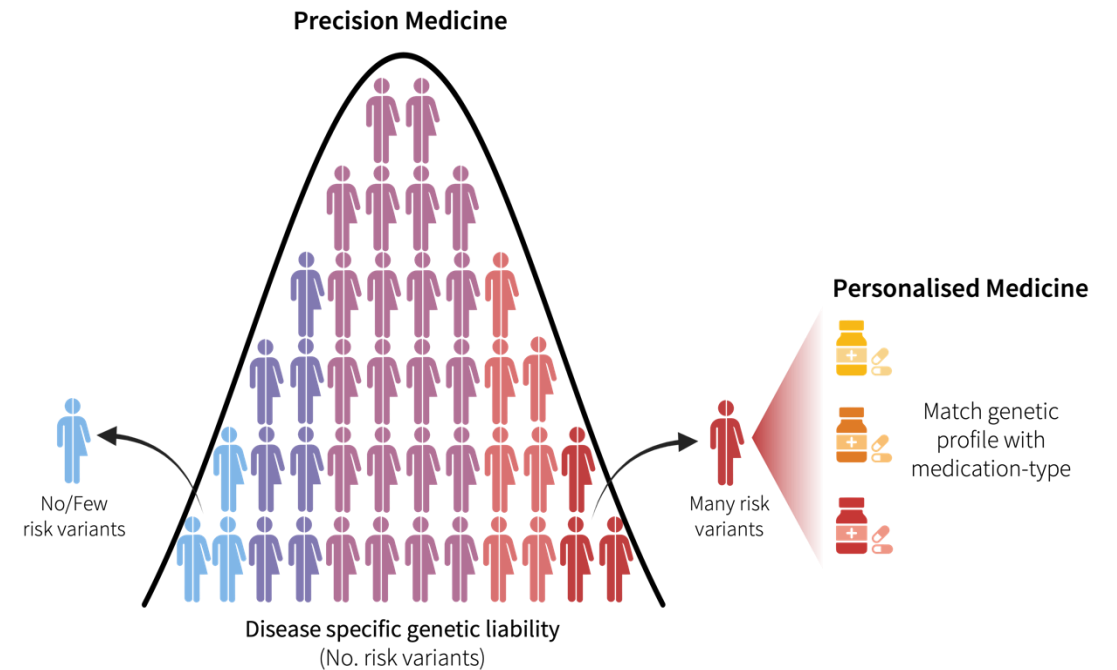
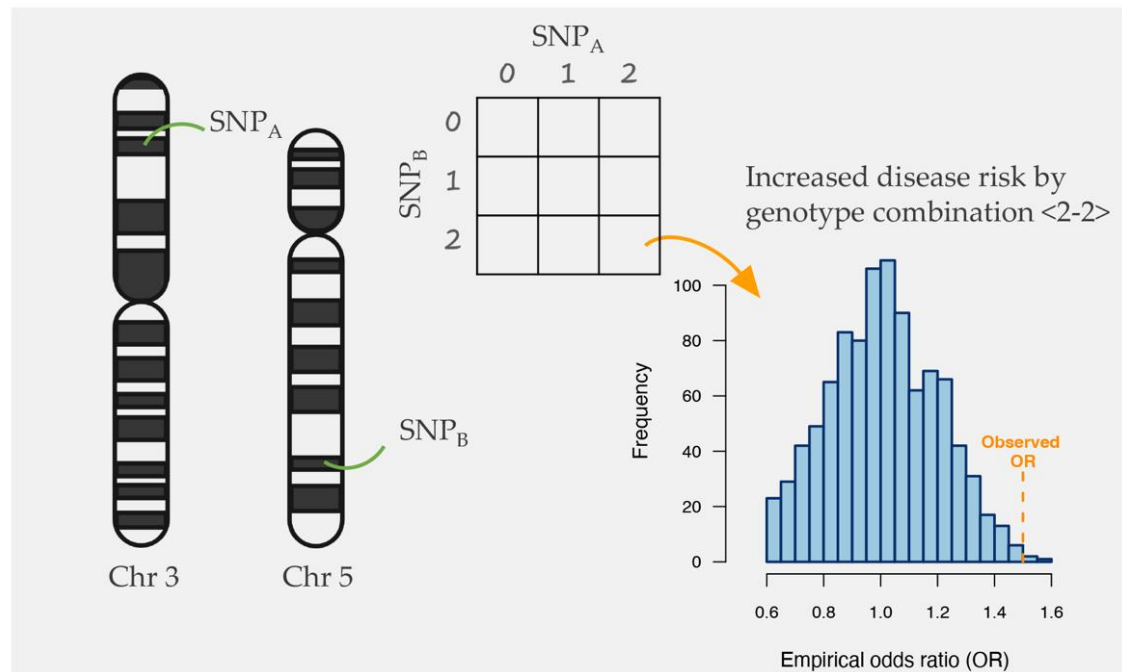
TOO MANY WITH "AVERAGE" SCORE



$$PGS = \sum X_i b_i$$

CHALLENGE 2

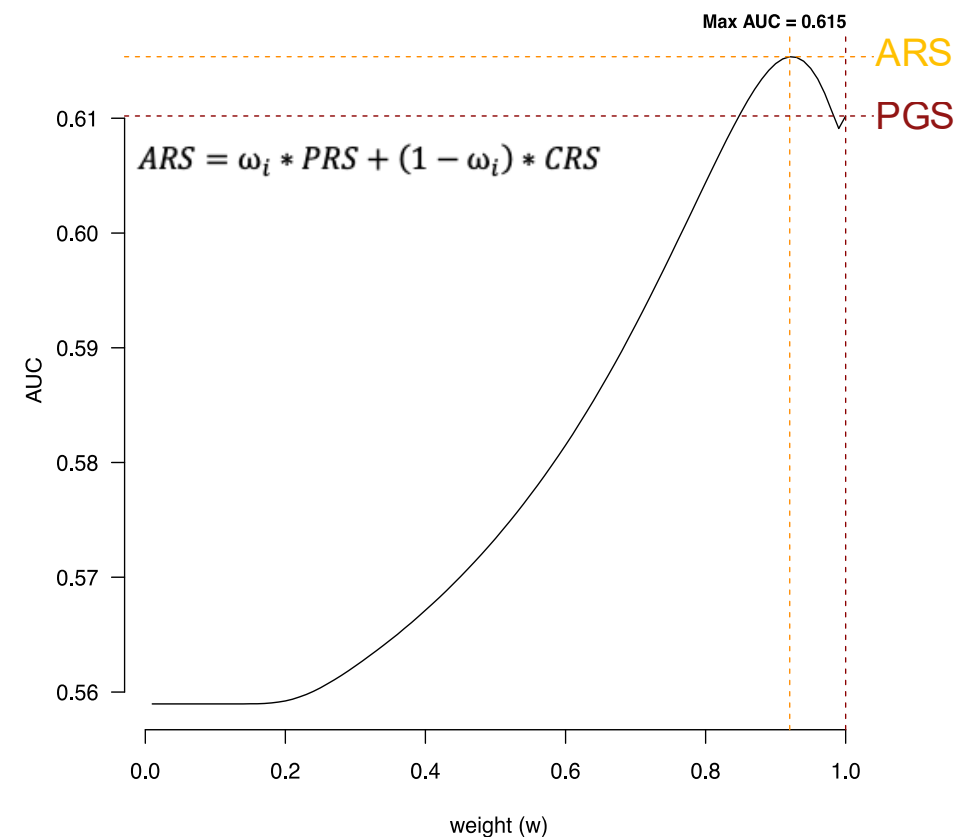
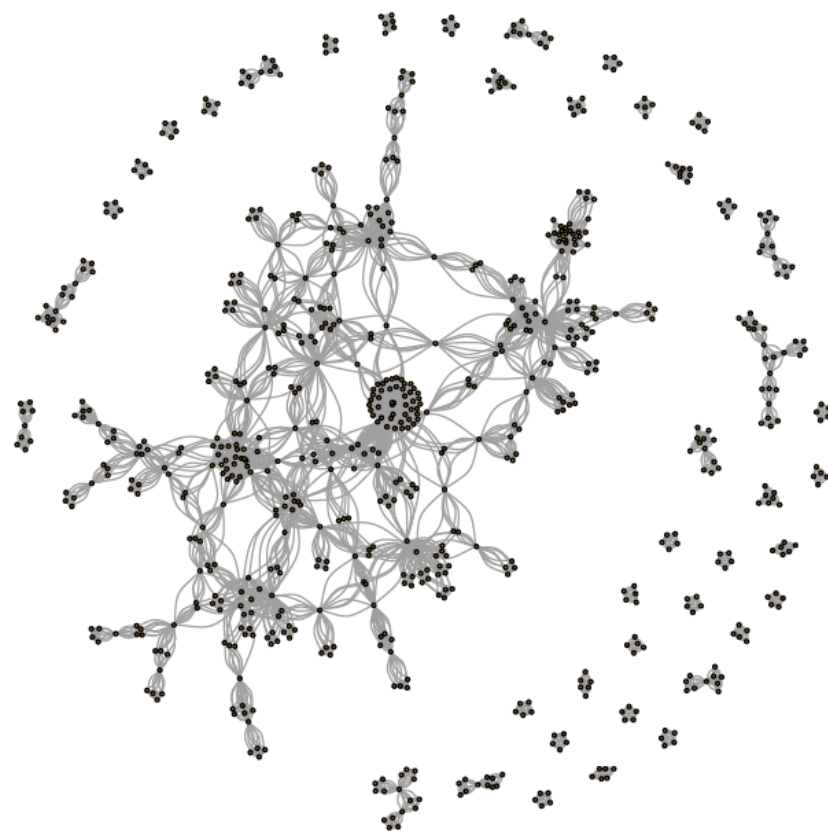
PGS ARE BASED ON ADDITIVE EFFECTS



CHALLENGE 2

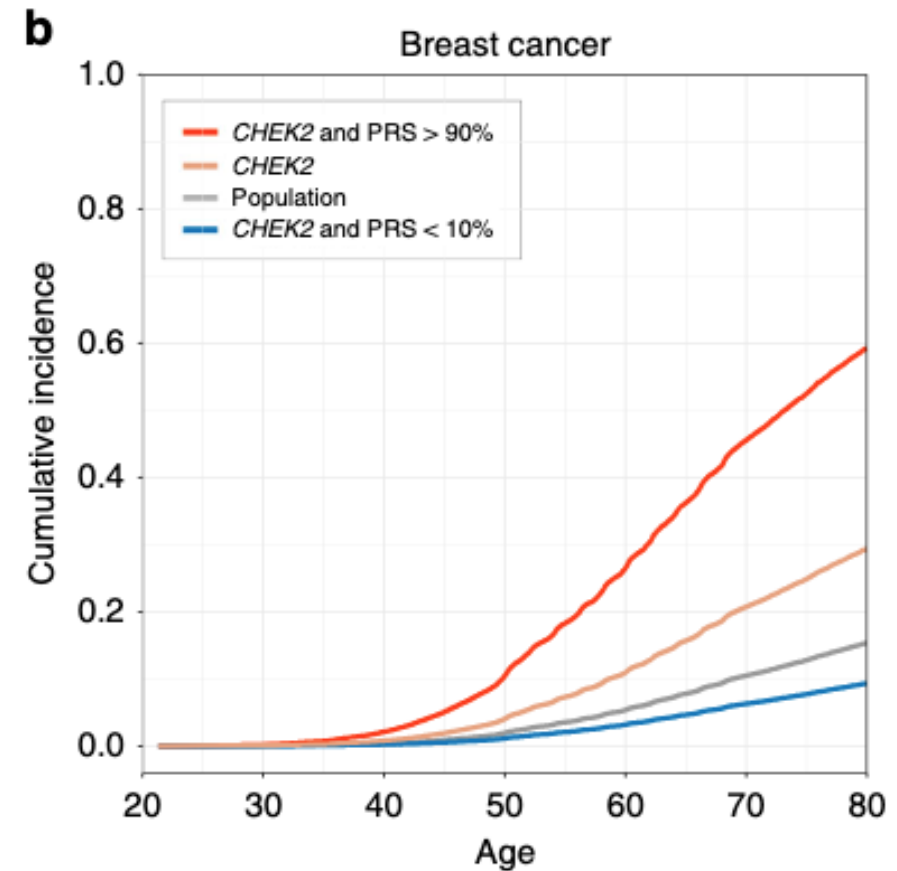
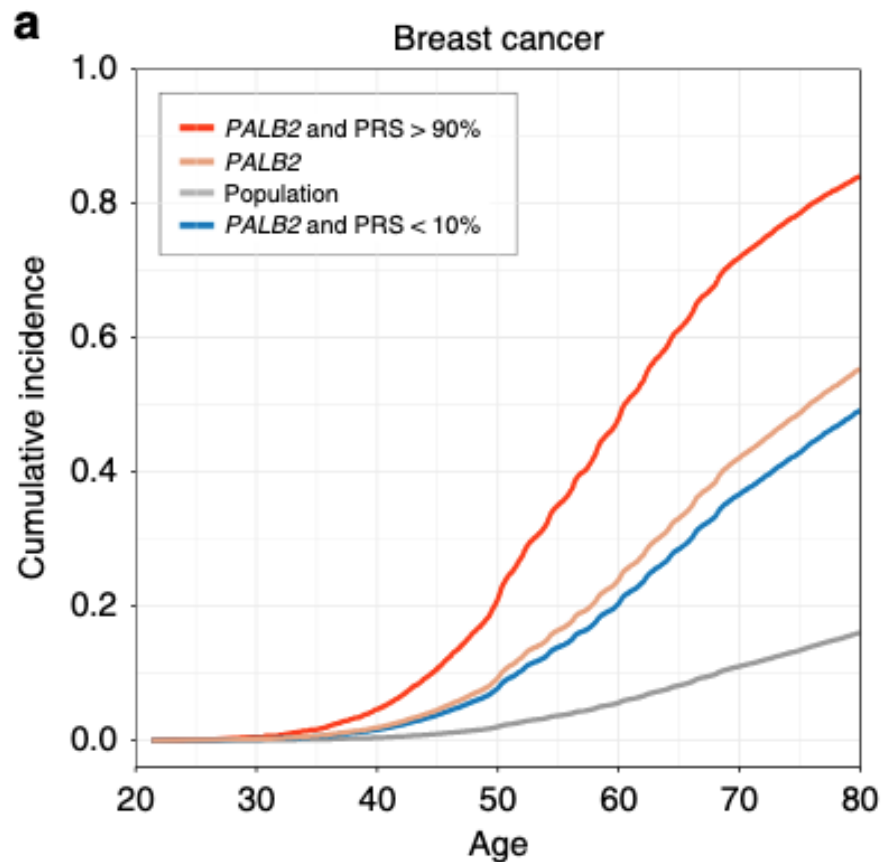
PGS ARE BASED ON ADDITIVE EFFECTS

$$PGS = \sum X_i b_i$$



CHALLENGE 3

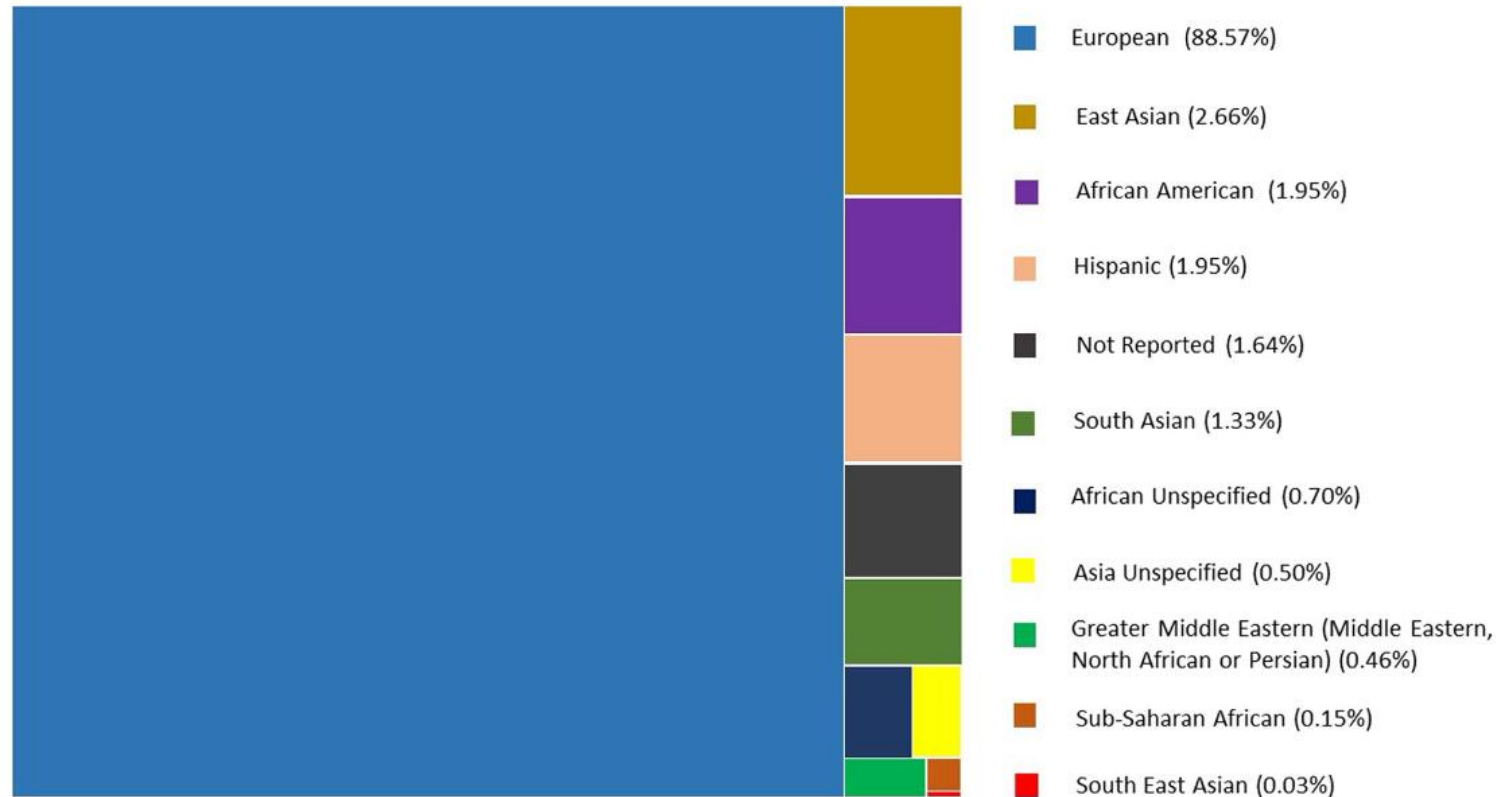
PGS ARE BASED ON COMMON SNPs



CHALLENGE 4

POPULATION SPECIFIC

Broad ancestry categories contributing to development and evaluation of PGS scores



Prediction of T2D

Population	Liability R^2	Covariates-adjusted AUC
European	9.2%	0.66
African	2.8%	0.58
Hispanic	8.0%	0.63

SESSION 2

- ▶ The first polygenic score
- ▶ What you need is...
- ▶ Commonly used scoring algorithms
- ▶ Workflow
- ▶ Current challenges with PGS?





BREAK

AGENDA

08:00 – 08:30	Welcome and common introductions
08:30 – 09:10	Session 1: Introduction to Polygenic Scores (PGS)
09:10 – 09:20	Break
09:20 – 10:00	Session 2: Data Sources and Computational Methods
10:00 – 10:10	Break
10:10 – 10:40	Session 3: Evaluating and Interpreting Polygenic Scores
10:40 – 11:00	Break
11:00 – 11:45	Session 4: Advanced Applications and Future Directions
11:45 – 12:30	Lunch and short walk
12:30 – 15:30	Identification of 2-3 projects of common interest
15:30 – 16:00	Next steps and thank you for today

SESSION 3

- ▶ How to measure 'accuracy'?
- ▶ Interpretability and risk communication
- ▶ Lack of transferability
- ▶ Applications...?



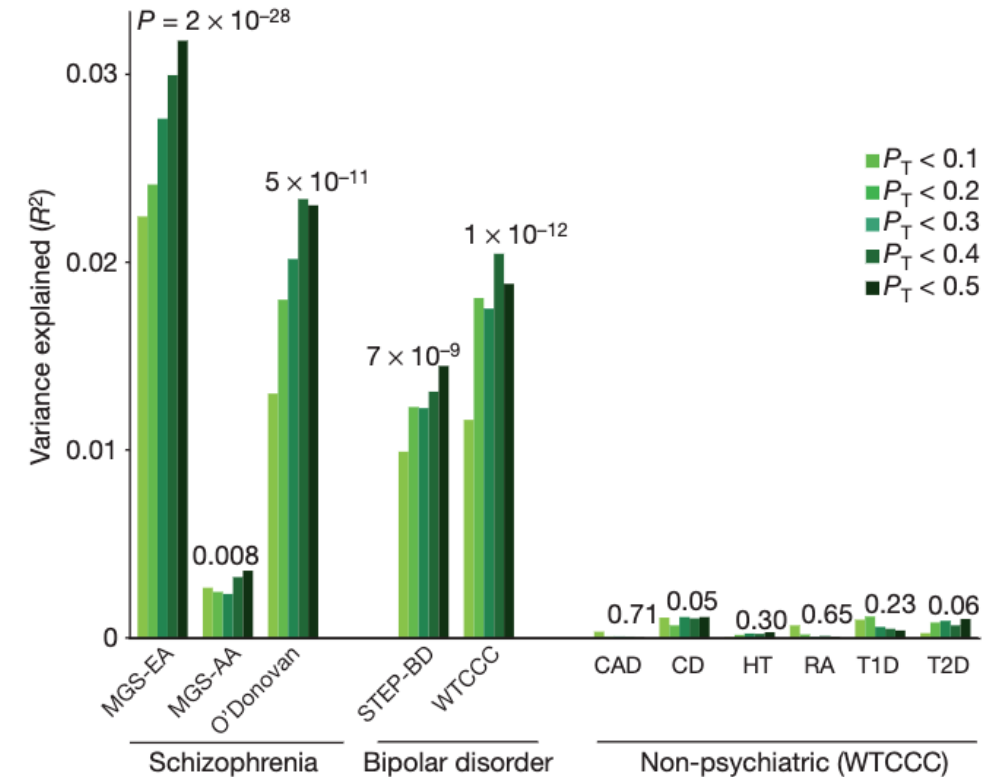
EVALUATE POLYGENIC PROFILES

$$y = Xb + Zc + e$$

y = phenotype; X = PGS; Z = covariates

Compare variance explained from the full model (with X+covariates) compared to a reduced model (covariates only)

Variance explained (R^2) for quantitative traits, and Nagelkerke's R^2 for binary traits (**however, NagR2 is biased with disease prevalence!**)



The International Schizophrenia Consortium (2009) Nature, 460

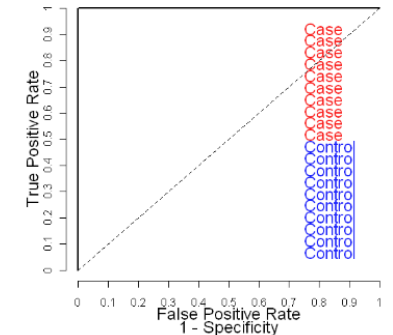
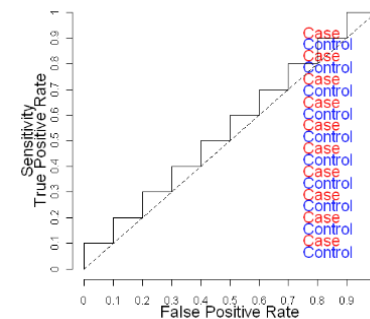
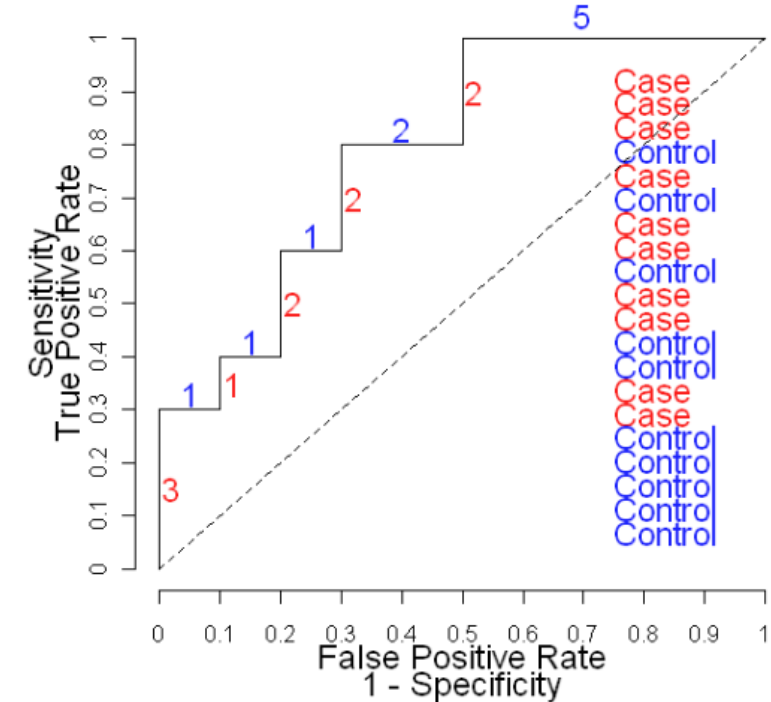
EVALUATE POLYGENIC PROFILES

Area Under Receiver Operator Characteristic Curve (AUC)

Well established measure of validity of tests for classifier diseased vs non-diseased individuals

- Nice property – independent to proportion of cases and controls in sample
- Range 0.5 to 1
- 0.5 the score has no predictive value
- **Probability that a randomly selected case has a score higher than a randomly selected control**

Rank individuals on score from highest ranked to lowest



EVALUATE POLYGENIC PROFILES

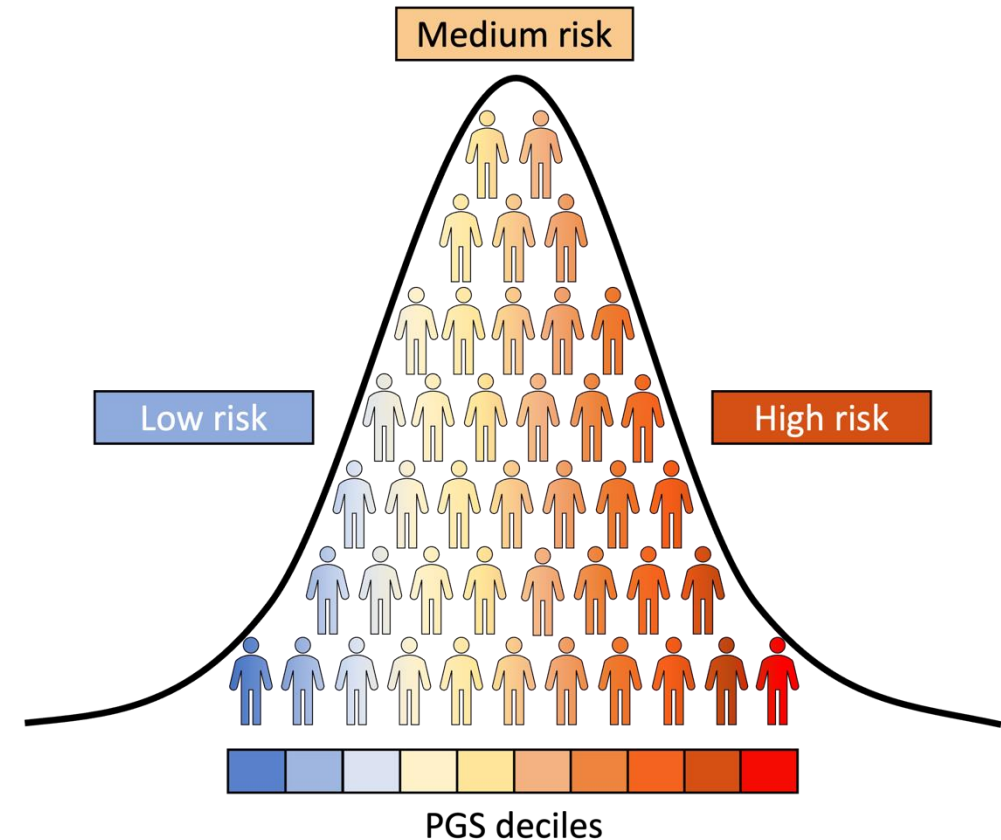
Odds ratio (OR)

Cut the distribution into deciles

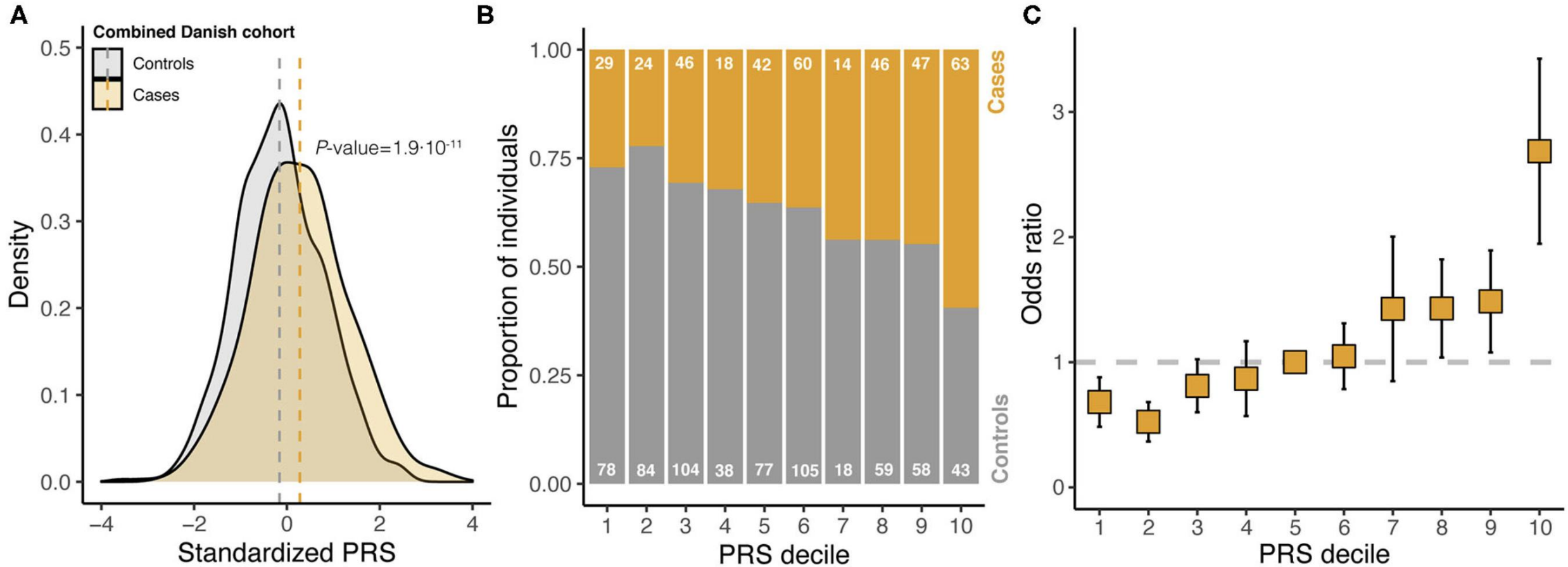
Each decile will include both cases and controls

Odds of being a case in each decile

Odds ratio for each decile compared to the first decile



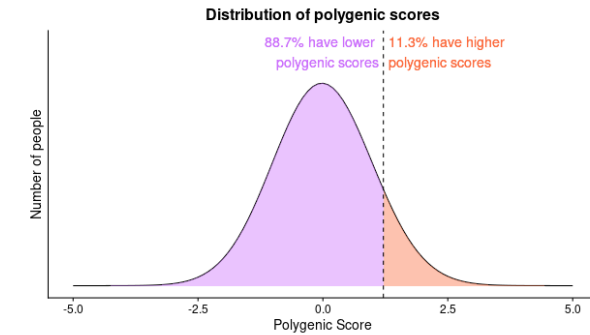
A 14-SNP PGS



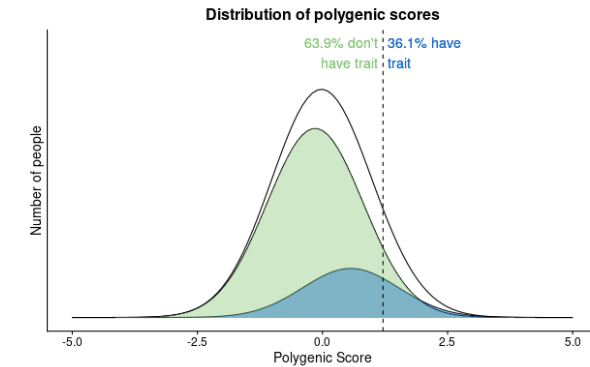
INTERPRETABILITY & RISK COMMUNICATION

- The risk associated with the PGS is a relative risk
 - People have suggested methods to convert relative PGS risk to absolute risks (https://opain.github.io/GenoPred/PRS_to_Abs_tool.html)
- The relative risk may sound high, but the absolute risk is low
- Hard to use meaningfully in clinical decisions without baseline risk
- Effective for population stratification, less so for individual prediction
- Lack of population transferability

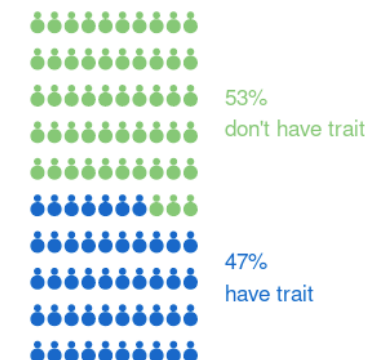
Relative Risk



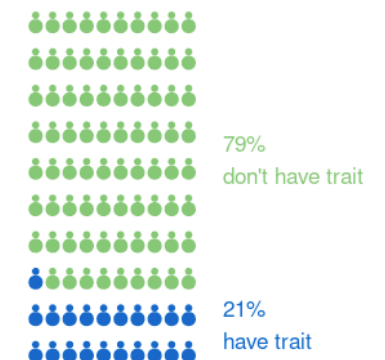
Absolute Risk



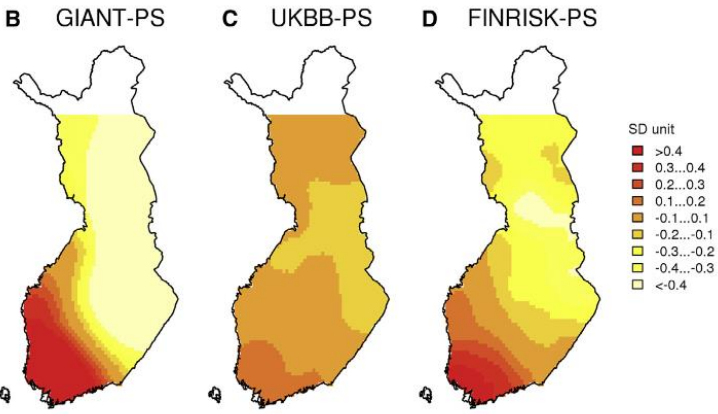
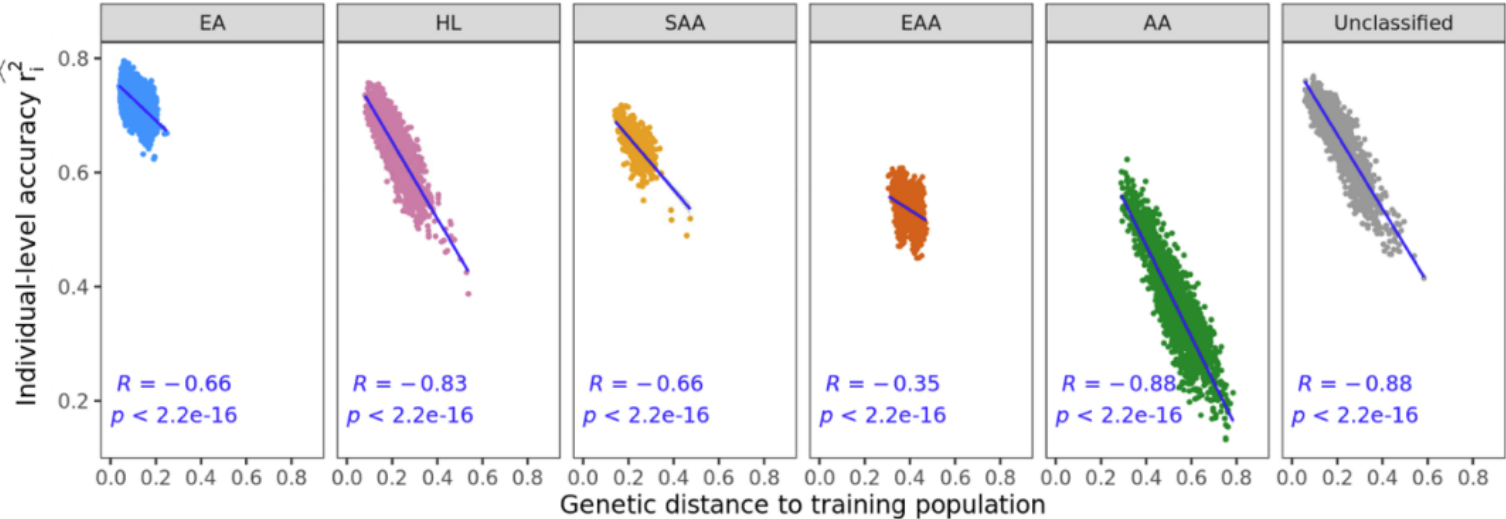
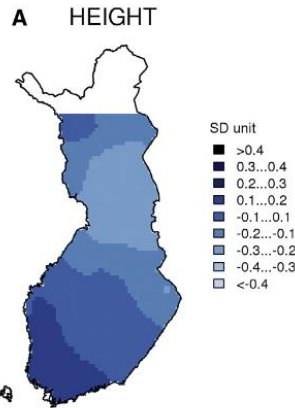
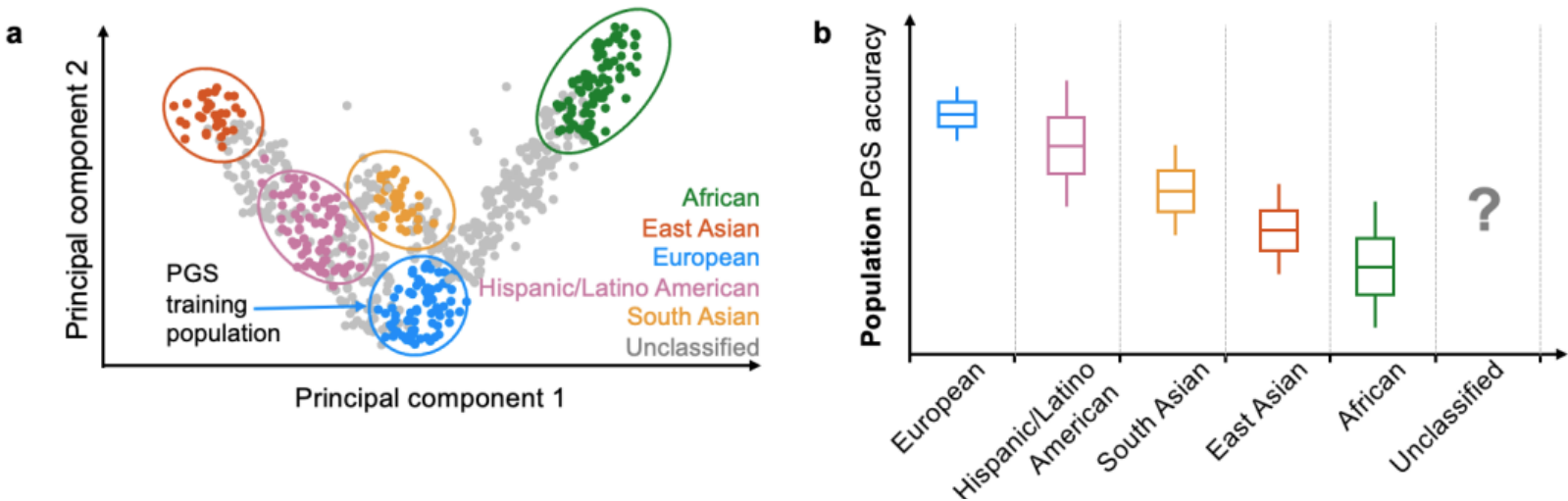
Of people with your genetics,



In the general population,



LACK OF TRANSFERABILITY



APPLICATIONS?



PGS FOR CAD

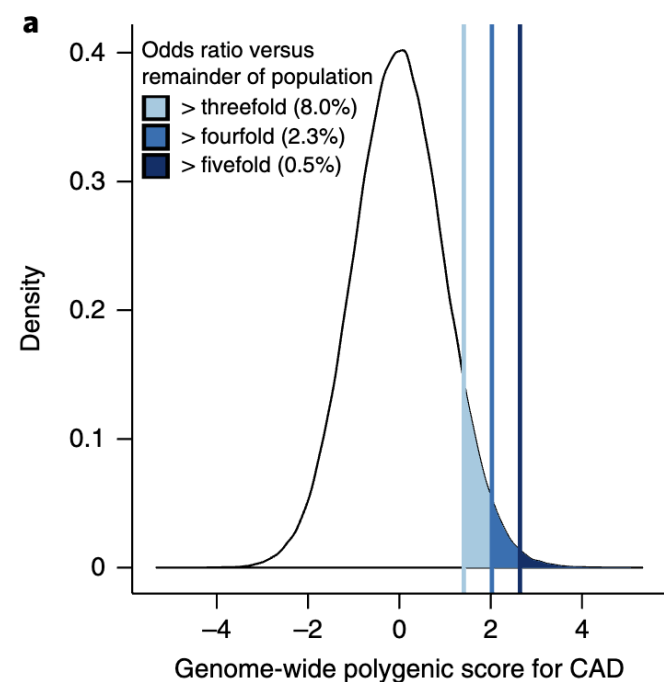
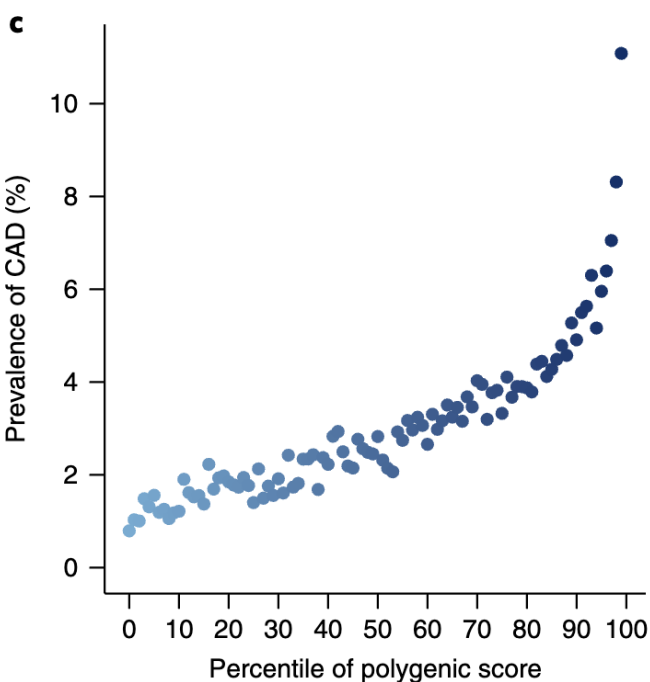
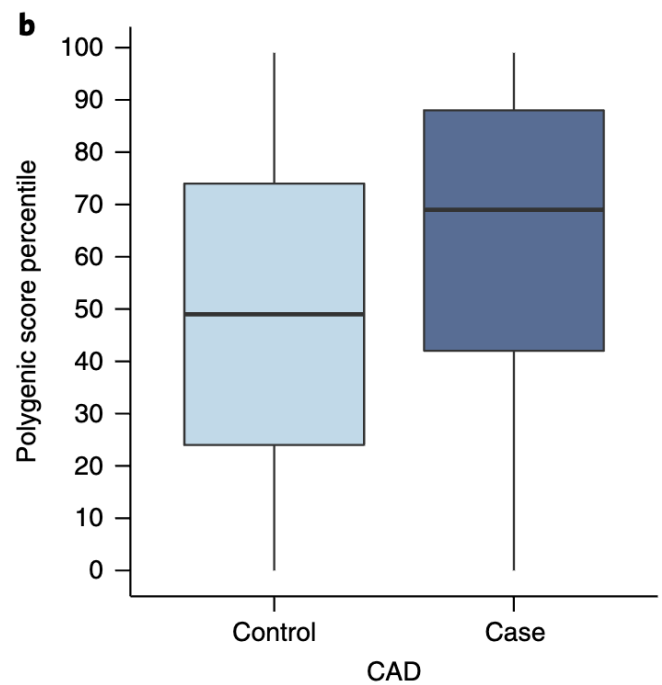


Table 2 | Proportion of the population at three-, four- and fivefold increased risk for each of the five common diseases

High GPS definition	Individuals in testing dataset (n)	% of individuals
Odds ratio ≥ 3.0		
CAD	23,119/288,978	8.0

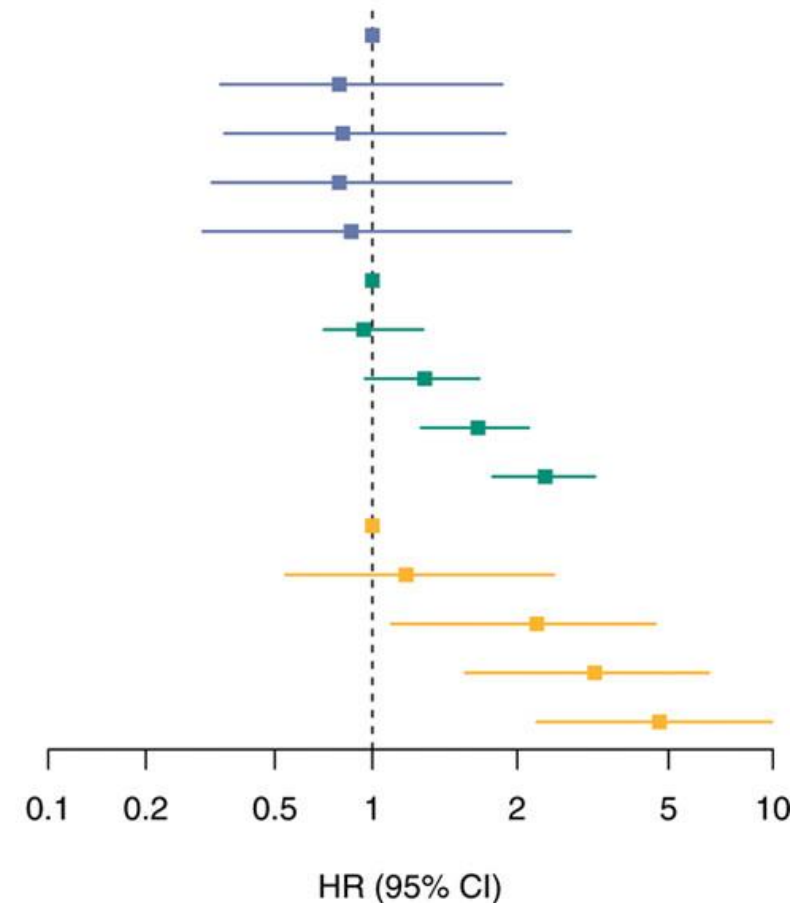
Table 3 | Prevalence and clinical impact of a high GPS

High GPS definition	Reference group	Odds ratio	95% CI	P value
CAD				
Top 20% of distribution	Remaining 80%	2.55	2.43–2.67	$<1 \times 10^{-300}$
Top 10% of distribution	Remaining 90%	2.89	2.74–3.05	$<1 \times 10^{-300}$
Top 5% of distribution	Remaining 95%	3.34	3.12–3.58	6.5×10^{-264}
Top 1% of distribution	Remaining 99%	4.83	4.25–5.46	1.0×10^{-132}
Top 0.5% of distribution	Remaining 99.5%	5.17	4.34–6.12	7.9×10^{-78}



STRATIFIED USE OF PGS

Group	LDL-C (mg/dL)	HR (95%CI)	P value	Total Inds / Cases
Low PRS	<100	1	[Reference]	1142 / 7
	100 – <130	0.79 (0.34–1.84)	0.58	4194 / 26
	130 – <160	0.81 (0.35–1.87)	0.62	4570 / 38
	160 – <190	0.79 (0.32–1.93)	0.6	2264 / 21
	≥ 190	0.86 (0.3–2.71)	0.86	701 / 7
Int PRS	<100	1	[Reference]	6824 / 61
	100 – <130	0.94 (0.71–1.24)	0.66	28352 / 283
	130 – <160	1.25 (0.95–1.63)	0.11	38352 / 615
	160 – <190	1.62 (1.23–2.13)	<0.001	21576 / 483
	≥ 190	2.34 (1.75–3.14)	<0.001	7867 / 246
High PRS	<100	1	[Reference]	624 / 8
	100 – <130	1.15 (0.54–2.46)	0.72	3082 / 44
	130 – <160	2.23 (1.08–4.59)	0.03	4808 / 151
	160 – <190	3.14 (1.52–6.5)	0.002	3091 / 144
	≥ 190	4.71 (2.23–9.94)	<0.001	1267 / 81

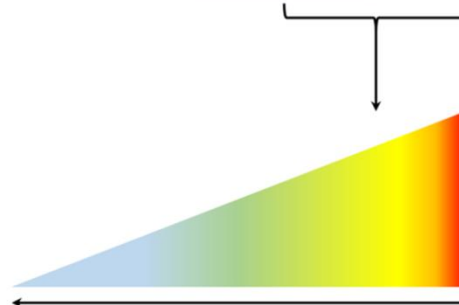


RISK ASSESSMENT FOR OBSTRUCTIVE CAD

Three models for estimating the probability of obstructive coronary artery disease

A AHA/ACC guideline model

Age	Dyspnea		Chest pain	
	Women	Men	Women	Men
30-39	3	0	< 5	< 4
40-49	3	12	< 10	< 22
50-59	9	20	< 13	< 32
60-69	14	27	< 16	< 44
> 70	12	32	< 27	< 52



Downgrading individual PTP estimates based on patients symptoms and risk factors

B ESC guideline model

Age	Dyspnea		Non-anginal		Atypical angina		Typical angina	
	Women	Men	Women	Men	Women	Men	Women	Men
30-39	3	0	1	1	3	4	5	3
40-49	3	12	2	3	6	10	10	22
50-59	9	20	3	11	6	17	13	32
60-69	14	27	6	22	11	26	16	44
> 70	12	32	10	24	19	34	27	52

C Risk factor weighted clinical likelihood model

	Non-anginal pain						Atypical angina or dyspnea						Typical angina					
	Women			Men			Women			Men			Women			Men		
Number of risk factors	0-1	2-3	4-5	0-1	2-3	4-5	0-1	2-3	4-5	0-1	2-3	4-5	0-1	2-3	4-5	0-1	2-3	4-5
Age: 30-39	0	1	2	1	2	5	0	1	3	2	4	8	2	5	10	9	14	22
Age: 40-49	1	1	3	2	4	8	1	2	5	3	6	12	4	7	12	14	20	27
Age: 50-59	1	2	5	4	7	12	2	3	7	6	11	17	6	10	15	21	27	33
Age: 60-69	2	4	7	8	12	17	3	6	11	12	17	25	10	14	19	32	35	39
Age: 70-80	4	7	11	15	19	24	6	10	16	22	27	34	16	19	23	44	44	45

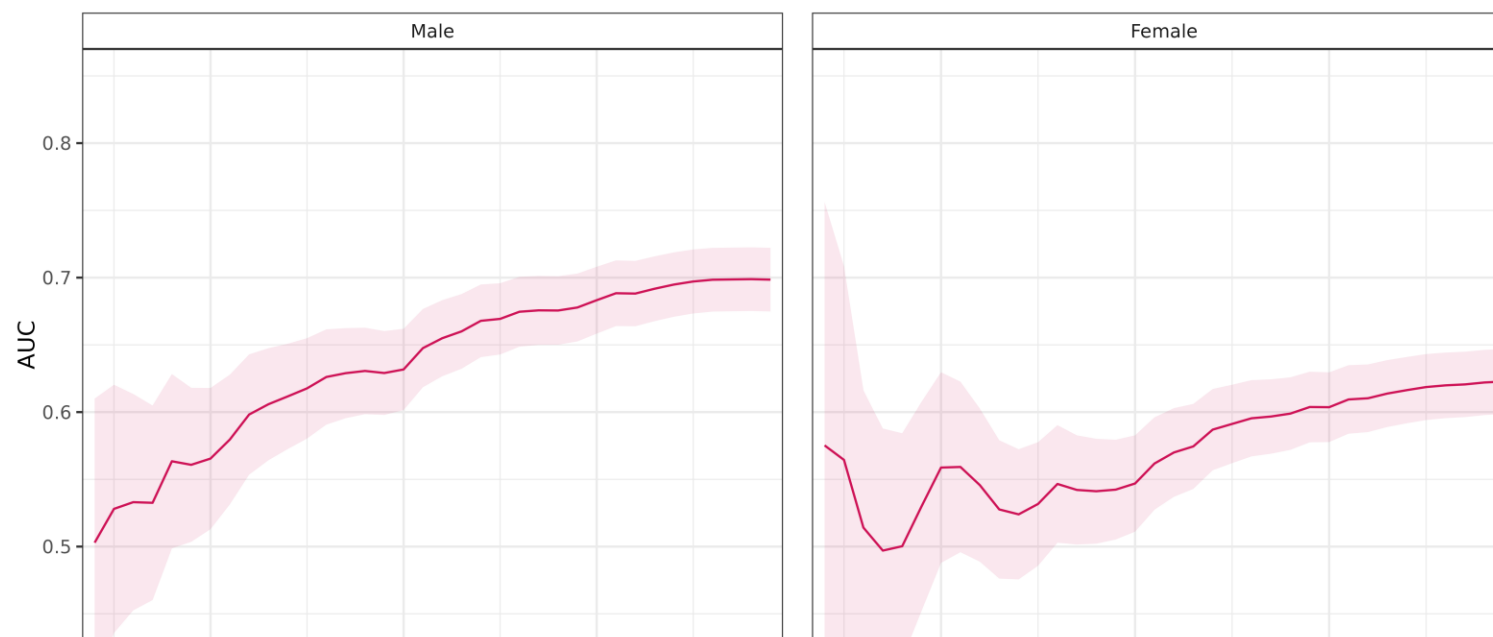
Chest pain symptom typicality: Typical (3 of 3 classic symptoms in form of sensation, provoking and relieving factors), atypical (2 of 3 classic symptoms) and non-angina (0 or 1 of 3 classic symptoms)
Risk factors: Family history, smoking, hyperlipidemia, hypertension, diabetes

0-5: Low risk

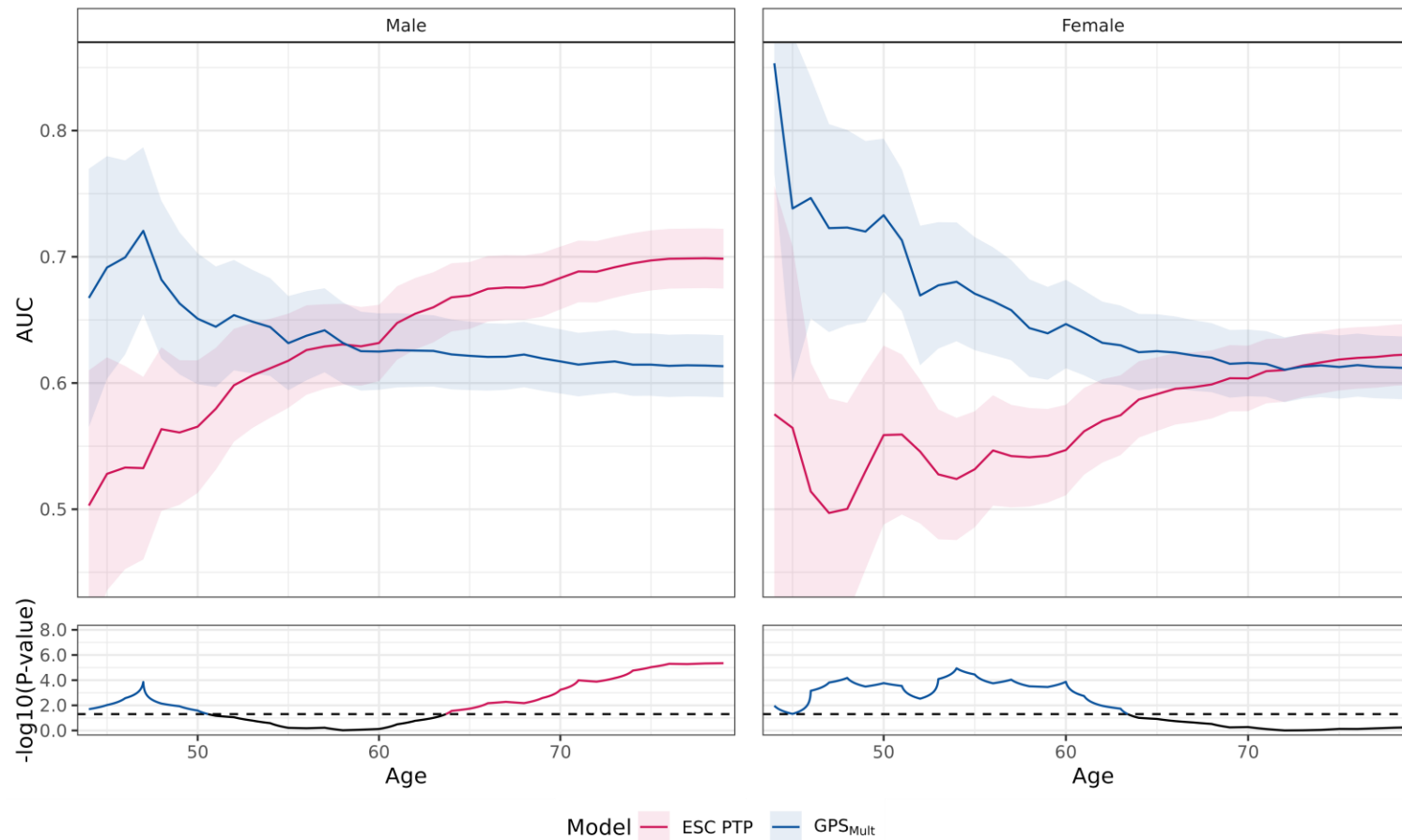
5-15: Intermediate risk

>15 high risk

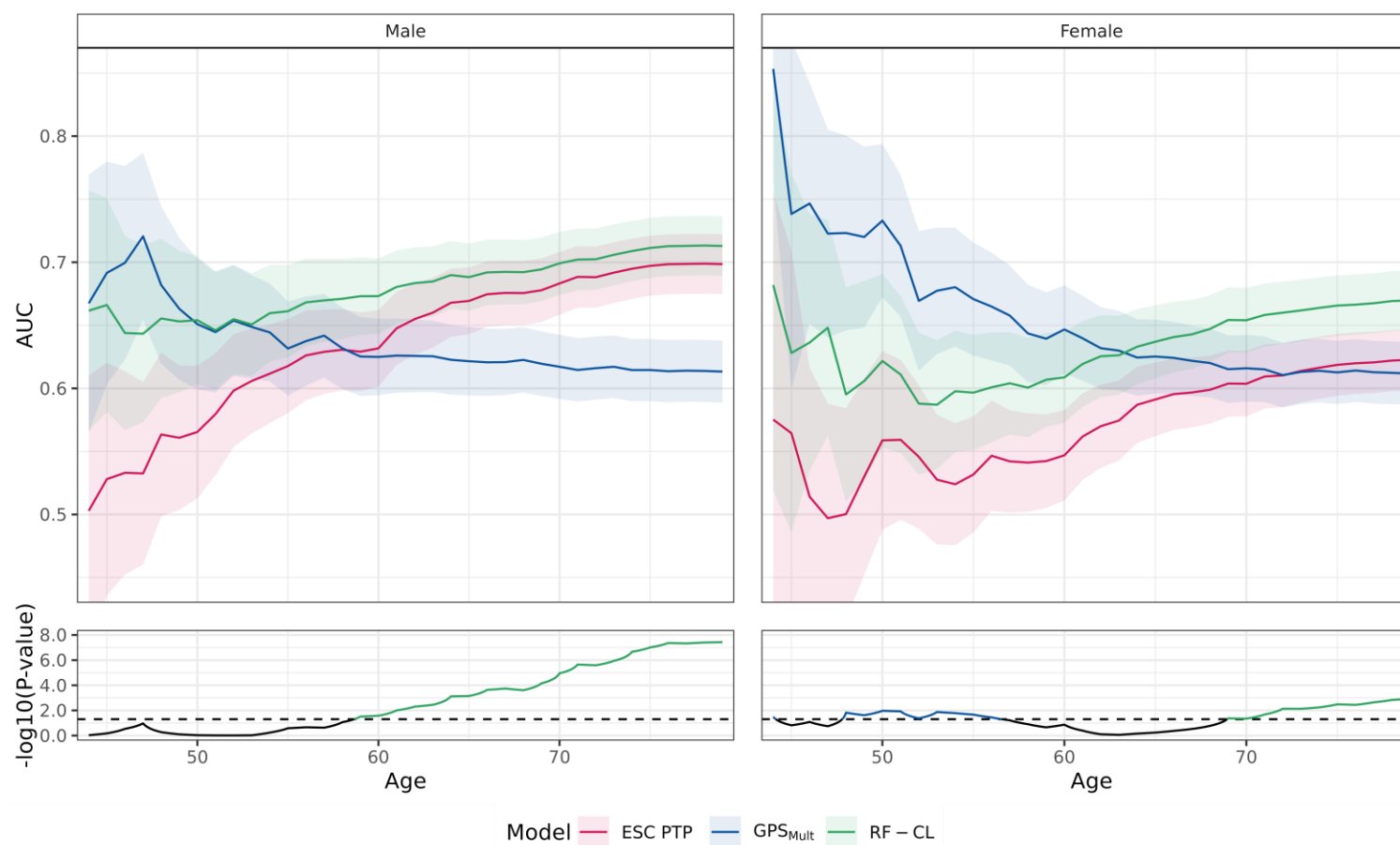
STRATIFIED USE OF PGS



STRATIFIED USE OF PGS



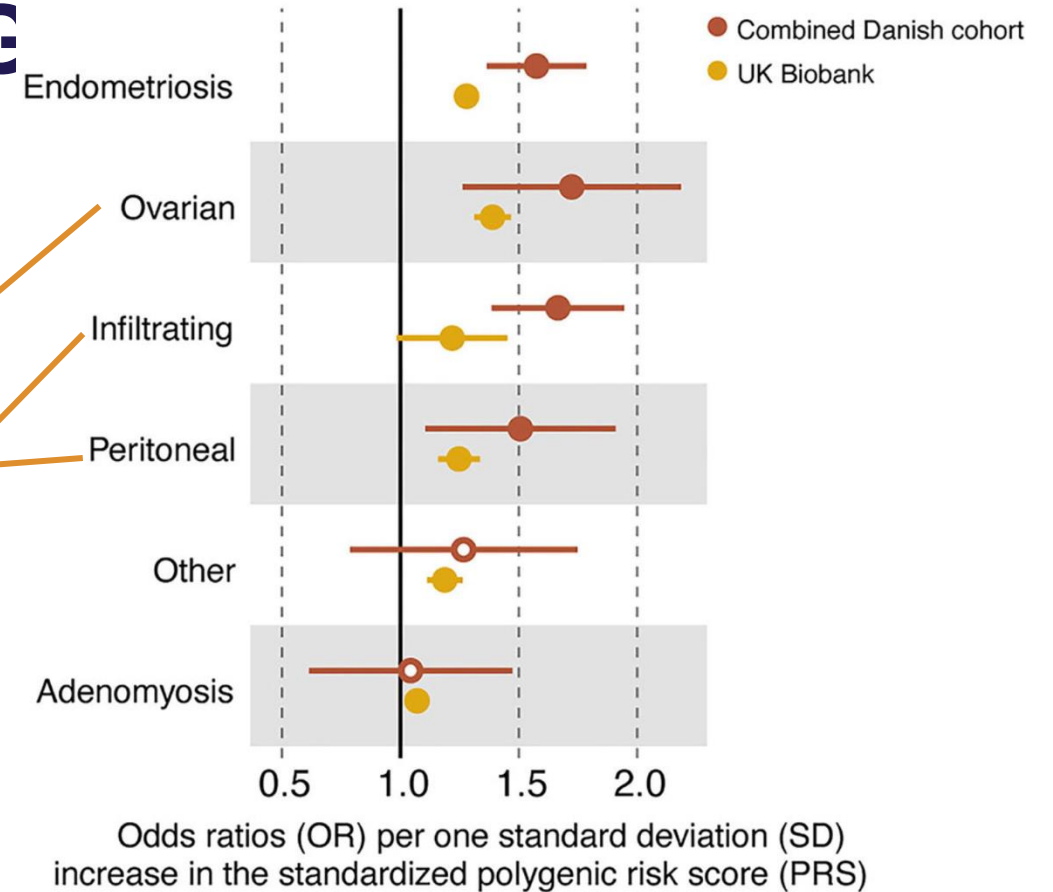
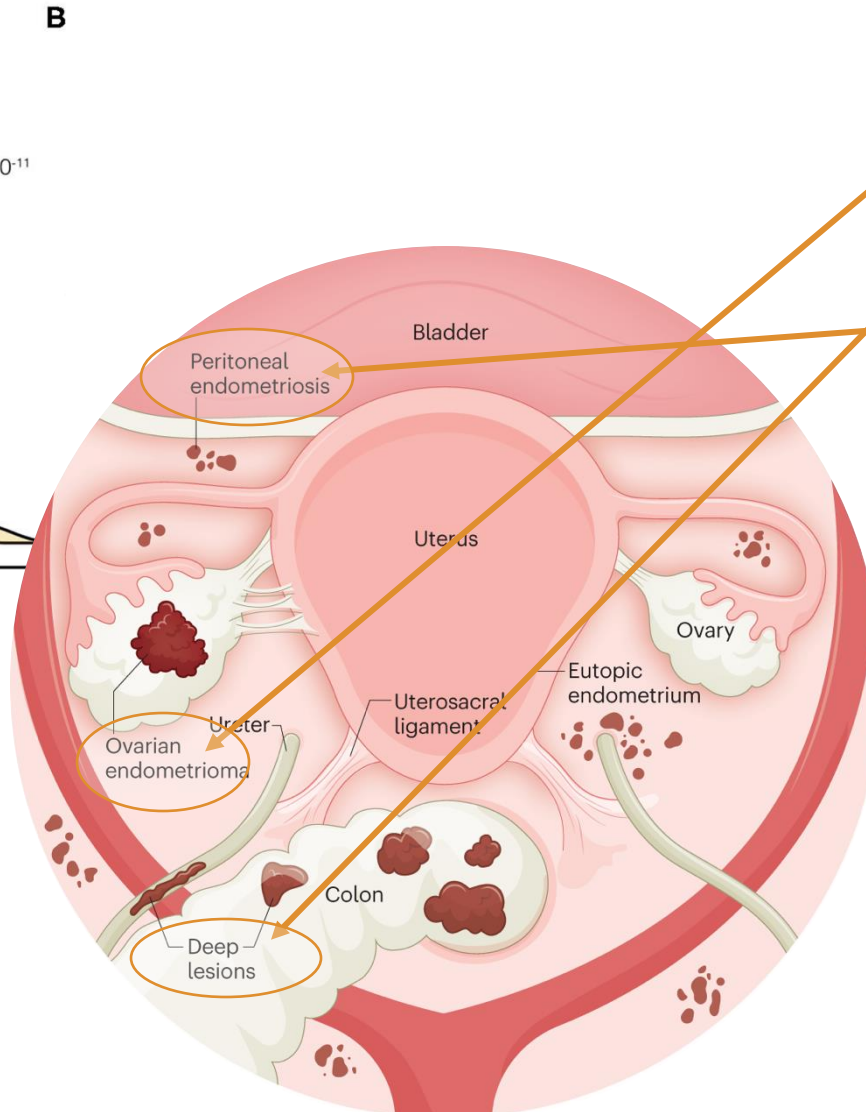
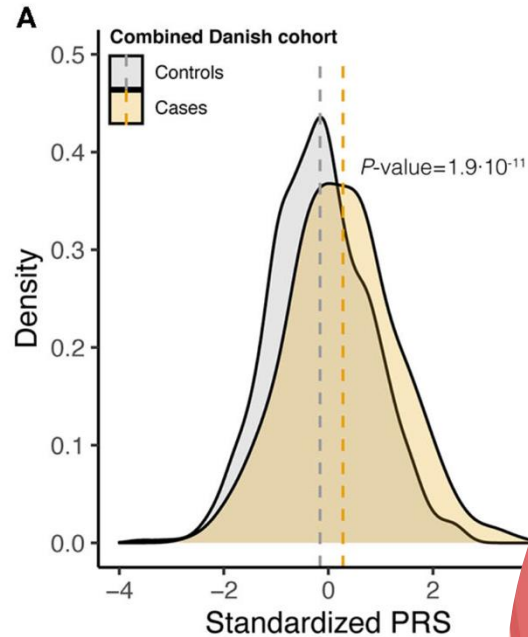
STRATIFIED USE OF PGS



STRATIFIED USE OF PGS

ESC PTP	Group	Sample size	Cases	Referrals	Correct referrals	Cases referred	Cases missed
	Women < 55	282 (13%)	27 (10%)	0 (0%)	0 (0%)	0%	27 (15%)
	Women ≥ 55	689 (33%)	146 (21%)	156 (23%)	40 (26%)	27%	106 (59%)
	Men < 55	395 (19%)	73 (18%)	189 (48%)	42 (22%)	58%	31 (17%)
	Men ≥ 55	733 (35%)	298 (41%)	661 (90%)	283 (43%)	95%	15 (8%)
	Total	2099 (100%)	544 (26%)	1006 (48%)	365 (36%)	67%	179 (100%)
ESC PTP + PGS	Group	Sample size	Cases	Referrals	Correct referrals	Cases referred	Cases missed
	Women < 55	282 (13%)	27 (10%)	10 (4%)	2 (20%)	7%	25 (15%)
	Women ≥ 55	689 (33%)	146 (21%)	153 (22%)	48 (31%)	33%	98 (58%)
	Men < 55	395 (19%)	73 (18%)	179 (45%)	47 (26%)	64%	26 (15%)
	Men ≥ 55	733 (35%)	298 (41%)	620 (85%)	279 (45%)	94%	19 (11%)
	Total	2099 (100%)	544 (26%)	962 (46%)	376 (39%)	69%	168 (100%)

LOOK INTO THE BIOLOG



Could indicate that ovarian endometriosis has a higher genetic burden than the other subtypes.

SESSION 3

- ▶ How to measure 'accuracy'?
- ▶ Interpretability and risk communication
- ▶ Lack of transferability
- ▶ Applications...?





BREAK

AGENDA

08:00 – 08:30	Welcome and common introductions
08:30 – 09:10	Session 1: Introduction to Polygenic Scores (PGS)
09:10 – 09:20	Break
09:20 – 10:00	Session 2: Data Sources and Computational Methods
10:00 – 10:10	Break
10:10 – 10:40	Session 3: Evaluating and Interpreting Polygenic Scores
10:40 – 11:00	Break
11:00 – 11:45	Session 4: Advanced Applications and Future Directions
11:45 – 12:30	Lunch and short walk
12:30 – 15:30	Identification of 2-3 projects of common interest
15:30 – 16:00	Next steps and thank you for today

SESSION 4

- ▶ Many challenges – how to circumvent these?
- ▶ Enhancing biological understanding?
- ▶ PGS in combination with proteomics



CHALLENGES WITH PGS

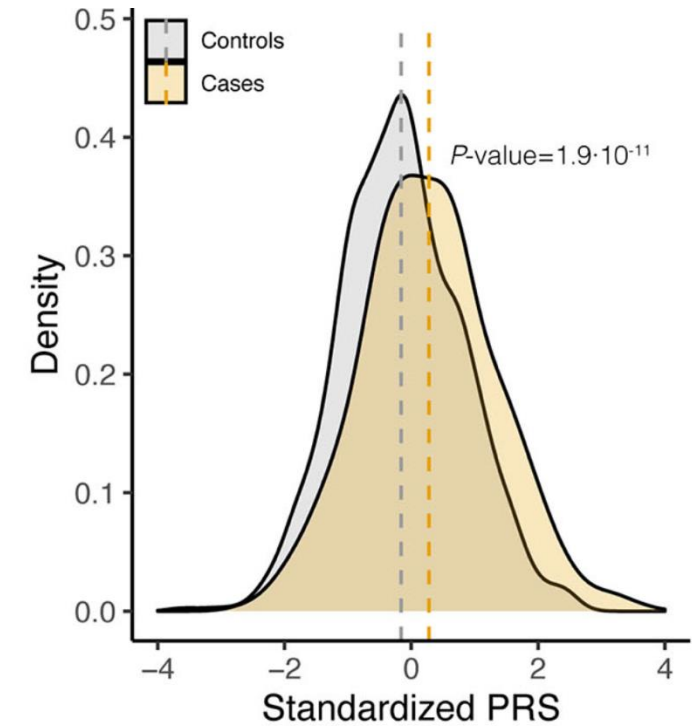
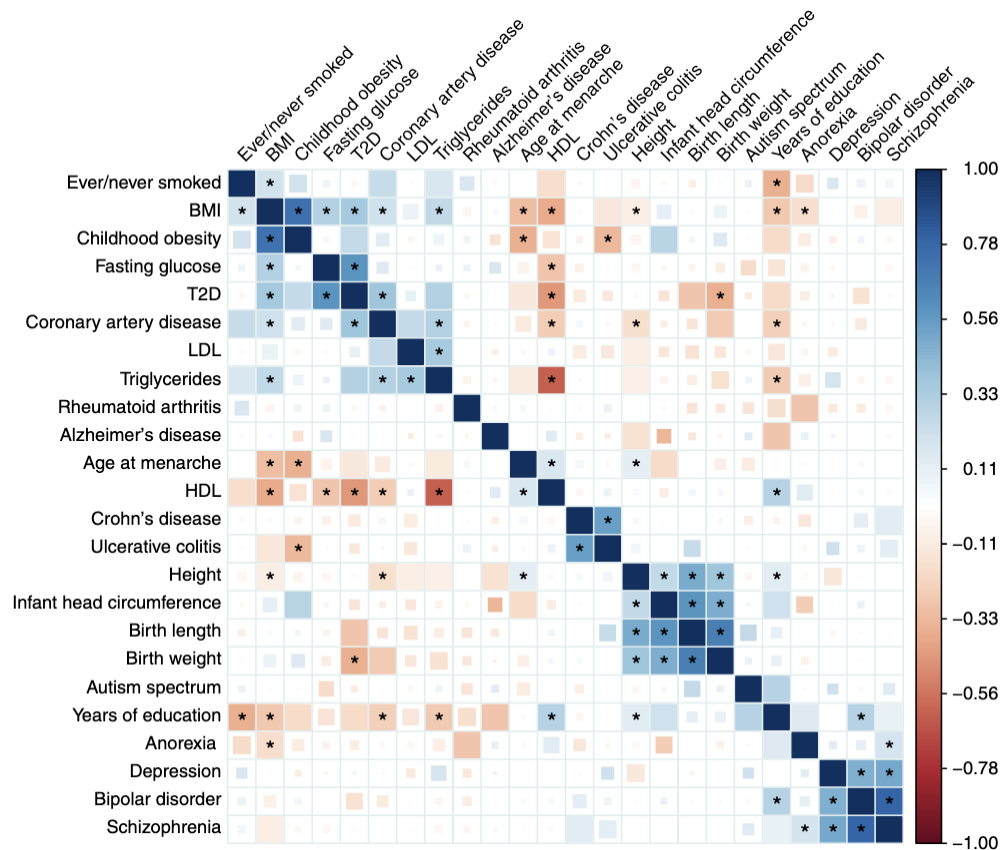
- 1) Too many individuals have 'average' PGS
- 2) Only capture additive effects
- 3) Only common variants
- 4) Transferability
- 5) Understanding biology

Improving PGS and Future directions

- Improve discriminative ability using multi-trait models and functional annotation
- Ancestry-aware models
- Integration with single cell and spatial transcriptomics
- Integrative genomics (combining PGS with other 'omics)

IMPROVING PGS

BETTER DISCRIMINATIVE ABILITY

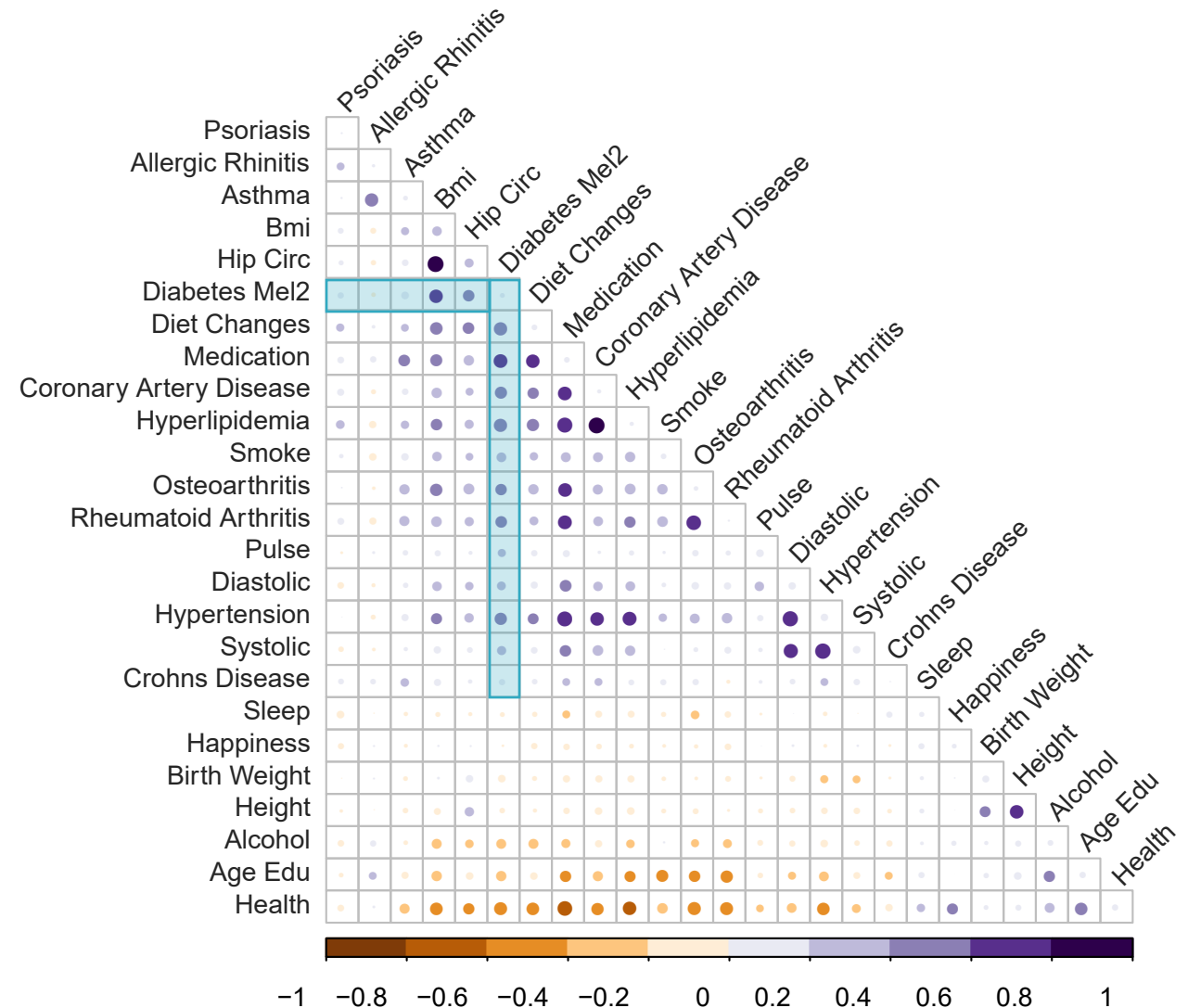


Identifying genetic correlations between complex traits and diseases can provide useful etiological insights and help prioritize likely causal relationships

MULTI-TRAIT PGS FOR TYPE 2 DIABETES

T2D is strongly correlated with a range of complex diseases and traits, such as overweight, cardiovascular diseases, hypertension, chronic kidney disease etc.

Can we improve prediction accuracy by leveraging shared genetic signatures?



MULTI-TRAIT PGS FOR TYPE 2 DIABETES

$$\text{PGS} = \sum \hat{\beta}_i X_i \hat{\beta}_i$$

Each marker effect ($\hat{\beta}$) is weighted by w , which is found by using selection index theory

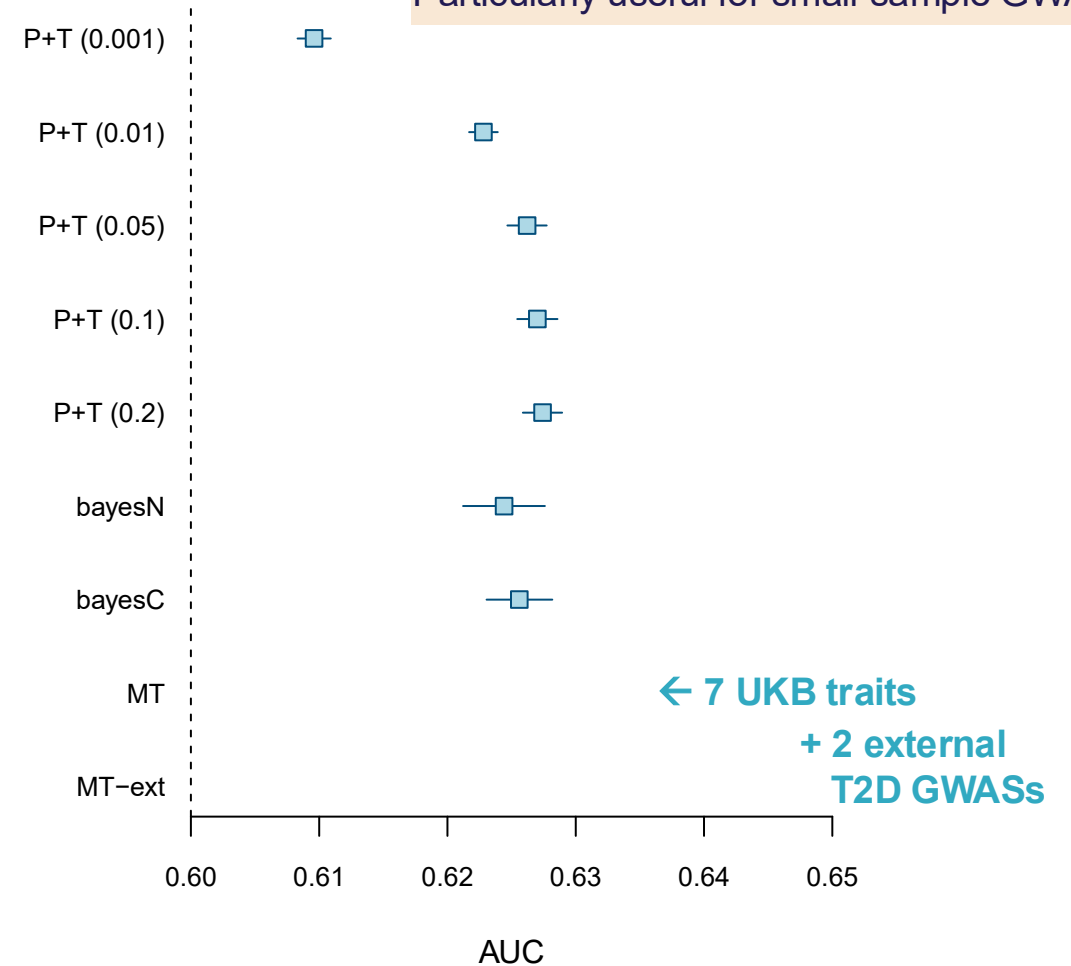
$$w = \begin{bmatrix} \frac{h_1^2}{M} + \frac{1}{N_1} & \dots & \frac{r_g h_1 h_k}{M} \\ \vdots & \ddots & \vdots \\ \frac{r_g h_k h_1}{M} & \dots & \frac{h_k^2}{M} + \frac{1}{N_k} \end{bmatrix}^{-1} \begin{bmatrix} \frac{h_1^2}{M} \\ \vdots \\ \frac{r_g h_1 h_k}{M} \end{bmatrix}$$

$$\text{MT-PGS} = \sum_{i=1}^m X_i \hat{\beta}_{wMTi}$$

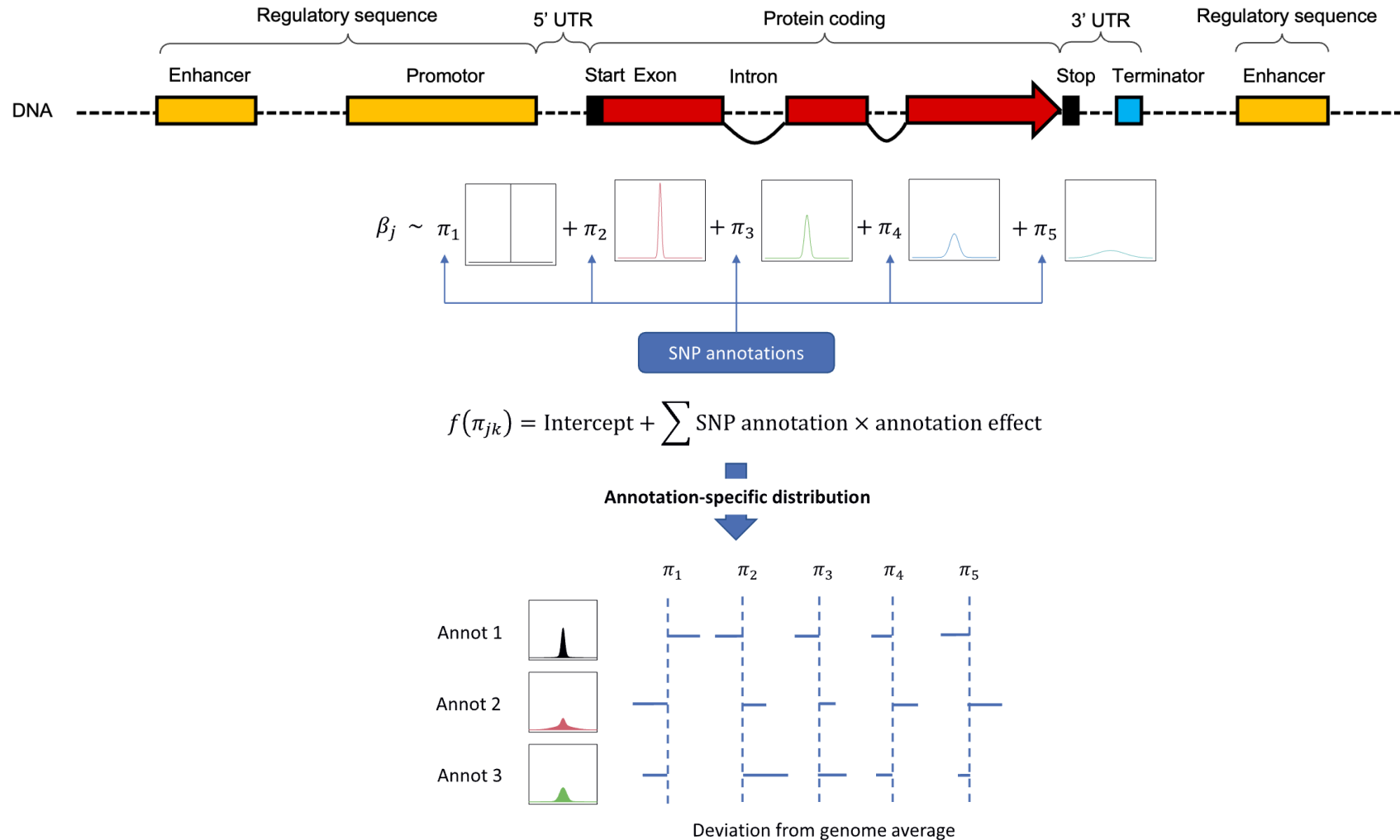
The PGS accuracy depends on the power of the GWAS (=sample size).

Utilising the genetic correlation among phenotypes is equivalent to increasing GWAS sample size.

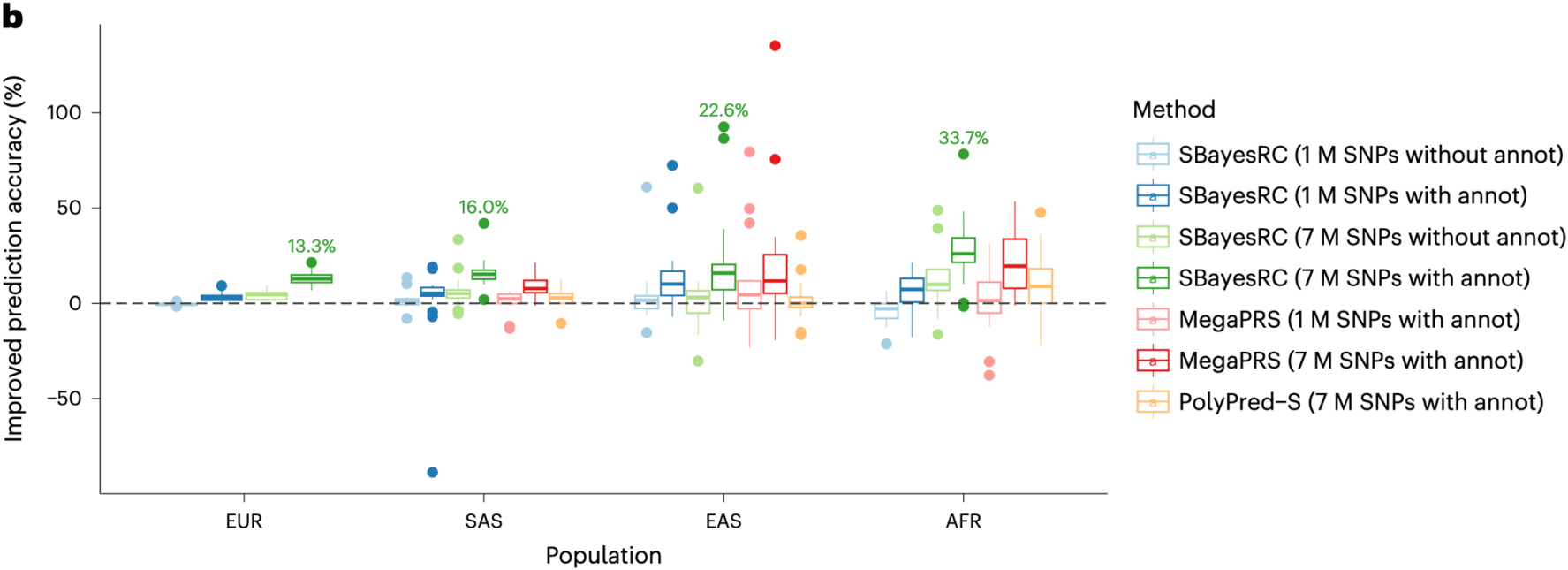
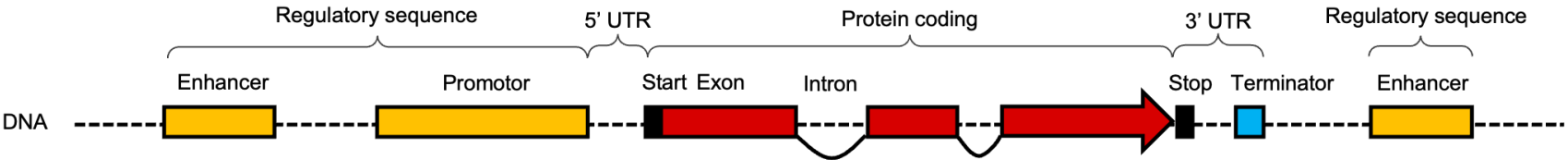
Particularly useful for small-sample GWAS.



ENHANCING PGS BY ANNOTATION



ENHANCING PGS BY ANNOTATION



CROSS-ANCESTRY PGS

$$b = \left(X'X + I \frac{\sigma_e^2}{\sigma_b^2} \right)^{-1} X'y$$

$$X'X = D^{0.5} B D^{0.5}$$

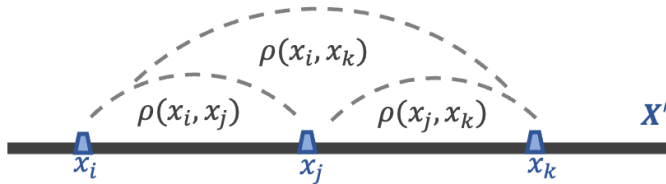
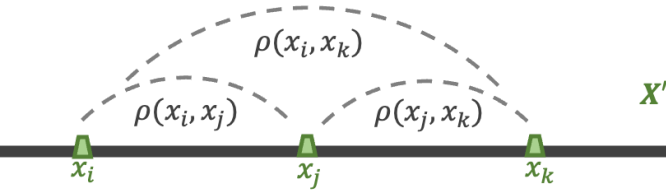
$$X'y = D b_m$$



Genome

Genome

Computation of ancestry-specific LD



Correlation among diseases (**B**)



$$\begin{bmatrix} b_1 \\ b_2 \end{bmatrix} = \left(\begin{matrix} X_1'X_1 & X_1'X_2 \\ X_2'X_1 & X_2'X_2 \end{matrix} + I \otimes B^{-1} E \right)^{-1} \begin{bmatrix} X_1'y_1 \\ X_2'b_2 \end{bmatrix}$$

Marker effects (**b**)

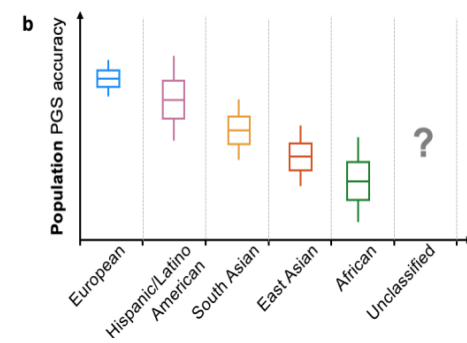
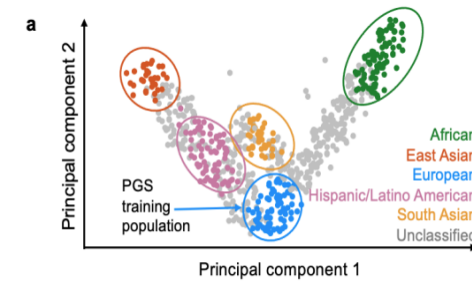


MT-BLR

$$PGS_1 = \sum X_1 b_1$$

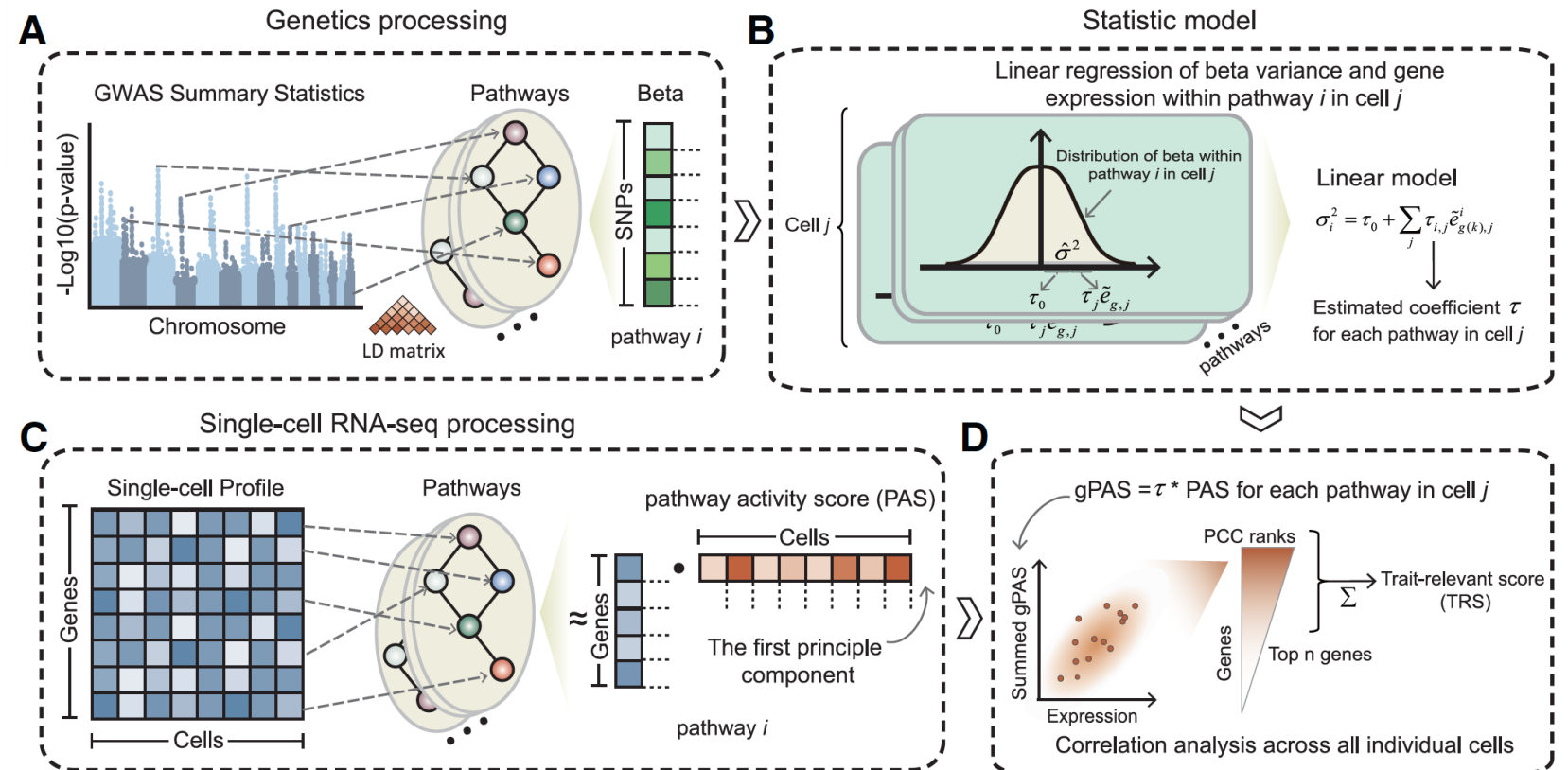
$$PGS_2 = \sum X_2 b_2$$

Polygenic scores (PGS) combining ancestry-aware genetic risk factors.

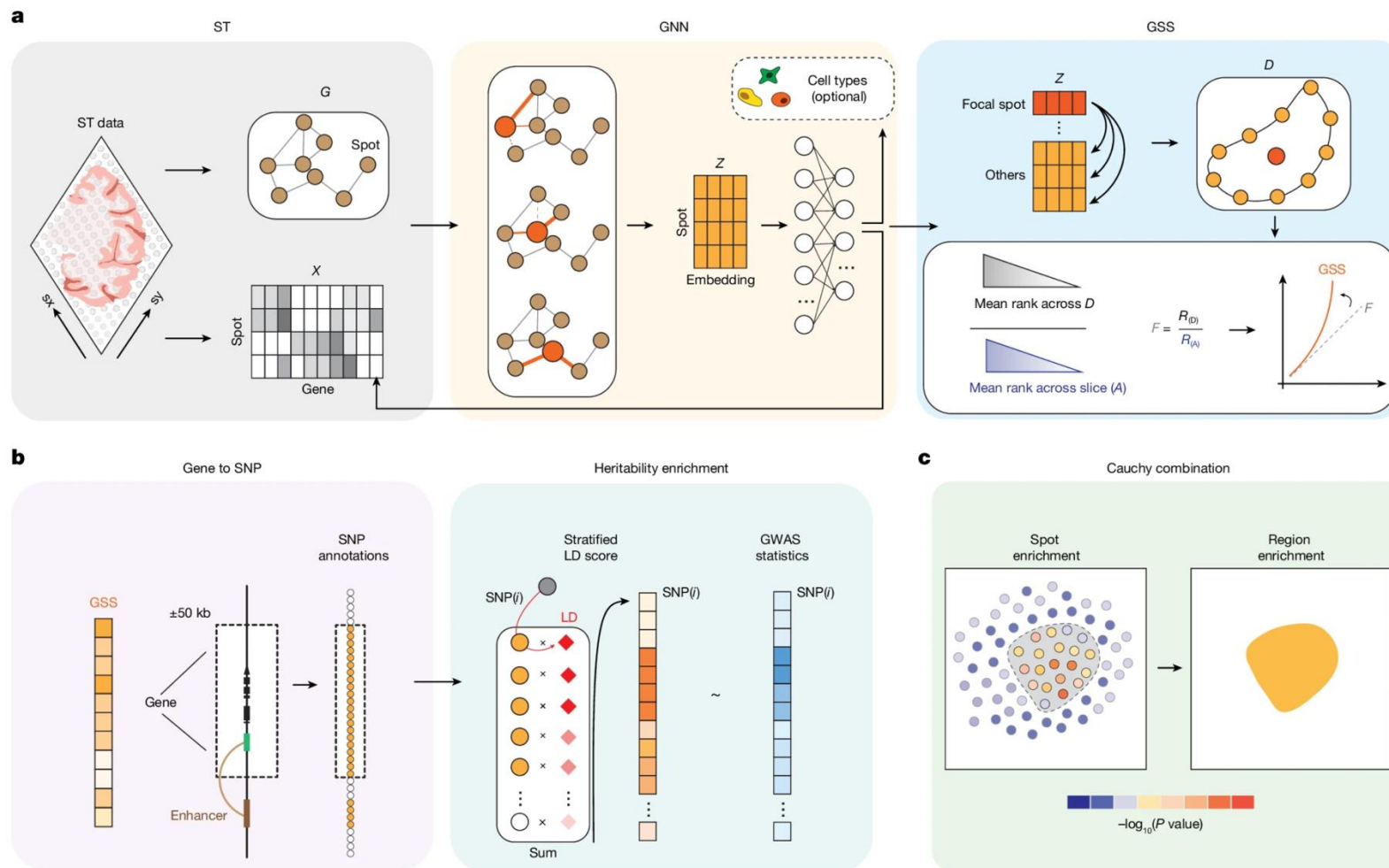


UTILISING PGS WITH SINGLE CELL DATA

Integrate scRNA-seq data with GWAS data to discover cellular context for complex diseases

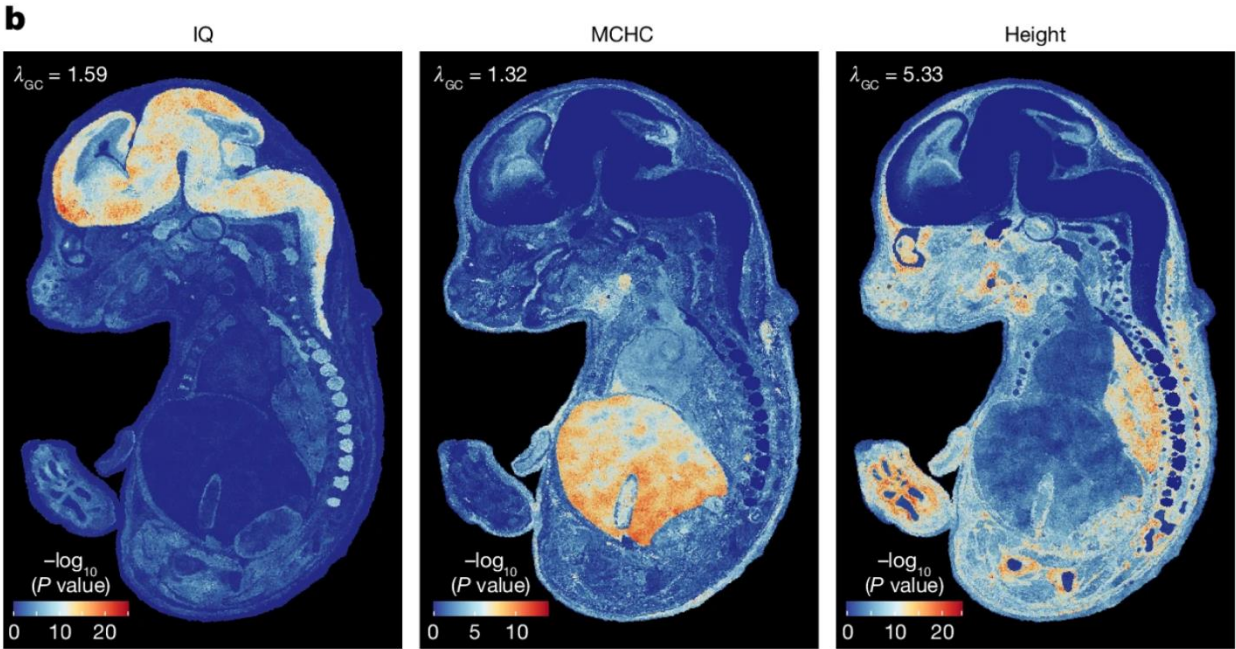
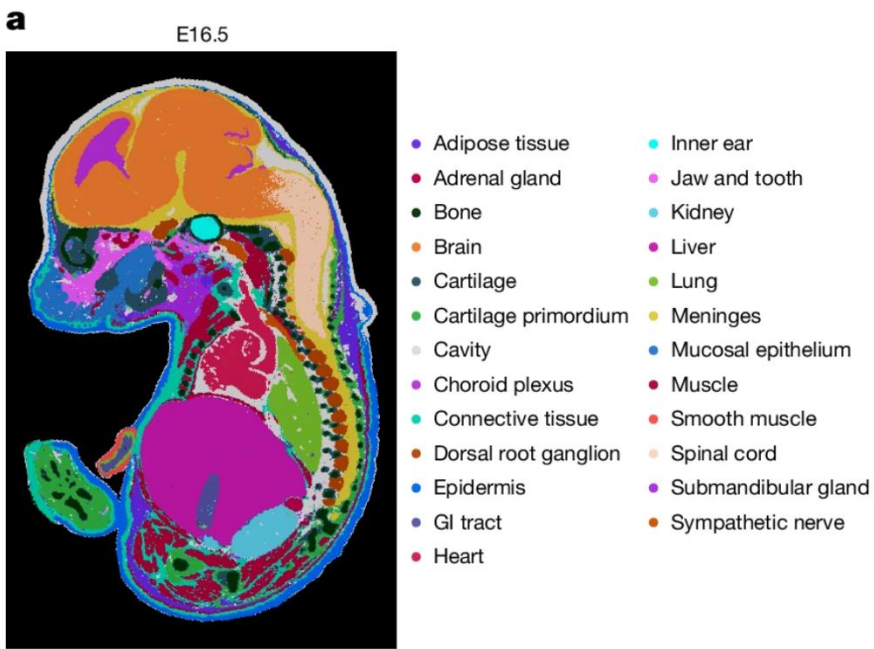
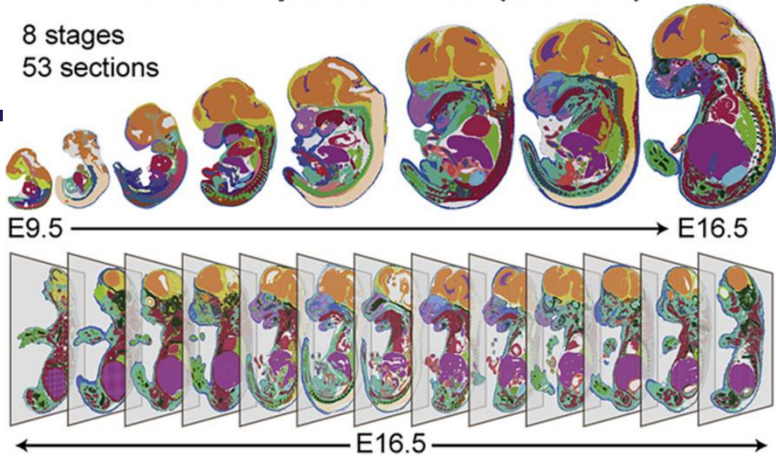


UTILISING PGS WITH SPATIAL TRANSCRIPTOMICS



UTILISING PGS WITH SPATIAL TRANSCRIPTOMICS

Mouse Organogenesis Spatiotemporal Transcriptomic Atlas (MOSTA)

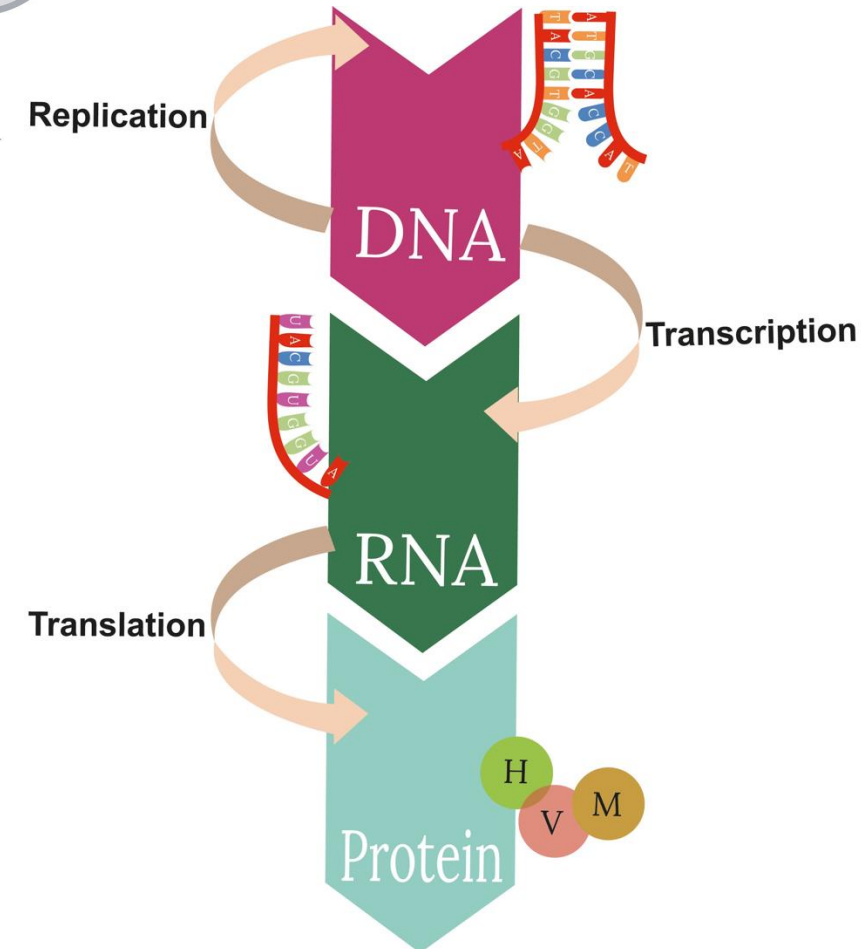
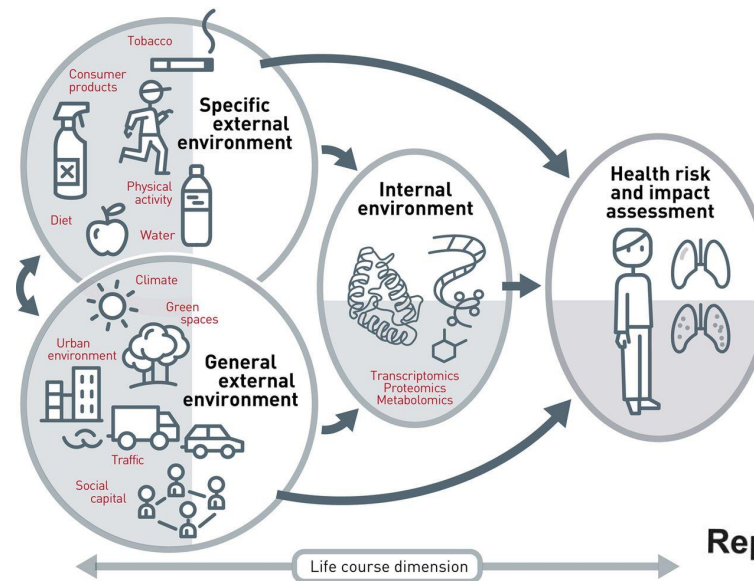


Multifactorial traits have a **genetic component** and an **environmental component**

The **genetic profile is stable** throughout life – thus, a polygenic score may inform about our inherent disease risk.

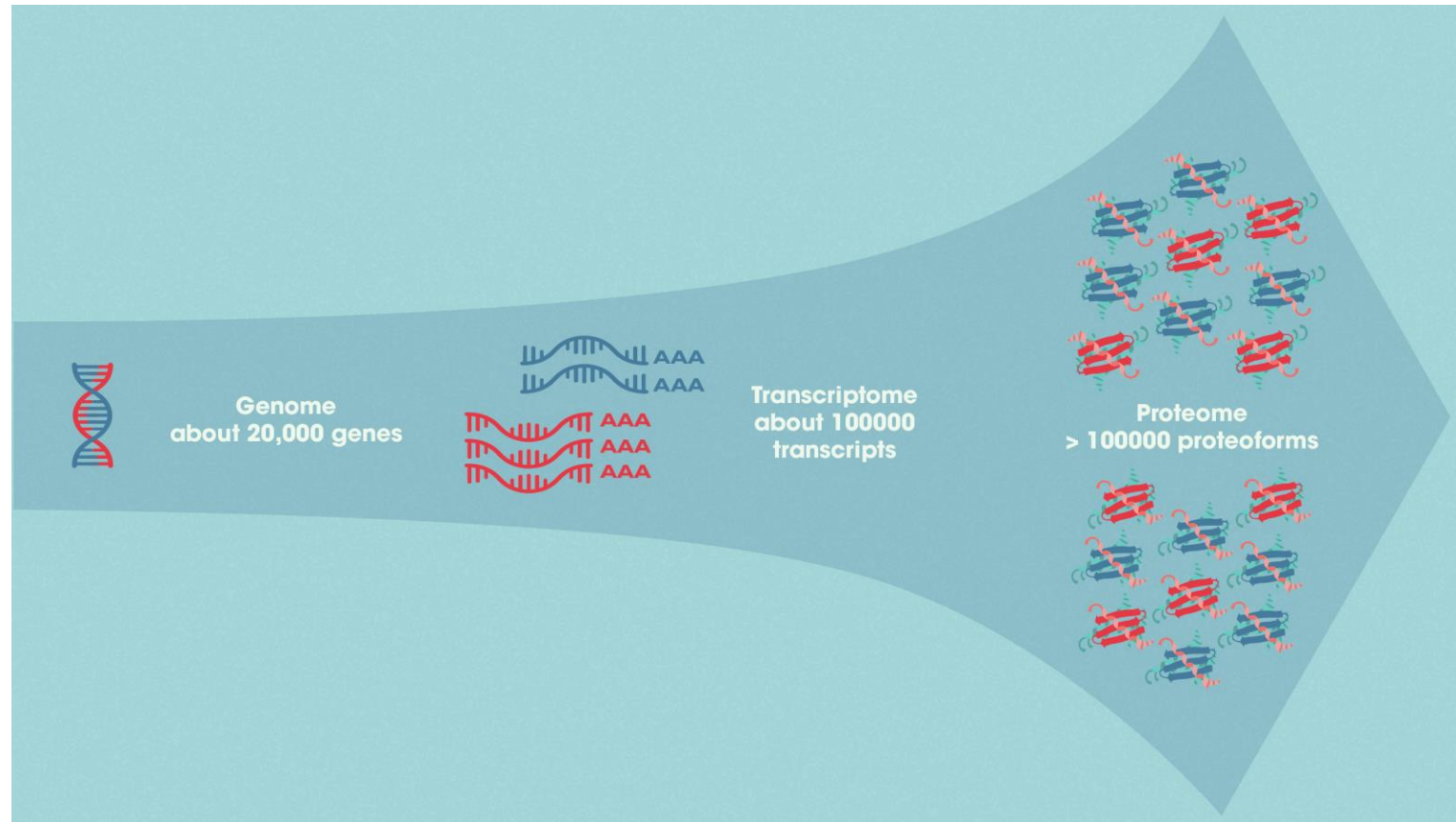
Environmental exposures affect **transcription and translation during life**, which hence might affect disease risk

Therefore, other omic technologies might inform about disease pathology and progression.



GENOME VS PROTEOME

- ▶ Unlike the genome, the composition of the proteome is in a constant state of flux over time and throughout the organism
- ▶ Environmental exposures affect transcription of DNA, and translation of RNA
- ▶ Proteome may help us understand disease pathology



Predicting presence of coronary plaques featuring high-risk characteristics using polygenic risk scores and targeted proteomics in patients with suspected coronary artery disease

Møller, P.L., Rohde, P. D., et al, Circulation: Genomics and Precision medicine, 2023

Møller, P.L., Rohde, P. D., et al, Genome Medicine 2023



AALBORG
UNIVERSITY



PATIENT WITH CHEST PAIN



Patient with de-novo chest pain

Risk of obstructive **coronary artery disease** (CAD)



Pretest probability (PTP) = gender, age and type of chest pain

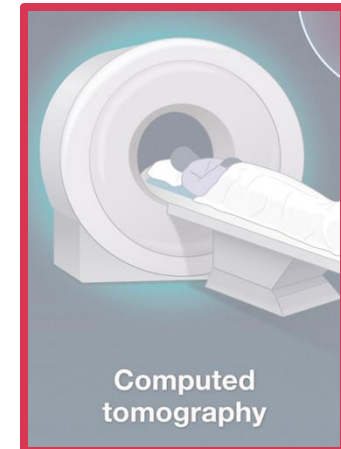
<5%



5-15%



>15%



Dan-NICAD COHORT

~4000 patients with symptoms of obstructive coronary artery disease (CAD)

All patients undergo coronary CT

1650 patients have **plaque morphology**, **DNA** and **targeted proteomics** [368 proteins, Olink®]



Morten
Bøttcher



Simon
Winther

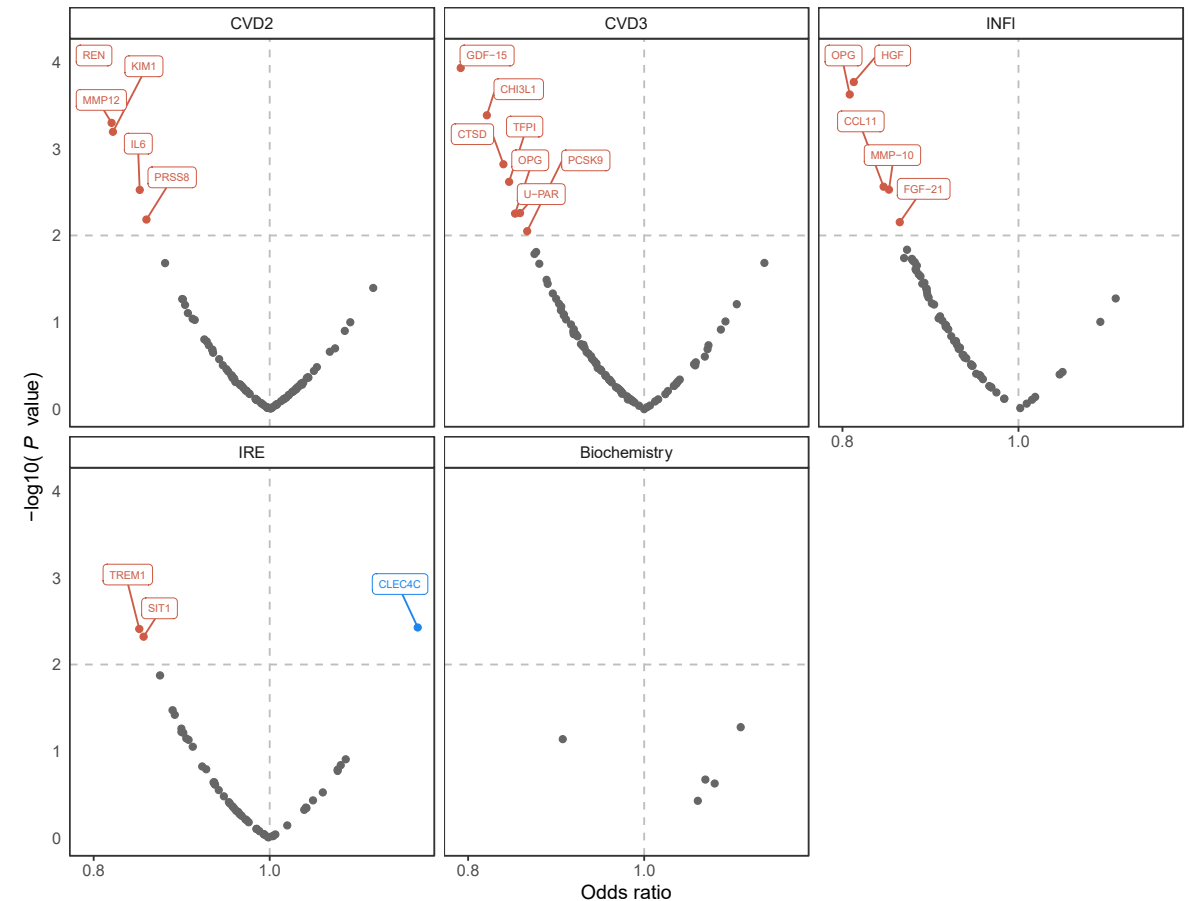
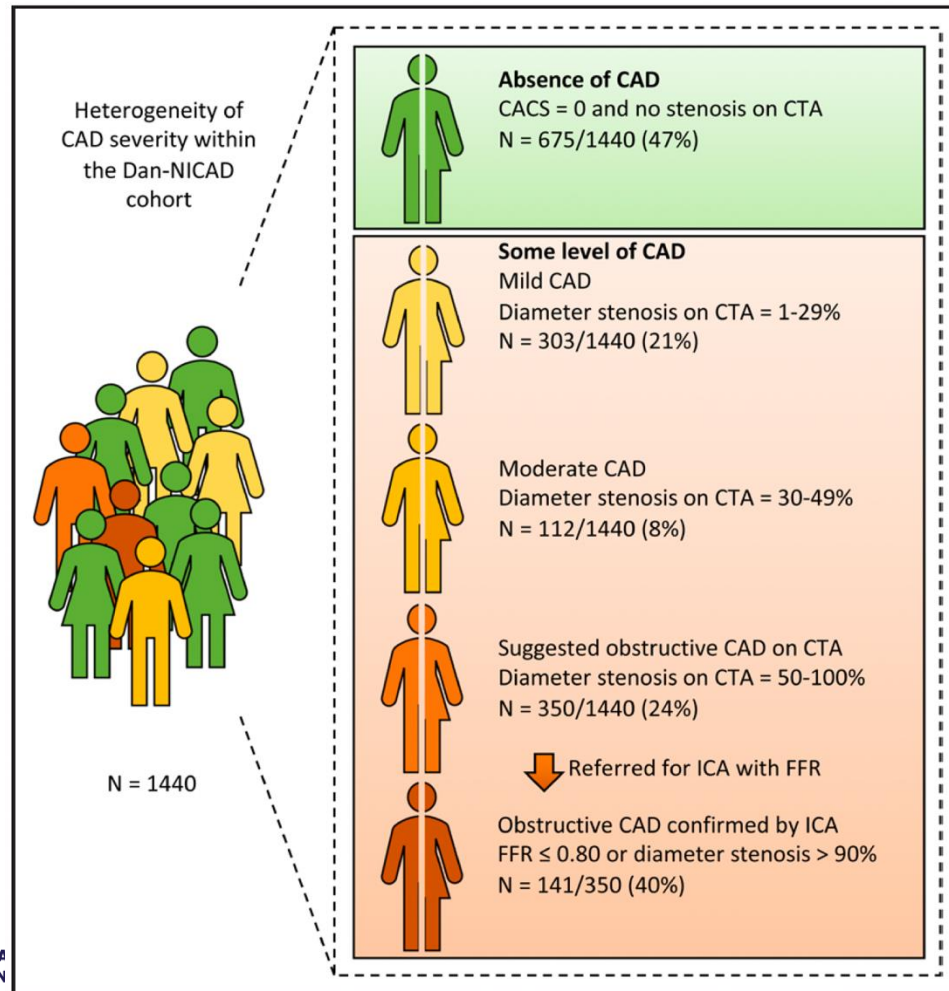


CAN WE IDENTIFY *HEALTHY* PATIENTS

ORIGINAL ARTICLE

Combining Polygenic and Proteomic Risk Scores With Clinical Risk Factors to Improve Performance for Diagnosing Absence of Coronary Artery Disease in Patients With de novo Chest Pain

Peter Loof Møller¹, MSc; Palle Duun Rohde², MSc, PhD; Jonathan Nørtoft Dahl³, MD; Laust Dupont Rasmussen⁴, MD, PhD; Samuel Emil Schmidt⁵, MSc, PhD; Louise Nissen, MD, PhD; Victoria McGilligan⁶, PhD; Jacob F. Bentzon⁷, MD, PhD; Daniel F. Gudbjartsson, MSc, PhD; Kari Stefansson⁸, MD, PhD; Hilma Holm⁹, MD; Simon Winther, MD, PhD; Morten Böttcher¹⁰, MD, PhD; Mette Nyegaard¹¹, MSc, PhD

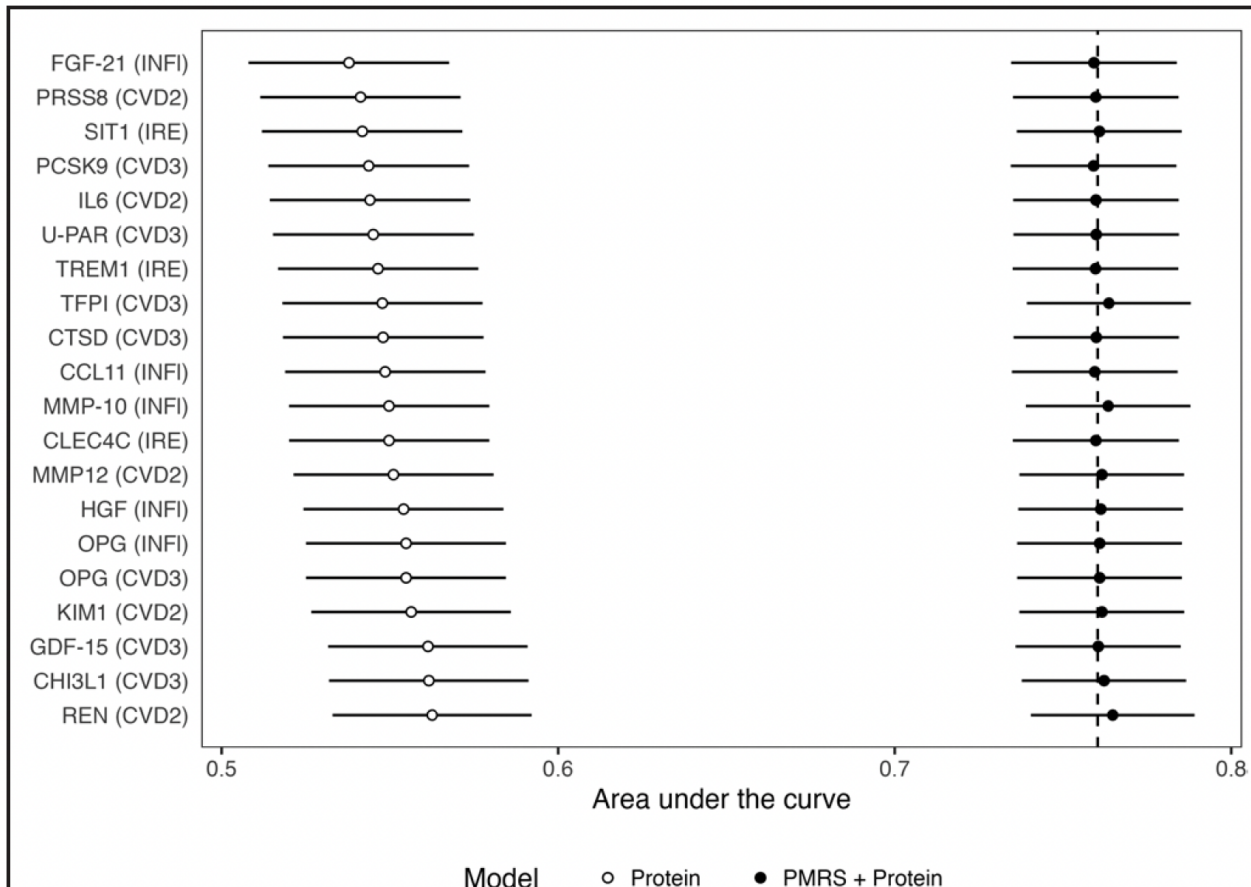
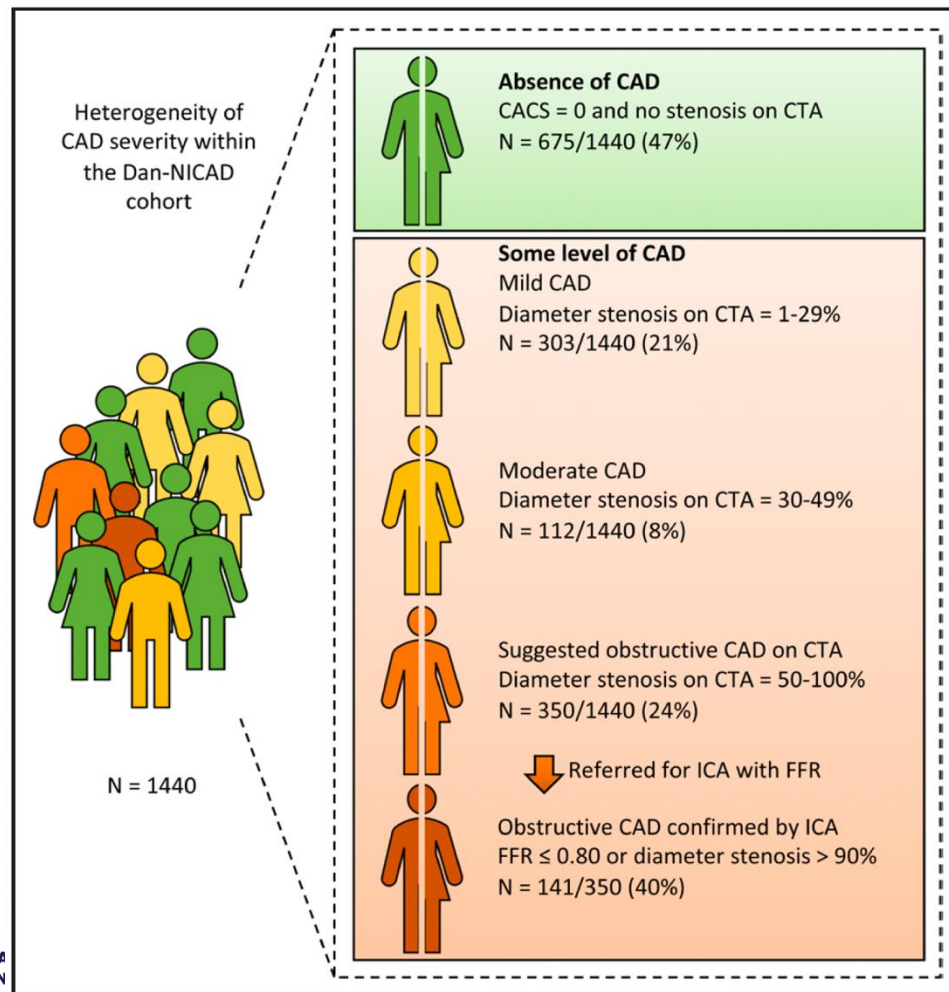


CAN WE IDENTIFY *HEALTHY* PATIENTS

ORIGINAL ARTICLE

Combining Polygenic and Proteomic Risk Scores With Clinical Risk Factors to Improve Performance for Diagnosing Absence of Coronary Artery Disease in Patients With de novo Chest Pain

Peter Loof Møller¹, MSc; Palle Duun Rohde², MSc, PhD; Jonathan Nørtoft Dahl³, MD; Laust Dupont Rasmussen⁴, MD, PhD; Samuel Emil Schmidt⁵, MSc, PhD; Louise Nissen, MD, PhD; Victoria McGilligan⁶, PhD; Jacob F. Bentzen⁷, MD, PhD; Daniel F. Gudbjartsson, MSc, PhD; Kari Stefansson⁸, MD, PhD; Hilma Holm⁹, MD; Simon Winther, MD, PhD; Morten Böttcher¹⁰, MD, PhD; Mette Nyegaard¹¹, MSc, PhD

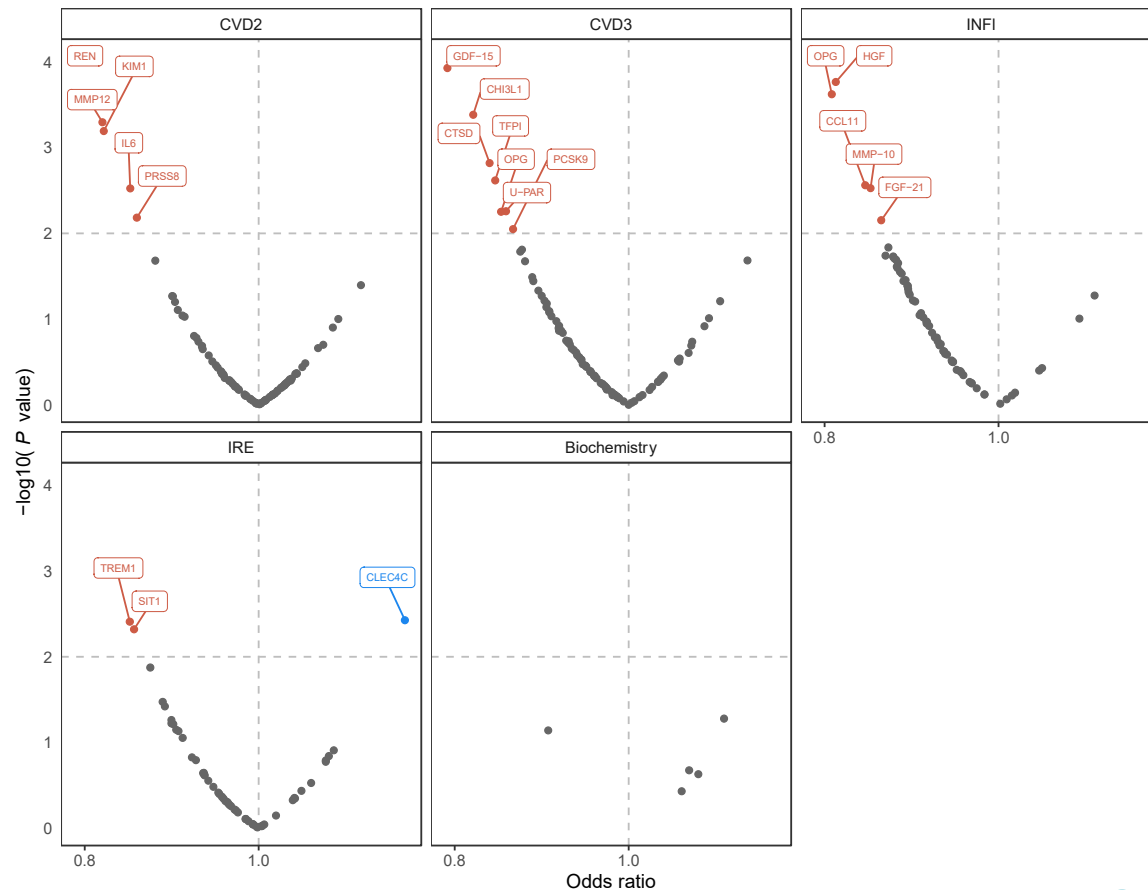


CAN WE IDENTIFY *HEALTHY* PATIENTS

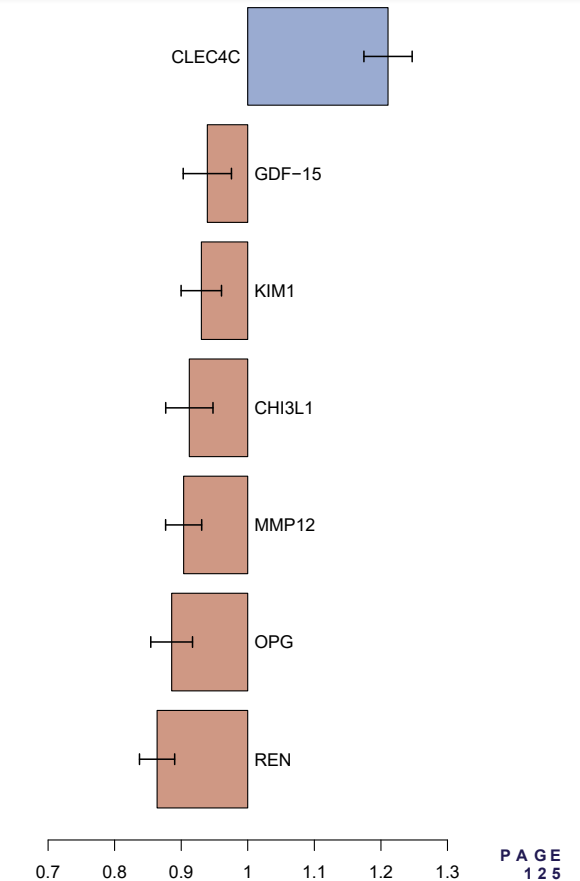
ORIGINAL ARTICLE

Combining Polygenic and Proteomic Risk Scores With Clinical Risk Factors to Improve Performance for Diagnosing Absence of Coronary Artery Disease in Patients With de novo Chest Pain

Peter Loof Møller¹, MSc; Palle Duun Rohde², MSc, PhD; Jonathan Nørtoft Dahl³, MD; Laust Dupont Rasmussen⁴, MD, PhD; Samuel Emil Schmidt⁵, MSc, PhD; Louise Nissen, MD, PhD; Victoria McGilligan⁶, PhD; Jacob F. Bentzen⁷, MD, PhD; Daniel F. Gudbjartsson, MSc, PhD; Kari Stefansson⁸, MD, PhD; Hilma Holm⁹, MD; Simon Winther, MD, PhD; Morten Böttcher¹⁰, MD, PhD; Mette Nyegaard¹¹, MSc, PhD



Combining 300+ proteins in ONE model

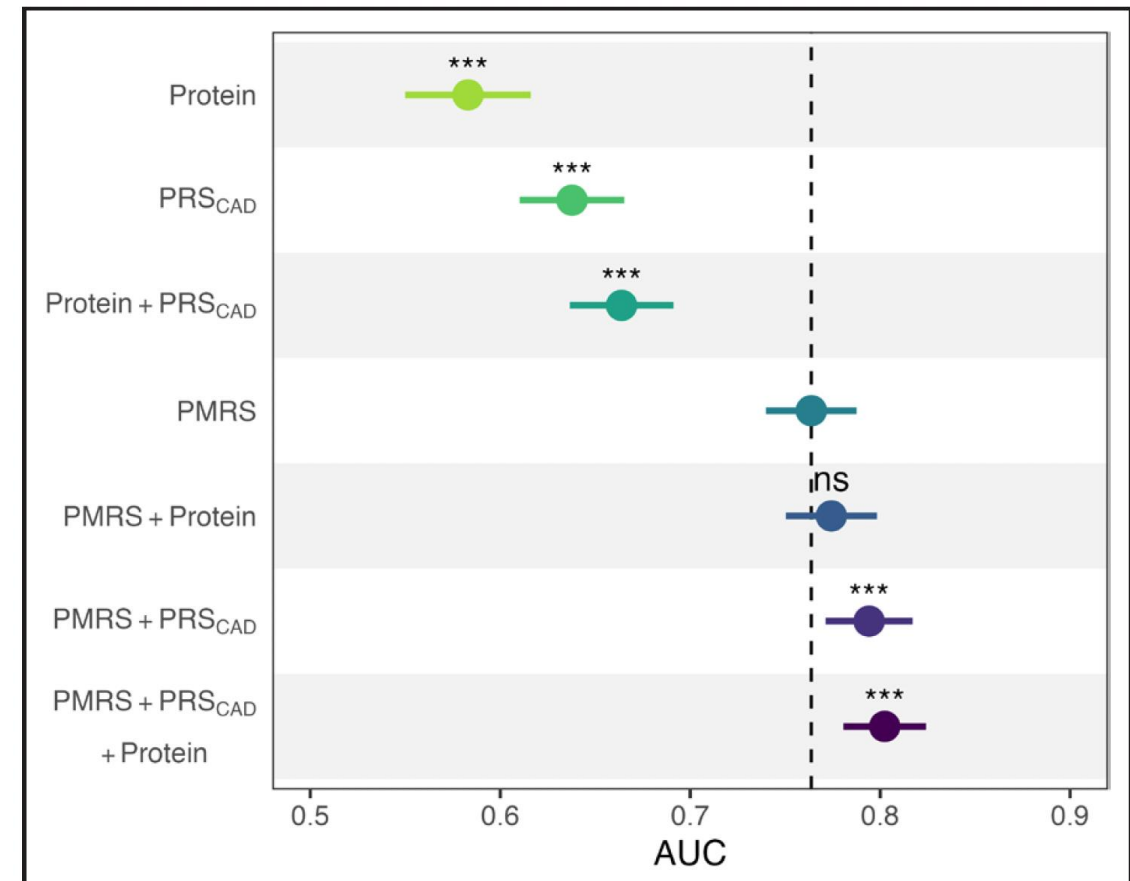
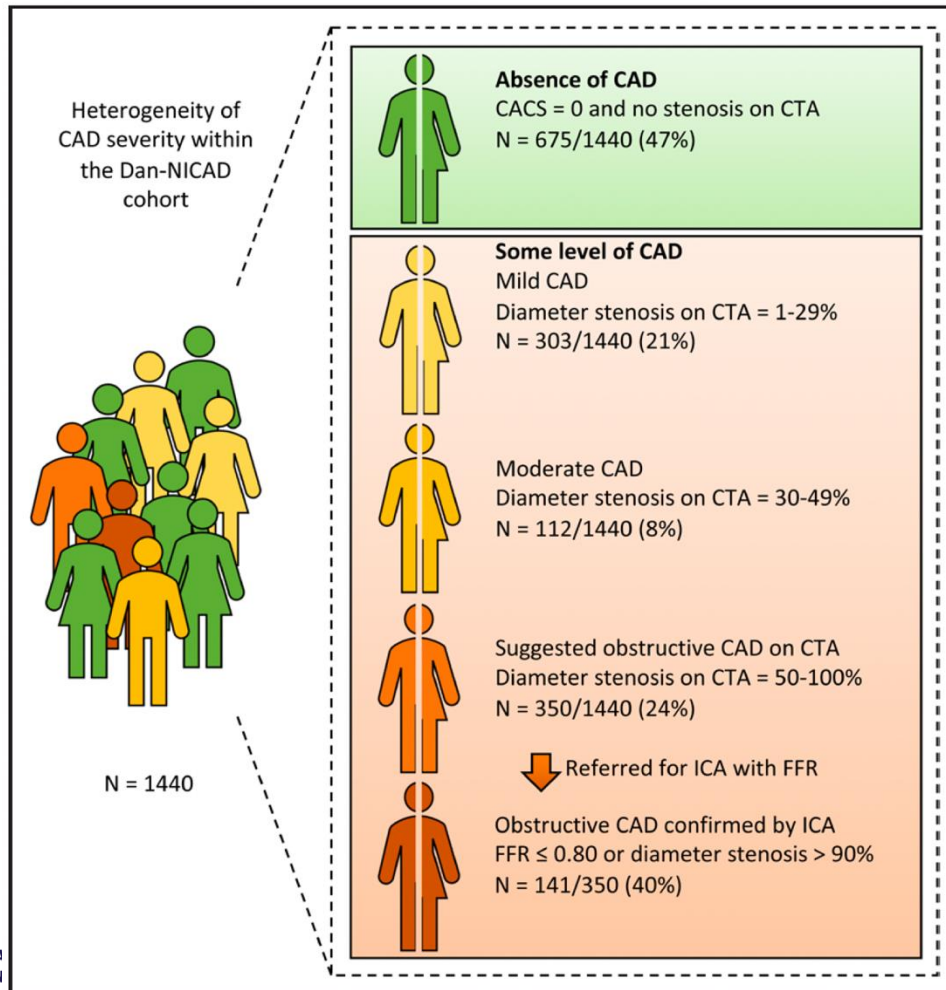


CAN WE IDENTIFY *HEALTHY* PATIENTS

ORIGINAL ARTICLE

Combining Polygenic and Proteomic Risk Scores With Clinical Risk Factors to Improve Performance for Diagnosing Absence of Coronary Artery Disease in Patients With de novo Chest Pain

Peter Loof Møller¹, MSc; Palle Duun Rohde², MSc, PhD; Jonathan Nørtoft Dahl³, MD; Laust Dupont Rasmussen⁴, MD, PhD; Samuel Emil Schmidt⁵, MSc, PhD; Louise Nissen, MD, PhD; Victoria McGilligan⁶, PhD; Jacob F. Bentzon⁷, MD, PhD; Daniel F. Gudbjartsson, MSc, PhD; Kari Stefansson⁸, MD, PhD; Hilma Holm⁹, MD; Simon Winther, MD, PhD; Morten Böttcher¹⁰, MD, PhD; Mette Nyegaard¹¹, MSc, PhD



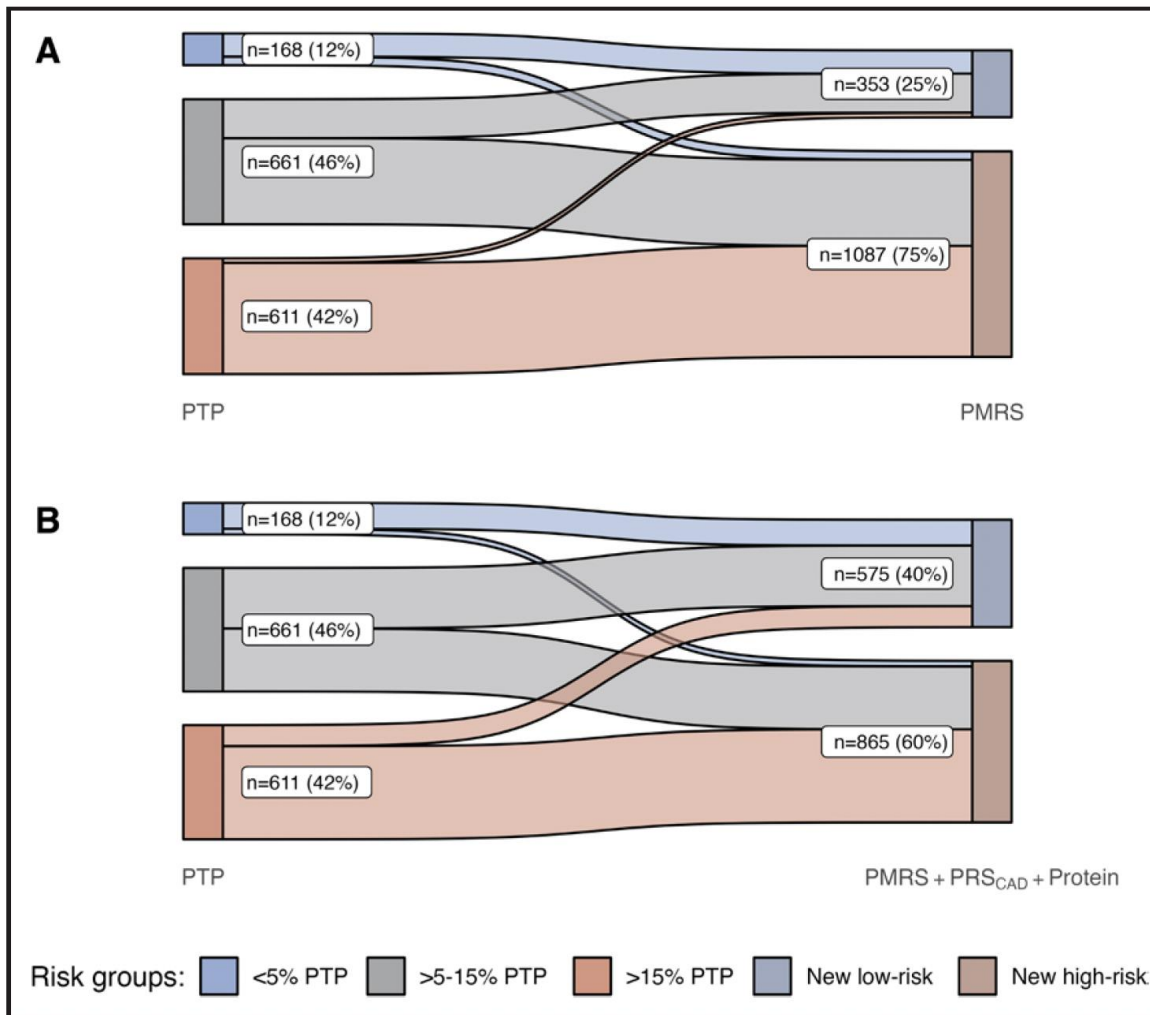
ORIGINAL ARTICLE

Combining Polygenic and Proteomic Risk Scores With Clinical Risk Factors to Improve Performance for Diagnosing Absence of Coronary Artery Disease in Patients With de novo Chest Pain

Peter Loof Møller¹, MSc; Palle Duun Rohde², MSc, PhD; Jonathan Nørtoft Dahl³, MD; Laust Dupont Rasmussen⁴, MD, PhD; Samuel Emil Schmidt⁵, MSc, PhD; Louise Nissen, MD, PhD; Victoria McGilligan⁶, PhD; Jacob F. Bentzen⁷, MD, PhD; Daniel F. Gudbjartsson, MSc, PhD; Kari Stefansson⁸, MD, PhD; Hilma Holm⁹, MD; Simon Winther, MD, PhD; Morten Böttcher¹⁰, MD, PhD; Mette Nyegaard¹¹, MSc, PhD

Tradition method

Combining proteomics, genomics and clinical risk factors has better discriminative ability



PATIENT WITH CHEST PAIN



Patient with de-novo chest pain

Risk of obstructive **coronary artery disease** (CAD)



Pretest probability (PTP) = gender, age and type of chest pain

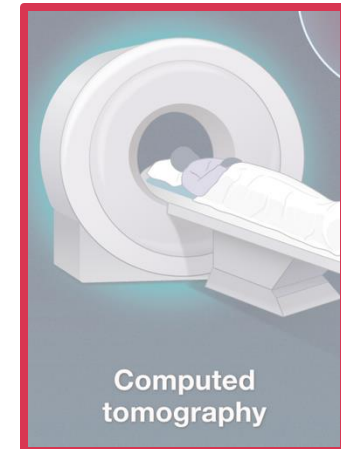
<5%



5-15%



>15%



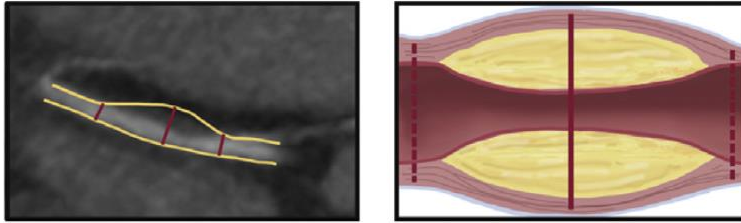
LOW PTP

Some patients have a **low PTP**-score, but still have chest pain, and are at risk of a cardiac event.

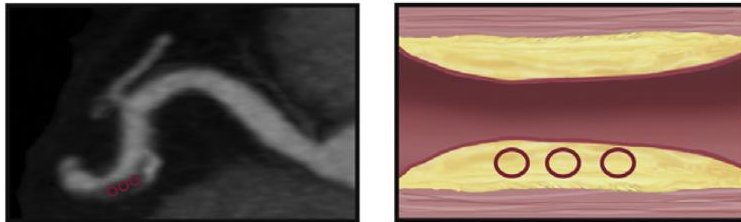


HIGH RISK CORONARY PLAQUES [HRP]

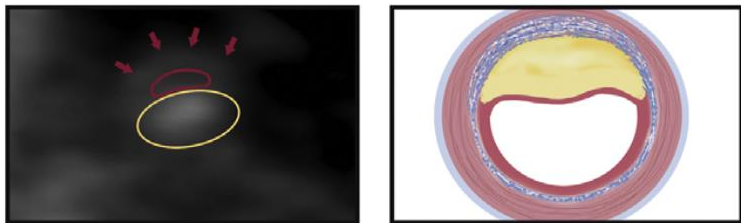
Positive Remodeling



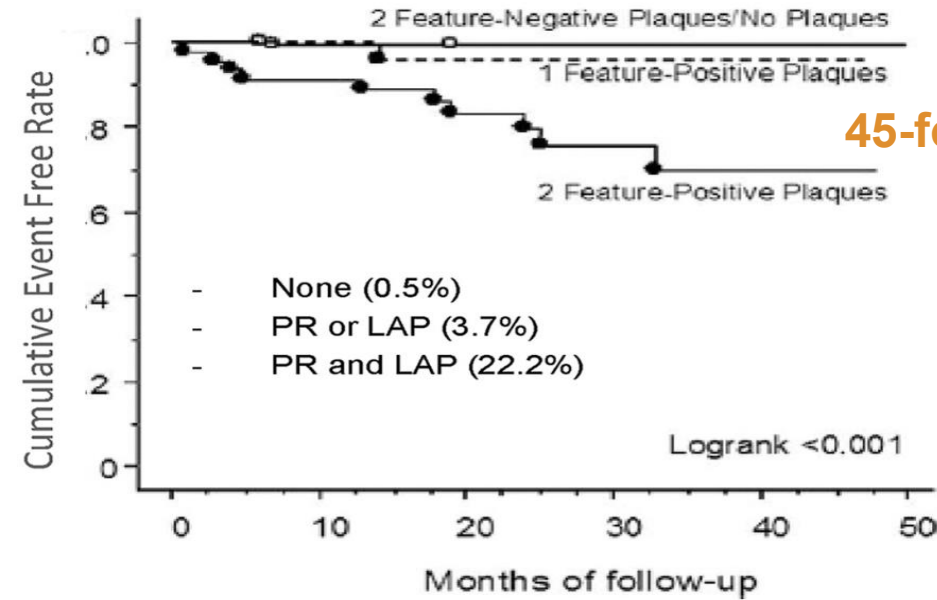
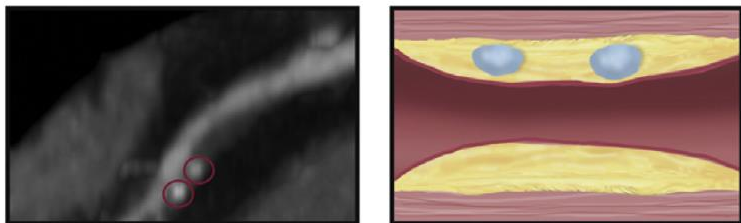
Low HU



Napkin Ring Sign



Spotty Calcium



45-fold higher likelihood of cardiac events

Can DNA and targeted proteomics predict the presence of HRP in low risk patients?

PREDICTING HRP

RESEARCH

Open Access

Predicting the presence of coronary plaques featuring high-risk characteristics using polygenic risk scores and targeted proteomics in patients with suspected coronary artery disease

Peter Loof Møller^{1,2}, Palle Duun Rohde², Jonathan Nørtoft Dahl^{3,4}, Laust Dupont Rasmussen^{3,10}, Louise Nissen^{3,4}, Samuel Emil Schmidt², Victoria McGilligan⁵, Daniel F. Gudbjartsson^{6,7}, Kari Stefansson^{6,8}, Hilma Holm⁶, Jacob Fog Bentzon^{4,9}, Morten Böttcher^{3,4}, Simon Winther^{3,4} and Mette Nyegaard^{2*} 

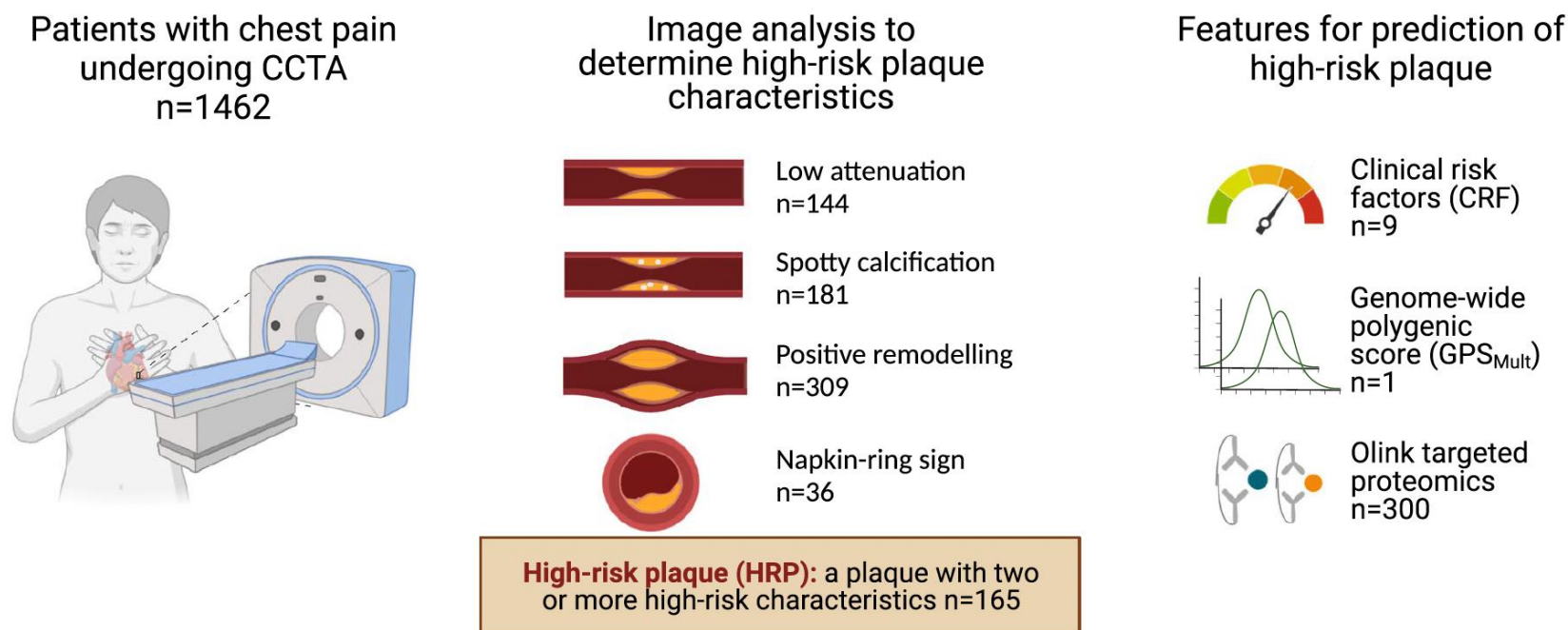


Fig. 1 Study design. 1462 patients underwent coronary computed tomography angiography (CCTA), followed by image analysis of high-risk plaque (HRP) characteristics. Finally, nine clinical risk factors, one multi-trait multi-ancestry genome-wide polygenic score (GPS_{Mult}), and 300 proteins were used to predict HRP presence

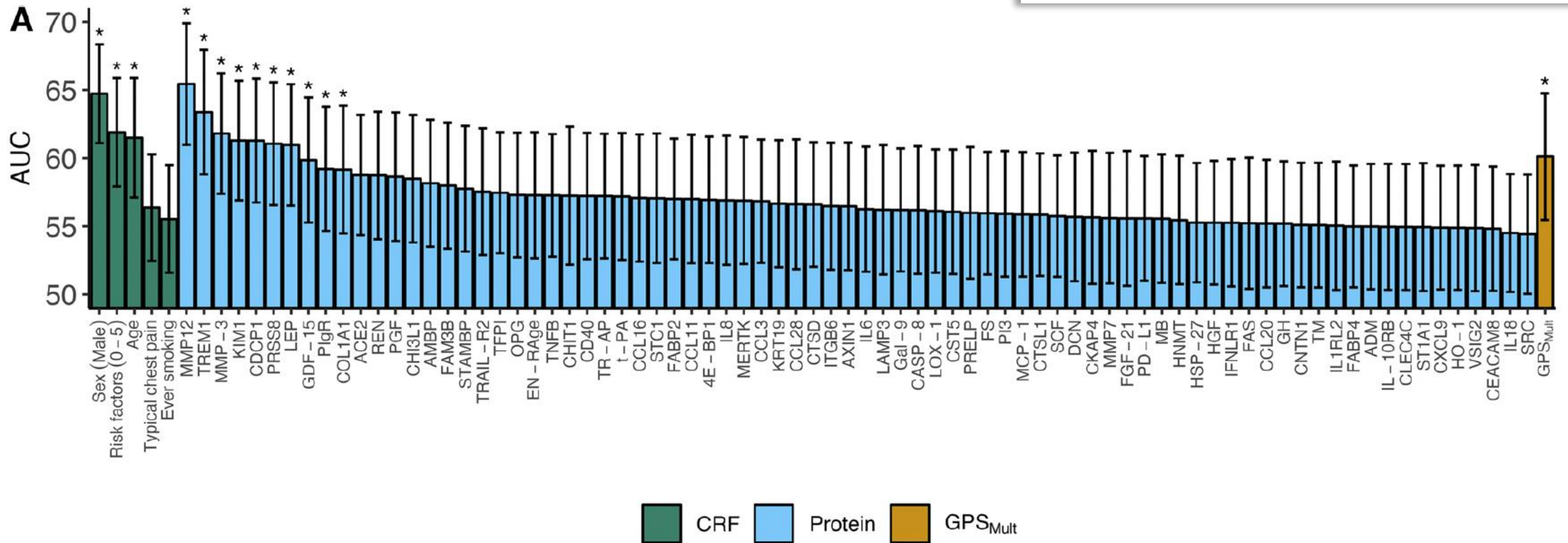
PREDICTING HRP

RESEARCH

Open Access

Predicting the presence of coronary plaques featuring high-risk characteristics using polygenic risk scores and targeted proteomics in patients with suspected coronary artery disease

Peter Loof Møller^{1,2}, Palle Duun Rohde², Jonathan Nørtoft Dahl^{3,4}, Laust Dupont Rasmussen^{3,10}, Louise Nissen^{3,4}, Samuel Emil Schmidt², Victoria McGilligan⁵, Daniel F. Gudbjartsson^{6,7}, Kari Stefansson^{6,8}, Hilma Holm⁶, Jacob Fog Bentzon^{4,9}, Morten Böttcher^{3,4}, Simon Winther^{3,4} and Mette Nyegaard^{2*}



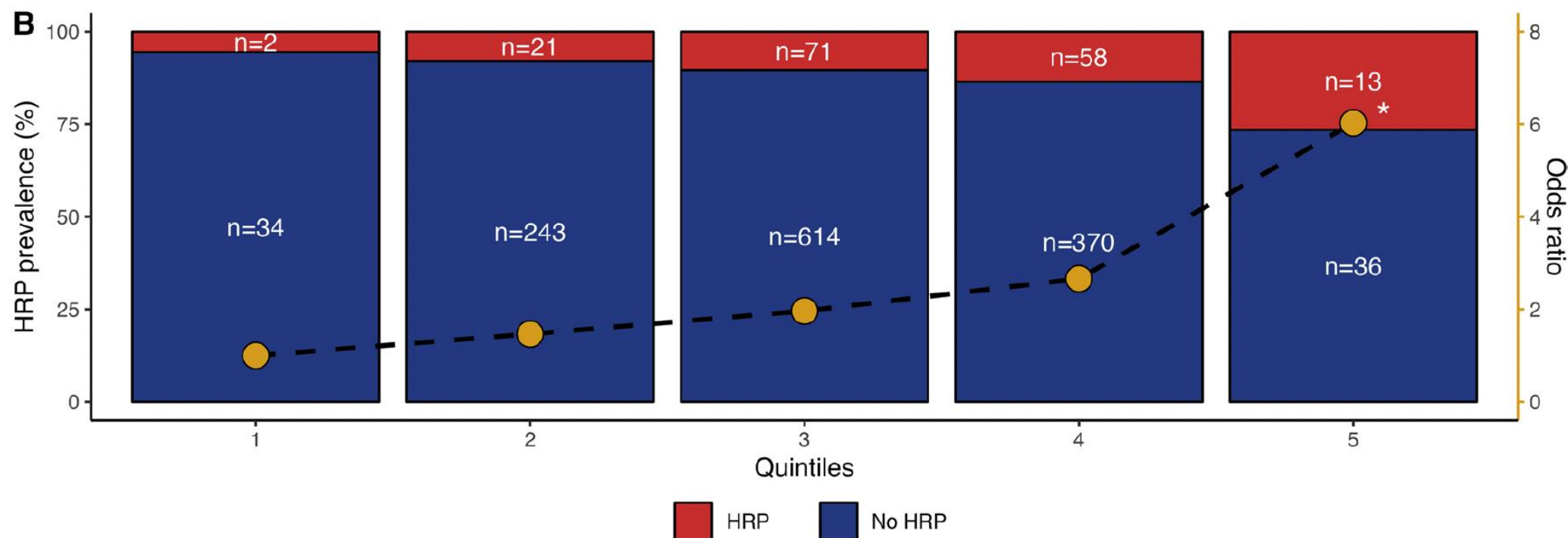
PREDICTING HRP

RESEARCH

Open Access

Predicting the presence of coronary plaques featuring high-risk characteristics using polygenic risk scores and targeted proteomics in patients with suspected coronary artery disease

Peter Loof Møller^{1,2}, Palle Duun Rohde², Jonathan Nørtoft Dahl^{3,4}, Laust Dupont Rasmussen^{3,10}, Louise Nissen^{3,4}, Samuel Emil Schmidt², Victoria McGilligan⁵, Daniel F. Gudbjartsson^{6,7}, Kari Stefansson^{6,8}, Hilma Holm⁶, Jacob Fog Bentzon^{4,9}, Morten Böttcher^{3,4}, Simon Winther^{3,4} and Mette Nyegaard^{2*}



PREDICTING HRP

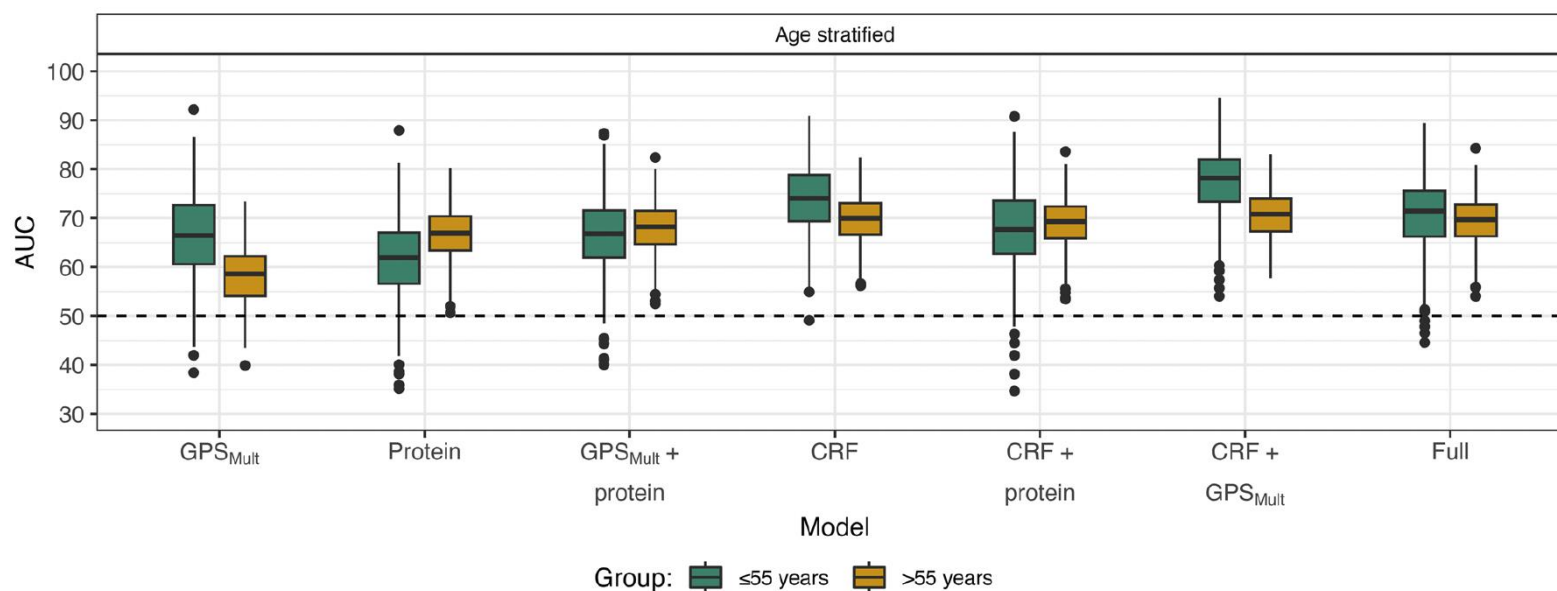
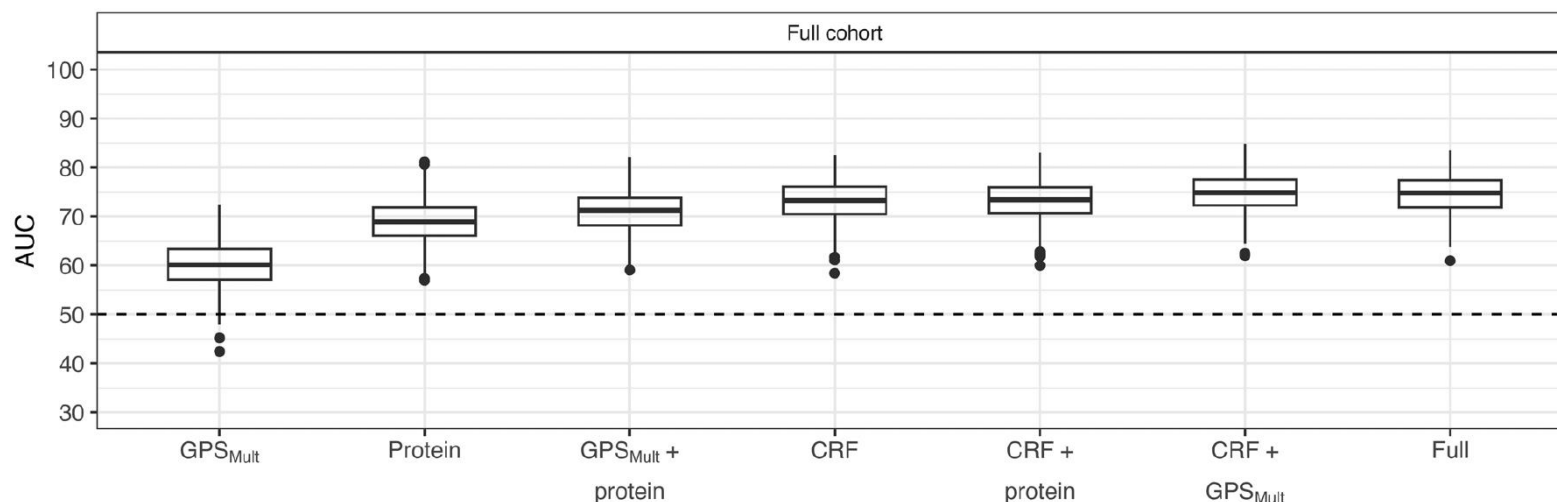
RESEARCH

Open Access



Predicting the presence of coronary plaques featuring high-risk characteristics using polygenic risk scores and targeted proteomics in patients with suspected coronary artery disease

Peter Loof Møller^{1,2}, Palle Duun Rohde², Jonathan Nørtoft Dahl^{3,4}, Laust Dupont Rasmussen^{3,10}, Louise Nissen^{3,4}, Samuel Emil Schmidt², Victoria McGilligan⁵, Daniel F. Gudbjartsson^{6,7}, Kari Stefansson^{6,8}, Hilma Holm⁶, Jacob Fog Bentzon^{4,9}, Morten Böttcher^{3,4}, Simon Winther^{3,4} and Mette Nyegaard^{2*}

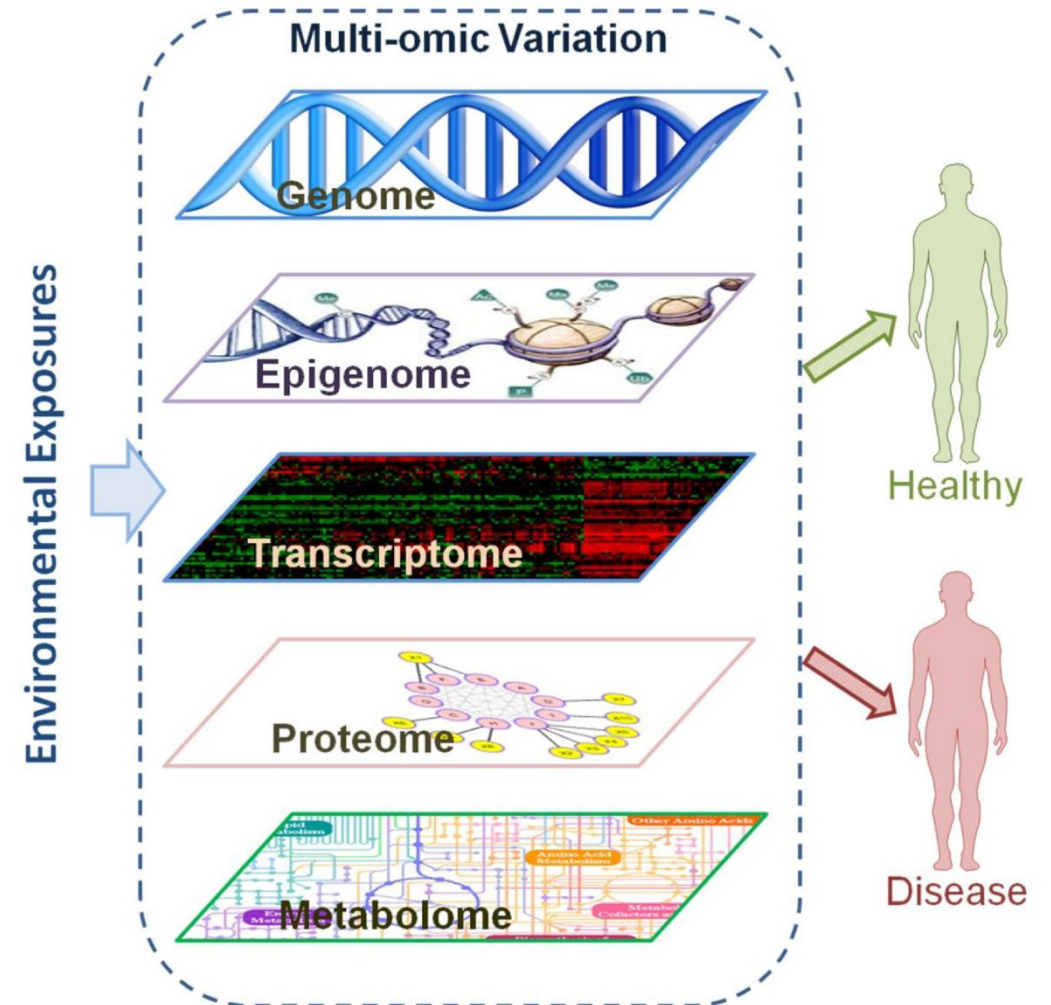


Combining CRFs with PGS increased prediction accuracy, while the inclusion of proteomics provided no significant improvement to either the CRF the CRF + PGS

The PGS works best in young individuals – why?

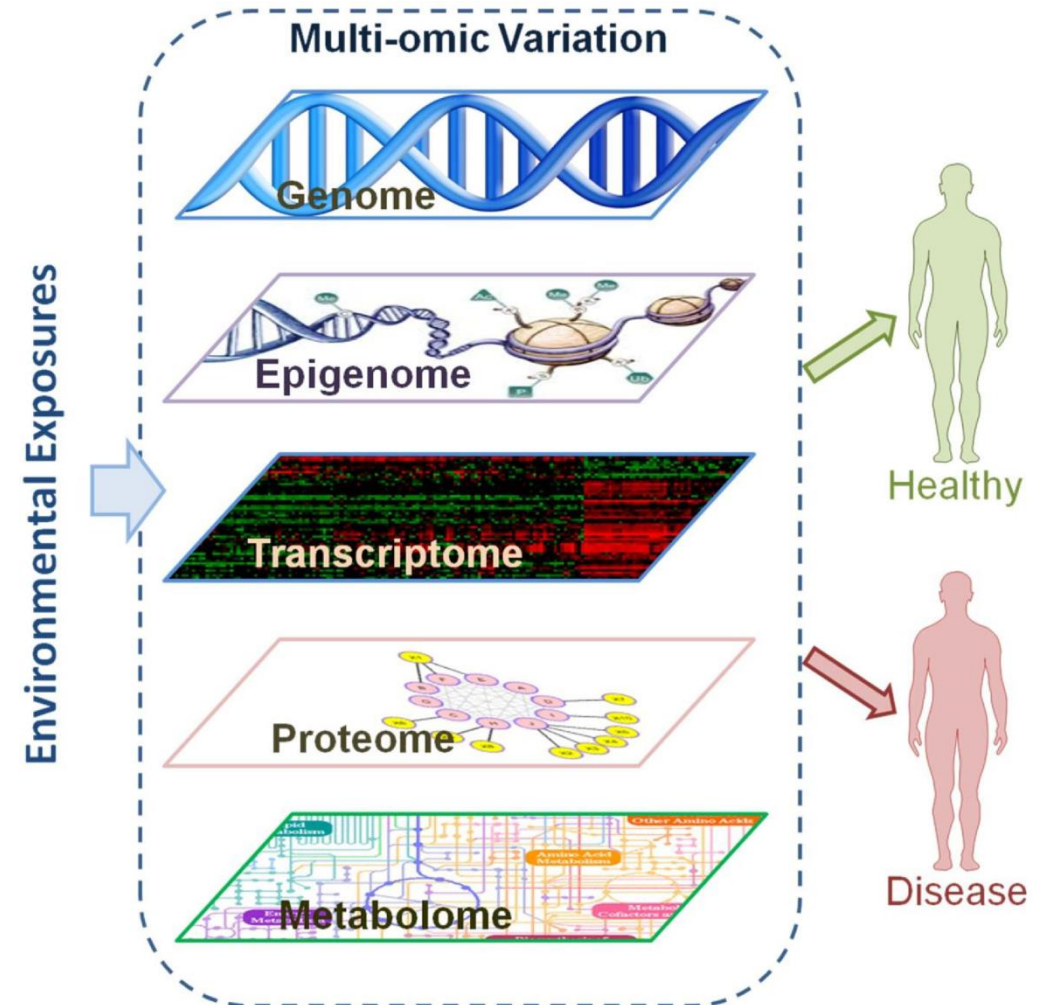
VARIATION AT MULTIPLE LAYERS

- ❖ Biological data are now being collected in large scale across the different layers of molecular organisation.



VARIATION AT MULTIPLE LAYERS

- ❖ Biological data are now being collected in large scale across the different layers of molecular organisation.
- ❖ Variation within each layer has generated knowledge about human complex diseases.



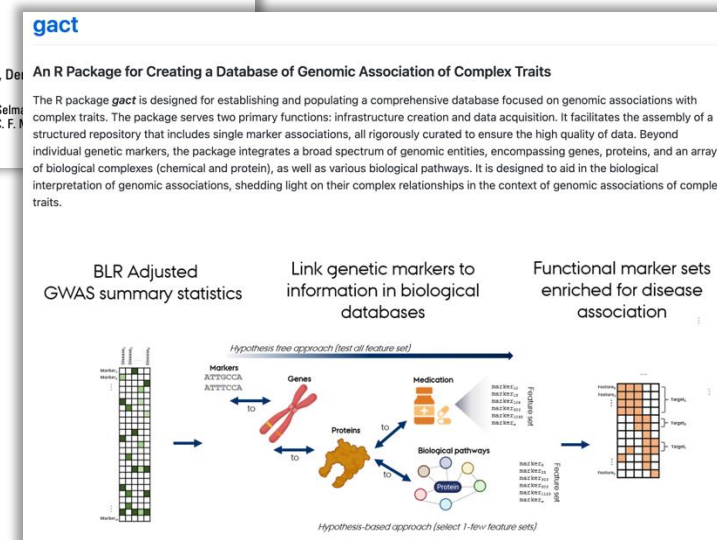
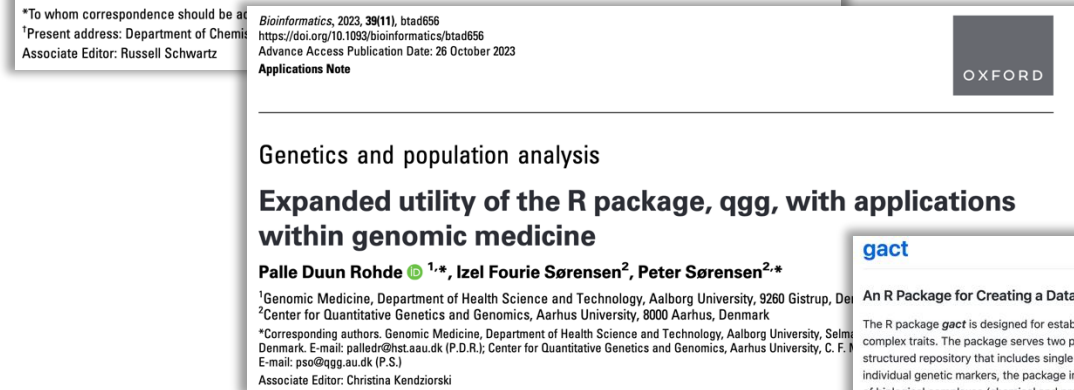
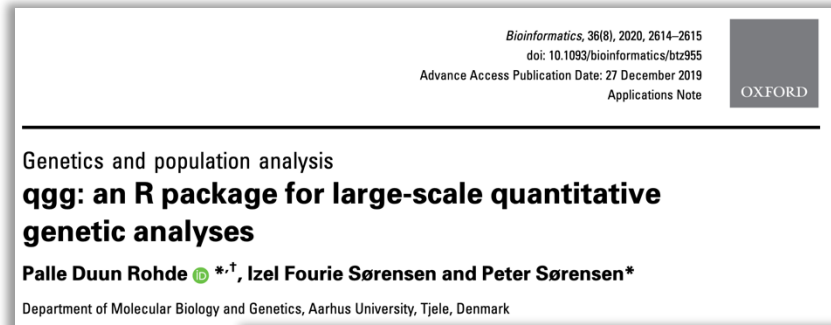
SESSION 4

- ▶ Many challenges – how to circumvent these?
- ▶ Enhancing biological understanding?
- ▶ PGS in combination with proteomics





A toolbox for statistical genetic analyses of complex traits



Tutorials

Below is a set of tutorials used for the qgg package:

This tutorial provides a brief introduction to R package qgg using small simulated data examples.

[Practicals brief introduction](#)

This tutorial provides an introduction to R package qgg using 1000G data.

[Practicals 1000G tutorials](#)

This tutorial provide a simple introduction to polygenic risk scoring (PRS) of complex traits and diseases using simulated data. The practical will be a mix of theoretical and practical exercises in R that are used for illustrating/applying the theory presented in the corresponding lecture notes on polygenic risk scoring.

[Practicals human example](#)

In this tutorial we will be analysing quantitative traits observed in a mice population. The mouse data consist of phenotypes for traits related to growth and obesity (e.g. body weight, glucose levels in blood), pedigree information, and genetic marker data.

[Practicals mouse example](#)

Notes

Below is a set of notes for the quantitative genetic theory, statistical models and methods implemented in the qgg package:

[Quantitative Genetics Theory](#)

[Estimation of Genetic Predisposition](#)

[Estimation of Genetic Parameters](#)

[Linear Mixed Models](#)

[Best Linear Unbiased Prediction Models](#)

[REstricted Maximum Likelihood Methods](#)

[Gene Set Enrichment Analysis](#)

[Bayesian Linear Regression Models](#)

THE PURPOSE OF TODAY

- ❖ Give an introduction to polygenic scores (PGS)
- ❖ Provide an introduction to complex trait genetics
 - Monogenic vs multifactorial aetiology
- ❖ How we can utilize genomic data to elucidate molecular genetic aetiology underlying complex traits
 - Genome-wide association studies (GWAS)
- ❖ Stratify a population/cohort by their inherent genetic load towards common complex diseases
 - Polygenic scores (PGS)
- ❖ Identify future projects of common interests



AGENDA

08:00 – 08:30	Welcome and common introductions
08:30 – 09:10	Session 1: Introduction to Polygenic Scores (PGS)
09:10 – 09:20	Break
09:20 – 10:00	Session 2: Data Sources and Computational Methods
10:00 – 10:10	Break
10:10 – 10:40	Session 3: Evaluating and Interpreting Polygenic Scores
10:40 – 11:00	Break
11:00 – 11:45	Session 4: Advanced Applications and Future Directions
11:45 – 12:30	Lunch and short walk
12:30 – 15:30	Identification of 2-3 projects of common interest
15:30 – 16:00	Next steps and thank you for today